

# AMDIS (TED) Talks

AMDIS Physician-Computer Connection

Ojai, CA

June 16, 2022

# Today's Presentations...

- The Future of Scheduling & Communications: Aligning Technologies to Improve the Provider Experience.
  - Patrick Guffey MD MHA
- Proving Value With Population Health Initiatives in the Post-Pandemic Era
  - Irshad Siddiqui M.D.,M.S.
- Raw audit logs for the measurement of physician workload, cognitive burden, and burnout
  - Thomas Kannampallil, PhD
- Using AI to adjust to the “new normal”
  - Robert Budman, MD MBA

# Today's Format...

- Presentation
  - Questions and discussion
- Presentation
  - Questions and discussion
- ...

# *The Future of Scheduling & Communications: Aligning Technologies to Improve the Provider Experience.*

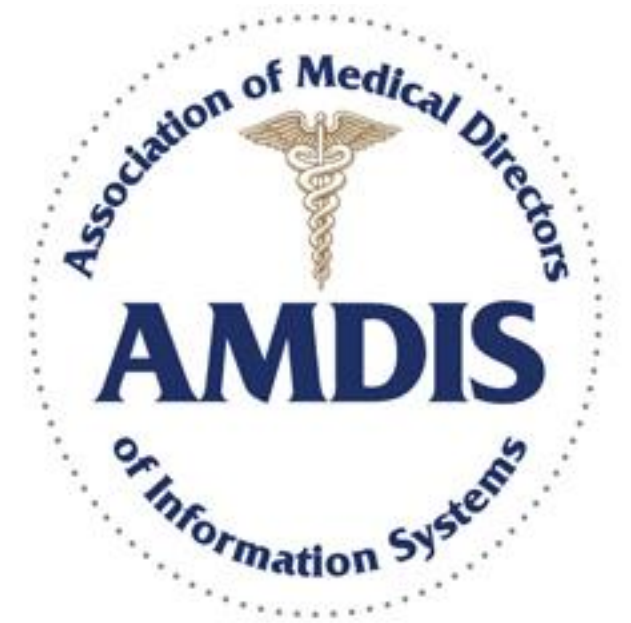
## **AMDIS 2022 PCC**

**Patrick Guffey MD MHA**

Chief Medical Information Officer, Children's Hospital Colorado

Associate Professor, University of Colorado School of Medicine

DISCLAIMER: The views and opinions expressed in this presentation are solely those of the author/presenter and do not represent University of Colorado or Children's Colorado.



# Conflict of Interest

Patrick Guffey MD, MHA

Has no real or apparent conflicts of interest to report

Uncompensated Officer of the Board of Directors:

Contexture – Regional HIE for Arizona & Colorado

Anesthesia Quality Institute



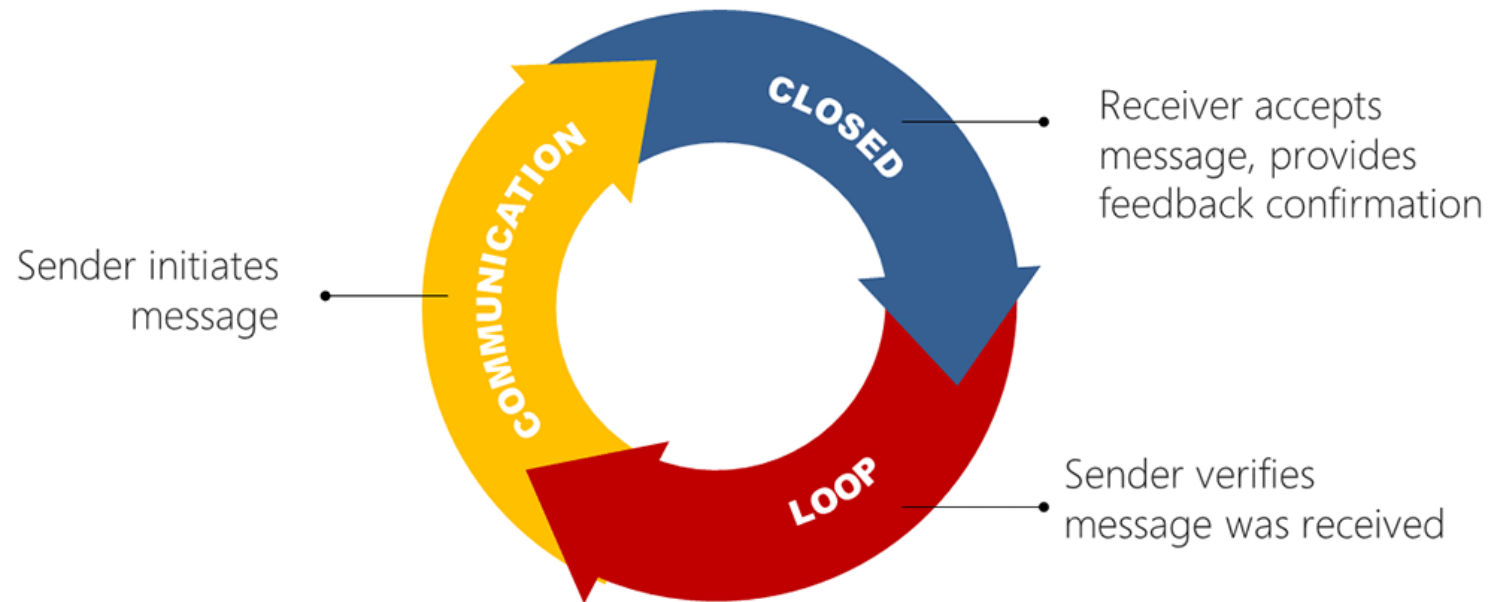
# Safety and communications

- Communication failures in U.S. hospitals and medical practices were responsible at least in part for 30 percent of all malpractice claims
  - JC Sentinel Event Alert 58, CRICO Strategies. Malpractice risk in communication failures. 2015.
- A review of reports from the JC reveals communication failures were implicated as the root cause of over 70% of sentinel events
  - Joint Commission Patient Safety Goals – Improving Patient Safety Through Provider Communication Strategy Elements, Dingley C, Et. Al. 2008
  -

# Closed Loop Communication

Exchange clear, concise communication, acknowledge receipt, and confirm understanding

Right tool for the urgency and acuity of the communication

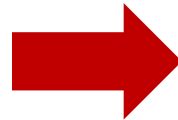


Mode of Communication	Priority of Message Being Relayed						Discoverability
	FYI	Routine	Important	Urgent (pager equal)	Critical	Emergency Team Activation	
Action Required	N/A (none required)	Within a day	Within 4 hour	Within 30 minutes	Immediate response or action	Immediate action	C - In patient chart D- Discoverable
Examples:	(Patient arrival, patient update that does not require action)	(Medication change request, order request, request to update family, request to update care team)	(Update patients orders, future order)	(Abnormal lab values or vital signs, pending discharge)	(Critical lab values, critical vitals)	(Code Blue, RRT, Trauma, EMCO, Delivery, MTP, Code Green, Bart, Stroke etc.)	
Emergency Team Activation	Do not use	Do not use	Do not use	Do not use	Do not use	✓	(D)
Verbal (Phone, video, in-person)	✓	✓	✓	✓	✓	Do not use	(D)
Secure Chat	✓ *Normal message	✓ *Normal message	✓ *Important message	✓ *Urgent Message	Do not use	Do not use	(D)
Tiger Connect - (External Provider)	✓	✓	✓	Do not use (Verbal Only)	Do not use (Verbal Only)	Do not use	(D)
In Basket message (Result Routing/Result Note Routing)	✓	✓	Do not use	Do not use	Do not use	Do not use	(C,D)
Clinical Correspondence (Note routing, hand off tools, fax ect.)	✓	✓	Do not use	Do not use	Do not use	Do not use	(C,D)
Clinical Communication Orders (Nursing, Care team)	✓	✓	Do not use	Do not use	Do not use	Do not use	(C,D)
Epic Sticky Note	✓	Do not use	Do not use	Do not use	Do not use	Do not use	(D)
Nurse to Nurse/Care Team Communication (Summary Reports)	✓	Do not use	Do not use	Do not use	Do not use	Do not use	(D)
Personal Text	<div>Asynchronous methods</div> <div>Synchronous</div>						(D)
Email							

# 10 Communication Methods

## Definition of Burnout

1. Text messaging personal cell
2. Pagers
3. EHR Messaging
4. Clinical messaging apps (external use)
5. Phone call to personal cell
6. Voicemail on personal cell
7. Phone call to hospital / work phone
8. Voicemail on hospital / work phone
9. EHR In-basket
10. Email



# 10 Communication Methods

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# National Toss Your Pager in the Trash Day - October 16, 2015

**\*Konami Code to Mute Pager for 30 Minutes (Invincibility Mode):** Up, Up, Down, Down, Left, Right, Left, Right, OMG, FML, Start

**Indestructible Case:**  
Made of Cockroach Shells

**Green Screen of Death:**  
24/7 Suggestion Box of Pure Evil

**Protective Glass Shield:**  
Thwarts MRSA, Poop, Urine, Tears of Sadness

**Self-Medication Buttons:**  
**Up** - Increase Xanax  
**Down** - Decrease Xanax

**\*No Battery Required:**  
Powered by Misery; Works Even If Turned Off or Destroyed

**OMG Button:**  
Activates Self-Destruction Sequence

**FML Button:**  
Speed-Dials Mom for Moral Support

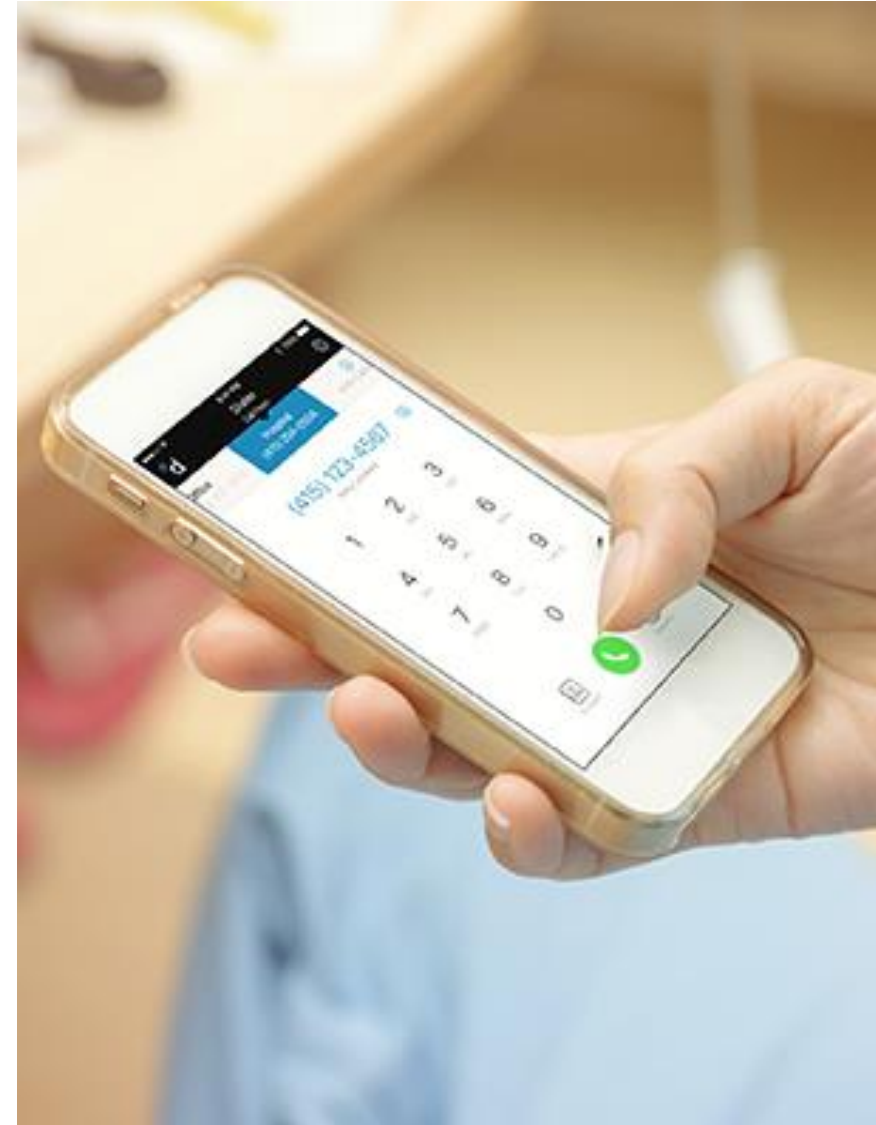
**Time Travel Buttons:**  
**Left** - Travel Back to a Happier, Pager-Free Life  
**Right** - Fast-Forward to a Bar, Beach Somewhere

**\*Pager Alerts:**  
45 Incredible Sounds, Ranging from Highly Annoying (Cat Shriek) to Full-On Irritating (Nails on Chalkboard)



# Ideal communication strategy

- **One application for voice, messaging, clinical care**



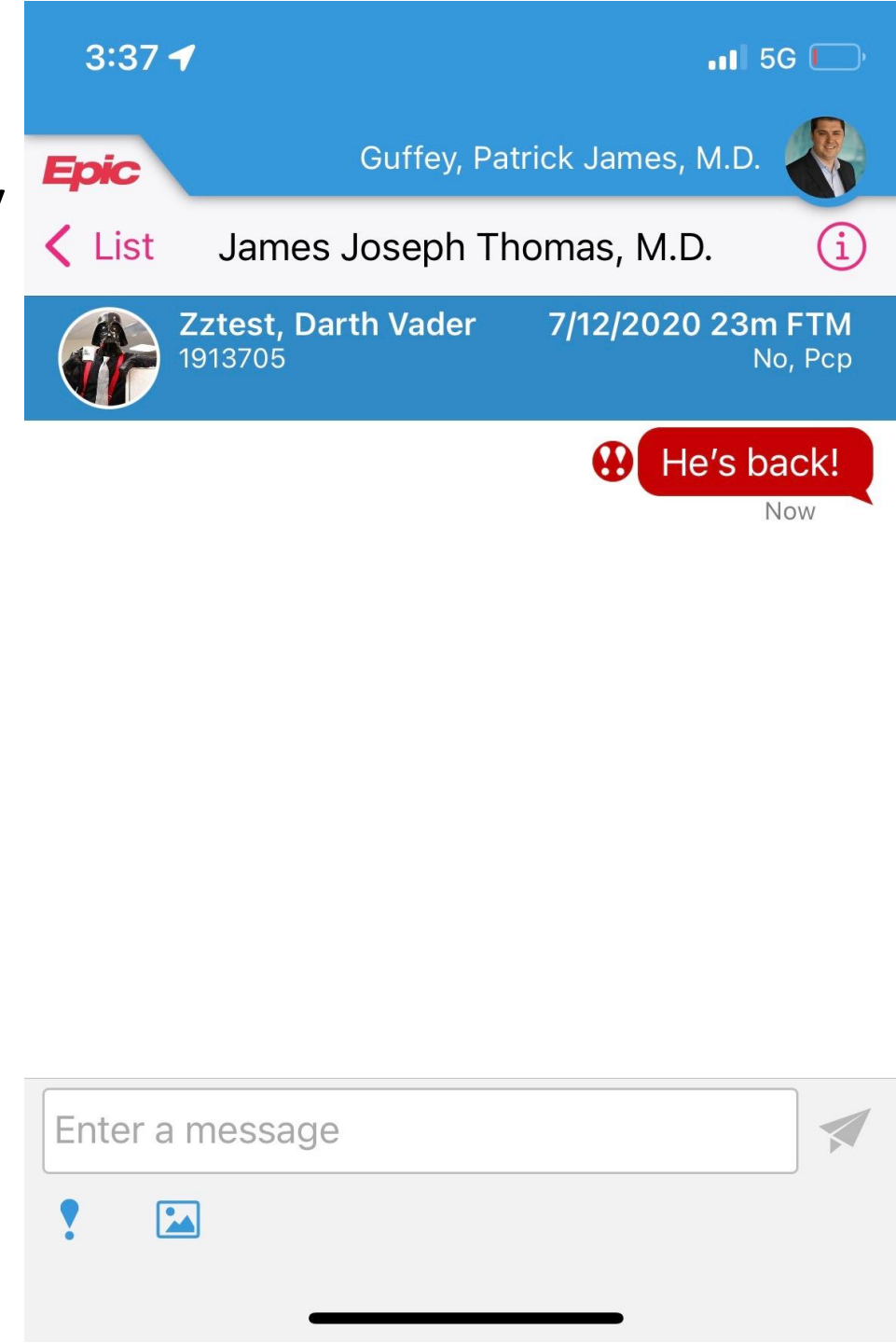
# Ideal communication strategy

- One application for voice, messaging, clinical care
- **Integrated, accurate, enterprise call schedule**



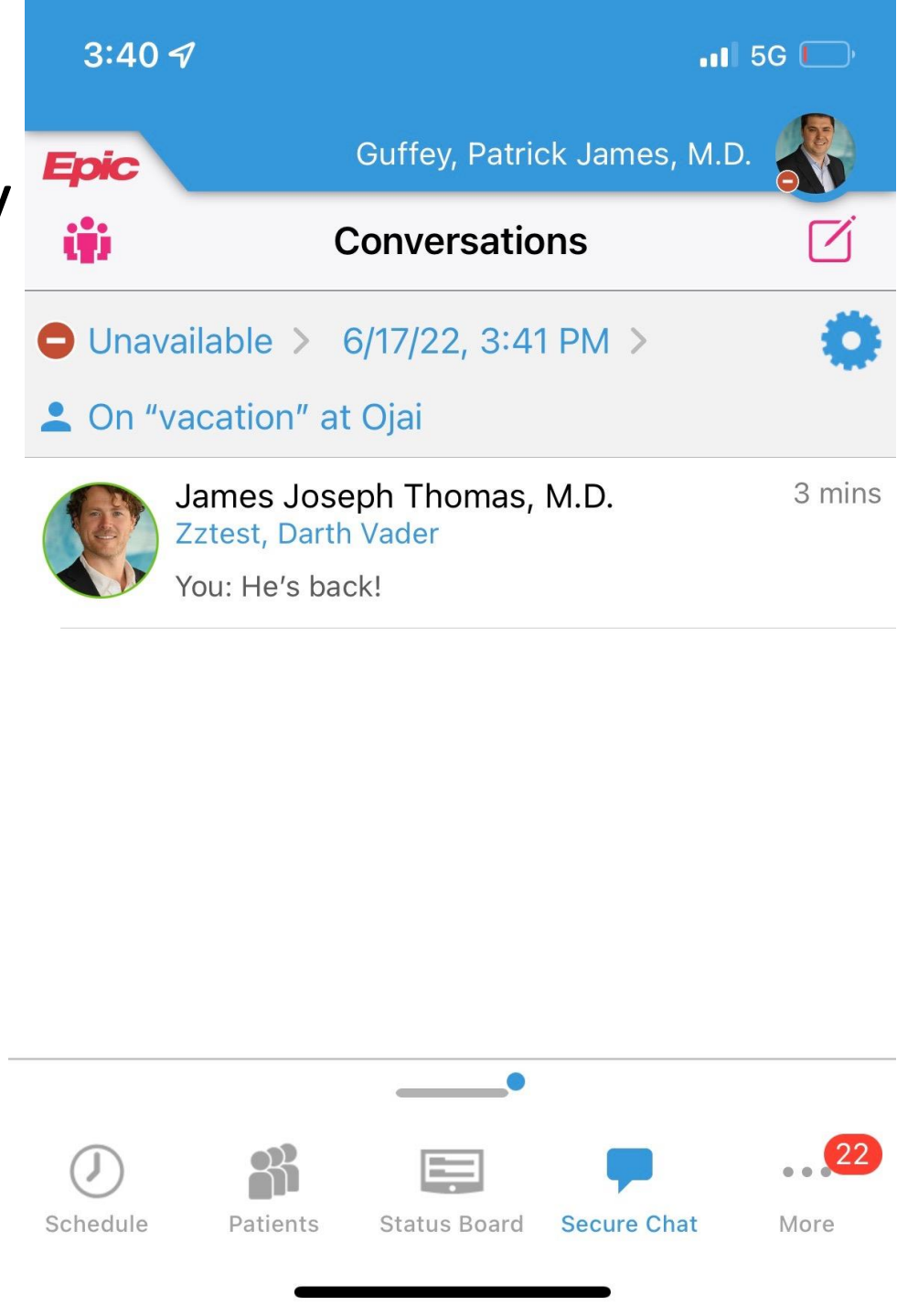
# Ideal communication strategy

- One application for voice, messaging, clinical care
- Integrated, accurate, enterprise call schedule
- **Messaging tied to the patient**



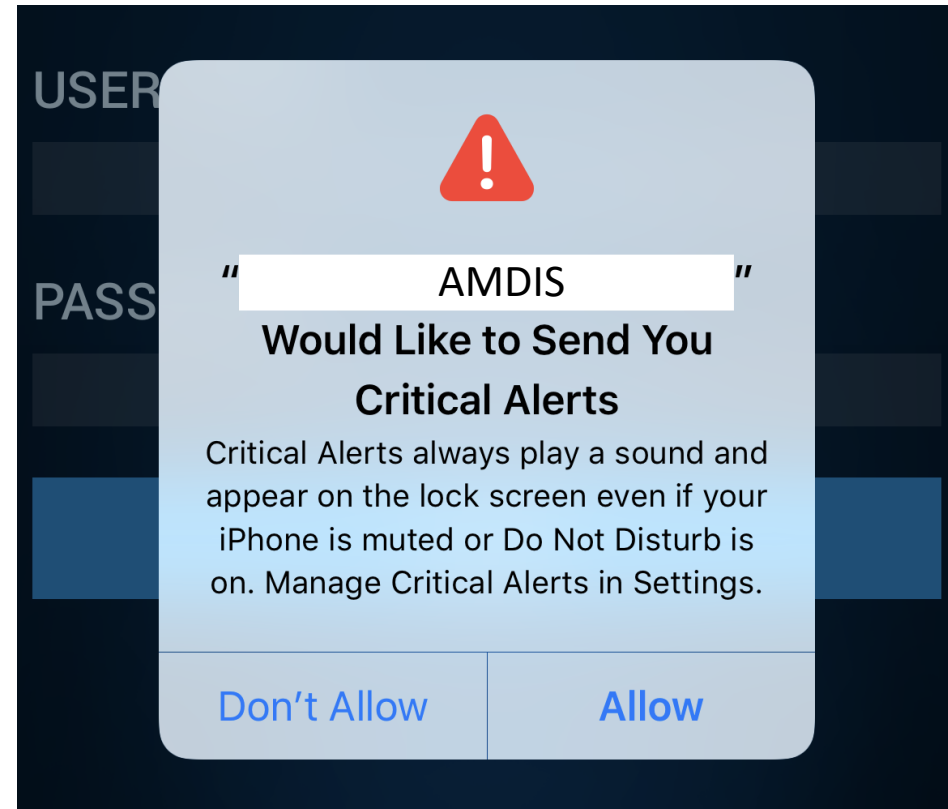
# Ideal communication strategy

- One application for voice, messaging, clinical care
- Integrated, accurate, enterprise call schedule
- Messaging tied to the patient
- **Dynamic “availability” – on vacation**



# Ideal communication strategy

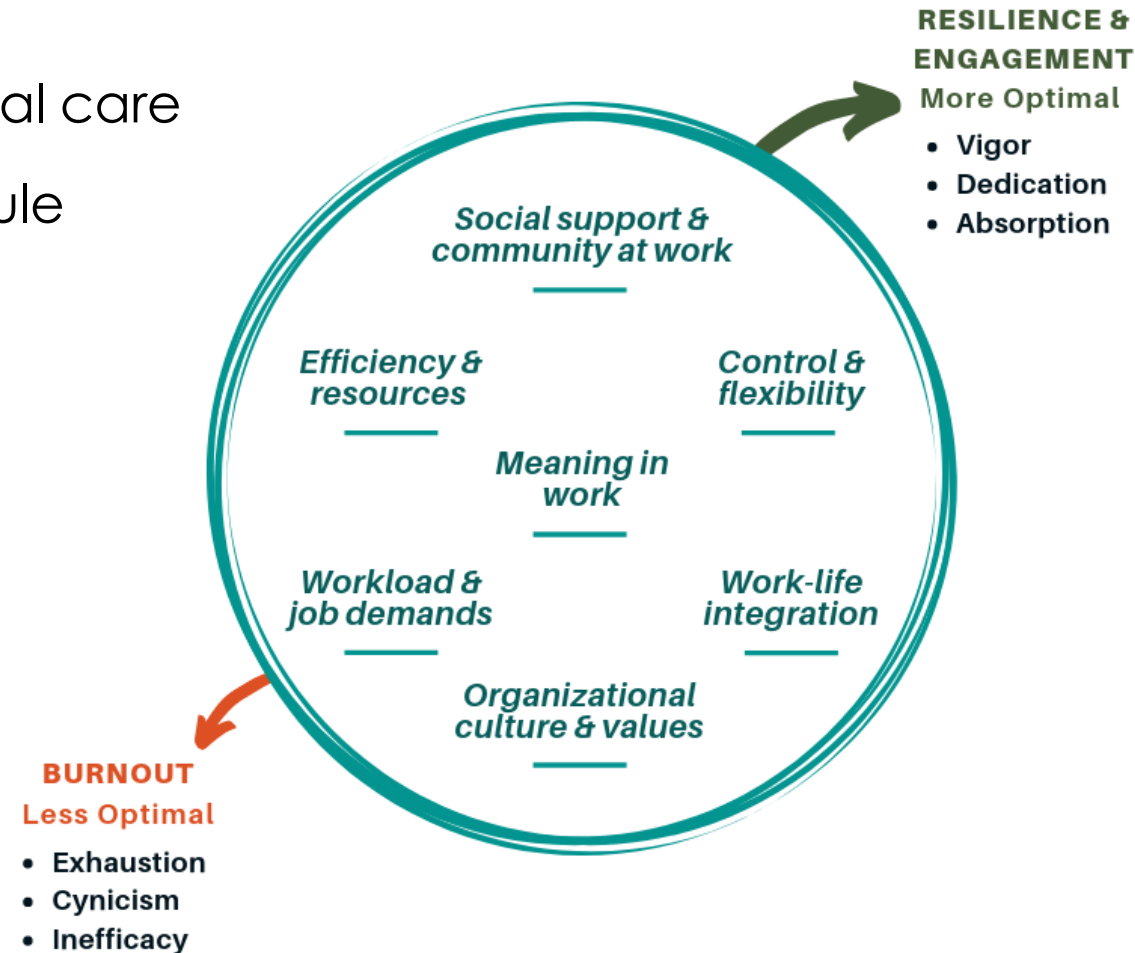
- One application for voice, messaging, clinical care
- Integrated, accurate, enterprise call schedule
- Messaging tied to the patient
- Dynamic “availability” – on vacation
- **Ability to control alerts and breakthrough**



# Ideal communication strategy

## THE KEY DRIVERS OF BURNOUT

- One application for voice, messaging, clinical care
- Integrated, accurate, enterprise call schedule
- Messaging tied to the patient
- Dynamic “availability” – on vacation
- Ability to control alerts and breakthrough
- **Respect for resiliency and burnout**



# Ideal communication strategy

- One application for voice, messaging, clinical care
- Integrated, accurate, enterprise call schedule
- Messaging tied to the patient
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- Ability to control alerts and breakthrough
- Respect for resiliency and burnout
- **Ability to use a personal device (one device only)**



# Ideal communication strategy

- One application for voice, messaging, clinical care
- Integrated, accurate, enterprise call schedule
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- Ability to control alerts and breakthrough
- Respect for resiliency and burnout
- Ability to use a personal device (one device only)
- **As Simple as Possible**



# Time for a Change

- Communication is a key factor in patient safety events (virtually every one that's serious)
- Pagers are 1990s technology – not up to date, accurate or secure
- Pagers don't live in the EHR where we work
- No dynamic context link to the patient
- **If cellphones were invented before pagers – pagers would not exist**



# *Our Plan*

Move communication into our clinical workflow

Make it easy & seamless

Automatic, Immediate Updates



## *Enterprise Hospital Call Schedule*

Automatic pull from department call schedules to enterprise call schedule



## *Link the Call schedule into the EHR*

Put the call schedule where we need it  
Respect the clinical workflow

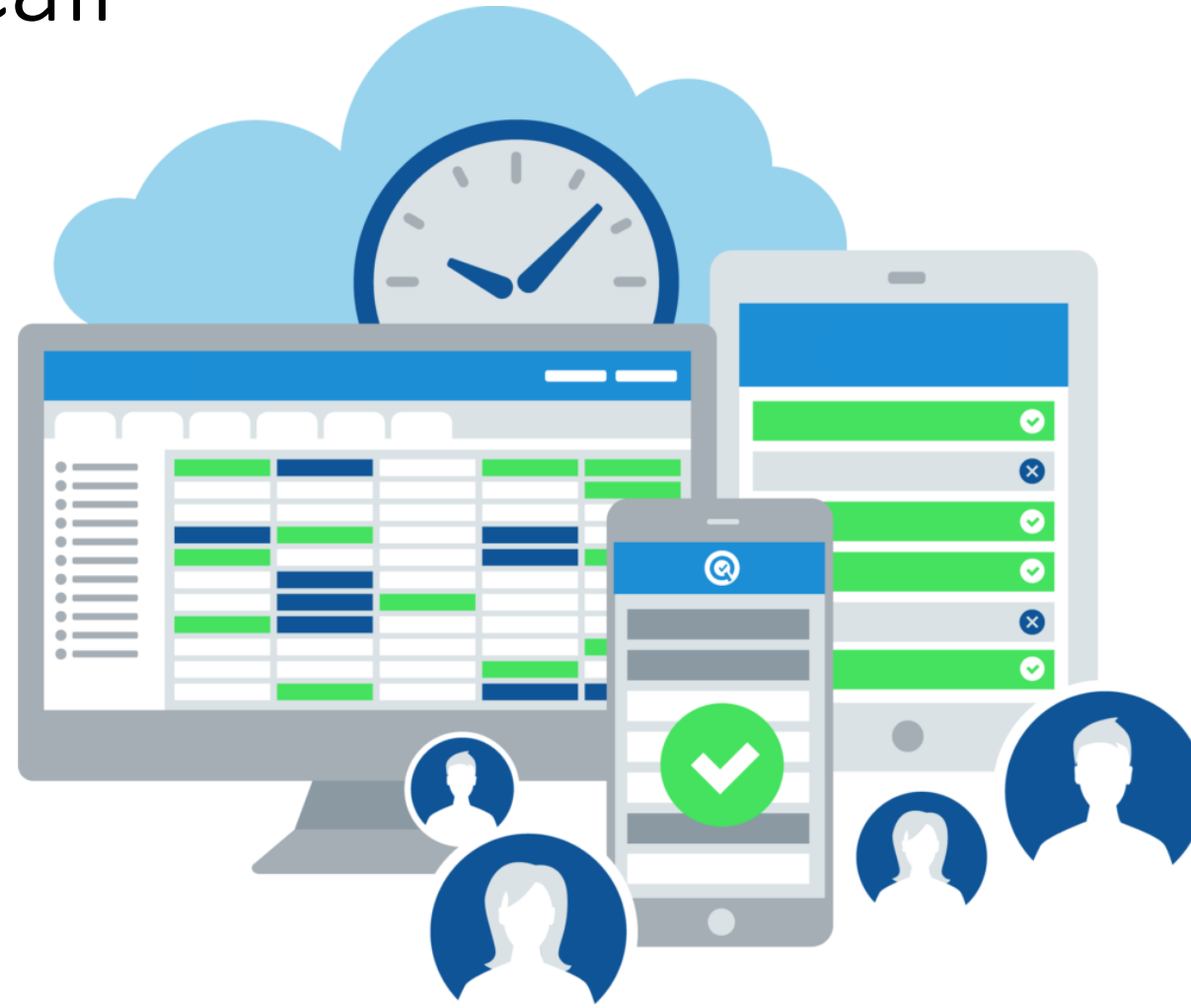


## *Use EHR communication tools*

Communicate within existing apps  
Ability to link to the patient

# Action Plan: Enterprise Call

- Real time access to who is on call
- Feed from department scheduling system to hospital system, automatic
- Up to date information
- Reduce rework and time for staff
- Preferred Communication – Cell number feeds across



# Enterprise Call Schedule

WED JUL 28 as of 7:37p


Schedules	Location	Provider Type	Care Type	Providers	Start	End	Phone Numbers	Schedule Contact Instructions
Community/Parent Phone Consults 7:30a-7:30a ⓘ	AMC	Attending						ⓘ 1st call for PARENT CALLS and phone advice for all NOC and community providers not needing admission or transfer (exception: for Colorado Springs patients and Southern Colorado community calls, contact CSH consult attending)
COS Consult On Call ⓘ	COS	Attending	IP	Timothy			Mobile: 720-555-1212	ⓘ ED/Inpt/Outpt Consults, call provider's cell phone. Do not Secure Chat.
COS EMU/INPT Reader ⓘ	COS	Attending	IP	Kathleen 🗨			Mobile: 720-555-1212	ⓘ EMU consults and admissions, call provider's cell phone. Do not Secure Chat.
CSH Outpt EEG Reader 8a-8a	COS CSH	Attending		Kathleen	8:00a	8:00a	Mobile: 720-555-1212	
EMU Fellow ⓘ	AMC	Fellow						ⓘ 1st call for patients admitted to the EMU
General IP Floor Team Lead 6a-5p ⓘ	AMC	APP Fellow	IP	E, Elizabeth	5:00p	6:00a	Mobile 720-555-1212	ⓘ 1st Call for ED consults that may need in-person eval/EEG, all Floor consults, NOC IP telehealth consults, and admission/transfer requests from community providers and NOC; 2nd call for patients admitted to Neuro Silver (contact Silver intern/resident first). 17:15pm-7:30am only: also 1st call for PARENT CALLS and phone advice for all CHCO ED, NOC, and community providers.
Neuro ICU Team Lead 6a-5p ⓘ	AMC	APP Fellow		E, Elizabeth	5:00p	6:00a	Mobile: 720-555-1212	ⓘ 1st Call for PICU, NICU, CICU, CPCU, stroke, and UCH NICU consults
NOC EEG Coverage: North and Sout 7:30a-5p ⓘ	AMC	Attending						ⓘ Call Neurology Business Line at x77575 to contact the EEG reader on call; if there is no answer, call "cEEG/EMU attending"
Outside EEG: Billings Clinic 7:30a-5p ⓘ	AMC	Attending						ⓘ Call Neurology Business Line at x77575 to contact the EEG reader on call; if there is no answer, call "cEEG/EMU attending"
Outside EEG: Mercy Hospital 7:30a-5p ⓘ	AMC							ⓘ Call Neurology Business Line at x77575 to contact the EEG reader on call; if there is no answer, call "cEEG/EMU attending"
Outside EEG: St. Joe's/St. Mary 7:30a-5p ⓘ	AMC	Attending						ⓘ Call Neurology Business Line at x77575 to contact the EEG reader on call; if there is no answer, call "cEEG/EMU attending"
DOTW 7:30a-5:15p ⓘ	AMC	Attending						ⓘ 1st call for Anschutz ED consults needing phone advice only, PARENT CALLS, and phone advice for all NOC and community providers not needing admission or transfer
AST Day Attending 8a-5p ⓘ	AMC	Attending						ⓘ Call the Operator (x75555) to issue a Stroke Alert. The Stroke attending and Neuro ICU Team Lead receive the Stroke Alert page and will reach out to you urgently.
AST Night Attending 5p-8a ⓘ	AMC	Attending		Timothy	5:00p	7:00a	Mobile: 720-555-1212	ⓘ Call the Operator (x75555) to issue a Stroke Alert. The Stroke attending and Neuro ICU Team Lead receive the Stroke Alert page and will reach out to you urgently.
EMU Attending 8a-8a ⓘ	AMC	Attending		S, Scott	8:00a	8:00a	Mobile: 720-555-1212	ⓘ 2nd call for patients admitted to the EMU
EMU APP AM 8a-12p ⓘ	AMC	APP						ⓘ 1st call for patients admitted to the EMU
EMU APP PM 1p-5p ⓘ	AMC	APP						ⓘ 1st call for patients admitted to the EMU
cEEG/EMU Night Attending 5p-8a ⓘ	AMC	Attending		S, Scott	5:00p	8:00a	Mobile: 720-555-1212	ⓘ 1st call (unless an EMU Fellow is listed) for patients admitted to the EMU; 1st call for STAT EEGs at UCH NICU, St. Joe's, St. Mary's, or Billings

# Action Plan: EHR Integration

- Enterprise schedule feeds to EHR automatically
- On Call information where we work
- All clinical team members have access
- One of the first in the nation

**Currently on-call for Anesthesiology**

**1st Contact: Call 7-8339 for all issues**


 **Wilder, Matthew Scott, M.D.**  
07:00 Mar 8 to 17:00 Mar 8

Phone 720-555-1212

Notes  
First Contact: Call 7-8339 for all issue:  
|||BrdRun

Chat

**PreOp Attending**


 **Notides, Thomas A, M.D.**  
07:00 Mar 8 to 17:00 Mar 8

Phone 720-555-1212

Notes  
|||PreOp

Chat

**Liver Attending**


 **Faulk, Debra Jeanne, M.D.**  
07:00 Mar 8 to 07:00 Mar 9

Phone 720-555-1212

Notes  
|||Transplant

Chat

**Cardiac Attending**

 **Houska, Nicholas Monteiro, D.O.**  
07:00 Mar 8 to 07:00 Mar 9

Phone 720-555-1212

Notes  
7am-3:30 pm weekday 1st Contact at 7-4278; if no response or after listed hours call personal cell phone listed above|||HC

Chat

# On-Call Finder

◀ Mar ▶ | ◀ 2022 ▶

Su	Mo	Tu	We	Th	Fr	Sa
27	28	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9

## Facility

 Search facilities

## Specialty

 Search specialties

## Provider Team

 Search teams

## NEPHROLOGY - DIALYSIS

### Neurology

Neurology - EEG/EMU

Neurology South

Neuromuscular Consult

Neuromuscular Consult

Neuropsychology

Neuropsychology Inpatient...

Neurosurgery

Neurosurgery - Neuro Interv...

## NUTRITION

Nutrition MD Consult

## OPHTHALMOLOGY

OR - North Campus

OR - South Campus

ORTHOPAEDIC NORTH

ORTHOPAEDIC SOUTH

ORTHOPAEDICS

PATHOLOGY

## Currently on-call for Neurology

### Doctor of the Week



**Jessica Christine,**

**M.D.**  
07:30 Mar 2 to  
17:15 Mar 2

Phone  
720-555-1212

#### Notes

7:30am-5:15pm -1st call for phone advice only for Anschutz ED, NOC and community providers not needing admission or transfer.||||DOTW

Chat

### 2nd Contact - General IP Attending



**Ryan Michael,**

**M.D.**  
08:00 Mar 2 to  
17:00 Mar 2

Phone  
720-555-1212

#### Notes

2nd Call if no response from General IP Floor Team Lead||||General IP Floor Attending

Chat

### 2nd Contact Neuro ICU Attending



**Ricka Denise,**

**M.D.**  
08:00 Mar 2 to  
17:00 Mar 2

Phone  
720-555-1212

#### Notes

2nd Call if no response from Neuro ICU Team Lead||||Neuro ICU Attending

Chat

### Acute Stroke Attending



**Ricka Denise,**

**M.D.**  
08:00 Mar 2 to  
17:00 Mar 2

Phone  
720-555-1212

#### Notes

Call the Operator (x75555) to issue a Stroke Alert. The Stroke attending and Neuro ICU Team Lead receive the Stroke Alert page and will reach out to you urgently.||||AST Day Attending

Chat

### St. Joe NICU consult



**Padmini, M.D.**

08:00 Mar 2 to  
17:00 Mar 2

Phone  
720-555-1212

#### Notes

For consults only on St. Joe's NICU patients. For St. Joe's EEG, please call x77575 to contact the EEG reader on call.||||St. Joes NICU Consults

Chat

### 1st Contact - General IP Fellow



**Ellen Marie,**

**CPNP-PC**  
12:00 Mar 2 to  
17:00 Mar 2

Phone  
720-555-1212

#### Notes

1st Call for in person ED consults, EEG requests, all Floor consults, NOC IP consults, and admission/transfer requests from community providers and NOC; 2nd call for patients admitted to Neuro Silver (contact Silver intern/resident first). 8:30pm-7:30am only: 1st call for PARENT CALLS and phone advice for all CHCO ED, NOC, and community providers.||||General IP Floor Team Lead

Chat

### 1st Contact - Neuro ICU Fellow



**Jill M, CPNP-AC**

12:00 Mar 2 to  
17:00 Mar 2

Phone  
720-555-1212

#### Notes

1st Call for PICU, NICU, CICU, CPCU, stroke, and UCH NICU consults||||Neuro ICU Team Lead

Chat

# Action Plan: EHR Messaging

Ability to attach patient

Auto forward messages

Set your availability

Send priority message that is loud,  
repeats and breaks through  
phone settings

### Auto Forward

☒ Don't Auto Forward Messages

☐ Auto Forward Messages

Forwarding messages will add the selected recipients to all conversations that receive messages during the selected time range.

### Availability

Available

Busy

Unavailable

Until

4/11/21

6:43 PM

1h

2h

4h

8h

12h


Message

Once your availability status expires it won't appear to other users.

# Action Plan: Urgent Situation

- Team needs help with a patient
- Planning a procedure in the next 30 minutes
- Select On-Call
- Attach Patient
- Send Priority

New Conversation



Zztest, Emma

2360638

1/15/2007 14y F

Hurley, Joe


605 1

To: 

Young May Cha, M.D.


Enter recipient or group name

Treatment Team



Medical Blue


Provider Team



Medical Blue


On-Call

0 Members




Joe Hurley

Attending Provider, Admitting Provider, Attending Provider, PCP; Anschutz Medical Campus, Aurora




Erika Sue Becerra-Ashby, M.D.

Intern; Anschutz Medical Campus, Aurora




Amber Patricia Fleck

Sub-Intern; Anschutz Medical Campus, Aurora

 Urgent Message

X

Intubating in next 30 min, need advice on technique



Send

# Training

## Secure Chat is NOT Snap Chat

# SBAR Communication

### ***Situation Background Assessment Recommendation***

**Before sending a chat message ensure you have:**

- ☐ Performed a recent assessment of the patient, including vital signs
- ☐ Discussed the situation with the charge RN or resource RN
- ☐ Reviewed the latest provider note

**S:** *Includes an introduction of yourself, the patient (name and admitting diagnosis and primary care team/ provider) and a concise statement of the problem*

Hi this is \_\_\_\_\_ and I'm calling about patient \_\_\_\_\_ in room number \_\_\_\_\_. I am calling you with concern for \_\_\_\_\_.

**B:** *Brief- objective data and assessment findings*

**Examples of abnormal findings or changes in the following:**

- |  |   |
|--|---|
| <ul style="list-style-type: none"><li><input type="checkbox"/> Vital signs</li><li><input type="checkbox"/> Oxygen Requirements</li><li><input type="checkbox"/> I &amp; O</li></ul> | <ul style="list-style-type: none"><li><input type="checkbox"/> Feeding Intolerance / Tolerance</li><li><input type="checkbox"/> Pain</li><li><input type="checkbox"/> Lab results</li></ul> |
|--|---|

# Resiliency

- Workshop with Resiliency committee
- Marketing campaign
- 10 key messages
- Nursing and physician leader collaboration

## *Clinical Communications Tip*

### **Keep it brief, no thanks required.**

---

Be as concise as possible and reduce the overall number of messages across platforms. It's nice to be thanked, but skip the message — it just fills up an inbox even more.

*Learn more on MyChildrensColorado.*

## *Clinical Communications Tip*

### **Reduce the channels.**

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Consolidate clinical communication into secure, Epic-based tools and move away from avenues like texting and email. Always use Epic Secure Chat, in-basket messages and work phone numbers.

*Learn more on MyChildrensColorado.*

# Resiliency

- Workshop with Resiliency committee
- Marketing campaign
- 10 key messages
- Nursing and physician leader collaboration

*Clinical Communication Tip*

## Skip the email.

Your email is inaccessible to other team members and is vulnerable to hacking – all clinical communication should exist on secure platforms like **Epic Secure Chat**.

*See more clinical communication tips on [MyChildrensColorado](#).*

*Clinical Communications Tip*

## Respect the group.

Avoid group messages whenever possible. Send group messages only to individuals who need the information and avoid sending messages to entire teams.

*Learn more on [MyChildrensColorado](#).*



# Success

- Fully integrated call schedule
- Most pagers eliminated
- \$200K in pager savings / year
- Messaging safe and legal
- Improved Communication
- Decreased number of methods
- Resiliency Support



# Long way to go

1. Text messaging personal cell
2. Pagers
3. EHR Messaging
4. Clinical messaging apps (external use)
5. Phone call to personal cell
6. Voicemail on personal cell
7. Phone call to hospital / work phone
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- ~~8. Voicemail on hospital / work phone~~
9. EHR In-basket
- ~~10. Email~~

# Discussion



Please reach out for additional  
information

[patrick.guffey@childrenscolorado.org](mailto:patrick.guffey@childrenscolorado.org)



Children's Hospital Colorado



University of Colorado  
Anschutz Medical Campus



# Proving Value With Population Health Initiatives in the Post- Pandemic Era

Irshad Siddiqui M.D.,M.S.

Blessing Health System

### **Blessing Hospital Founded in 1875**

- 327 Licensed Bed Not-For-Profit, Sole Community Hospital
- Regional Medical Provider
  - Open Heart Surgery
  - Cancer Center
  - Level II Trauma Center
  - Neuro Surgery
  - Acute Services: Med/Surg., OB, Peds, Surgery, Critical Care, Psychiatry, Cardiac, etc.
  - Sub-Acute: SNU, Rehab, Home Care, Hospice, etc.

### **Blessing Physician Services**

- 200+ Providers from 5 Providers in 2005
- 6 Rural Health Clinics
- Walk-In Clinic; Express Clinic
- Be Well at Work (Employer Clinic)

### **Illini Community Hospital**

- 25 Bed Critical Access Hospital
- 1 Rural Health Clinic

### **Denman Services, Inc. - For-Profit**

DME's  
Denman Linen  
Denman Biomedical Services  
Illini Health Services (retail pharmacy)

### **Blessing Corporate Services**

Member of the BJC Collaborative  
Affiliation Agreement with Scotland  
County

### **The Blessing Foundation**

Fund-raising entity of Blessing

### **Blessing Rieman College of Nursing and Health Sciences**

### **The Hannibal Clinic, LLC – For-Profit**

Acquired on January 11, 2018  
50+ Providers

### **Blessing Health Keokuk**

Acquired on March 1, 2021  
1 Rural Health Clinic

**Number of Blessing Health System Employees**

**4,400+**

**Blessing Health System Medical Staff**

**390+**

# Crossriver Quality Health Partners – Population Health

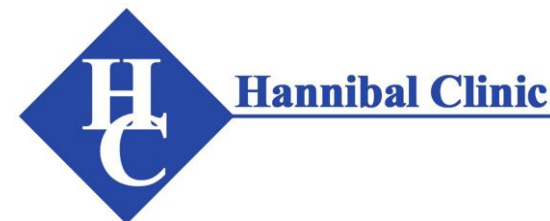
## Our Mission

*To unite physicians and other healthcare providers in our region to improve the patient experience, the health of populations, reduce the cost of healthcare, and improve provider satisfaction.*

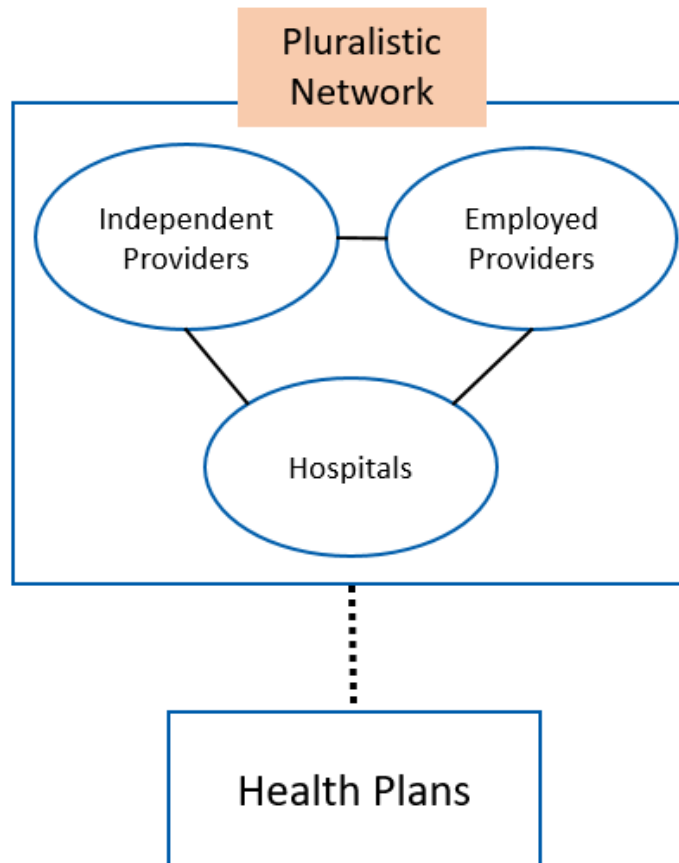


## Our Vision

*To be our region's first choice for healthcare and the preferred network partner for patients, providers, employers and health plans.*



A CIN allows multiple parties to come together into a single network on a shared Value Proposition.



### Value Proposition

- **Improved quality of care and reduction in total cost of care** through clinical integration between inpatient and outpatient, and between employed and independent providers
- **Population health management** is possible with the large regional provider network of a CIN
  - Centralized analytic, IT, and quality improvement infrastructure
- **Joint contracting** : the CIN structure enables employed and independent providers to join with the hospitals to contract as a group with insurers
  - Value-based contracts will reward providers for quality and high value care

# 137,000

VACCINES, PREVENTATIVE SCREENINGS OR CHRONIC  
CONDITIONS WERE APPROPRIATELY MANAGED, ENSURING THE  
FUTURE HEALTH AND WELLNESS OF OUR COMMUNITY

## 38,000

PATIENTS SCREENED FOR DEPRESSION

## 280%↑

MORE

TOBACCO USERS RECEIVED  
CESSATION INTERVENTION  
THAN LAST YEAR



## 76%

PATIENTS BLOOD PRESSURE  
WAS MANAGED

## 28,000



PATIENTS UP TO DATE ON BREAST &  
COLORECTAL CANCER SCREENINGS

APPROXIMATELY

## \$570K

EARNED IN QUALITY

# Be Well with Diabetes Program



## Be Well With Diabetes Program

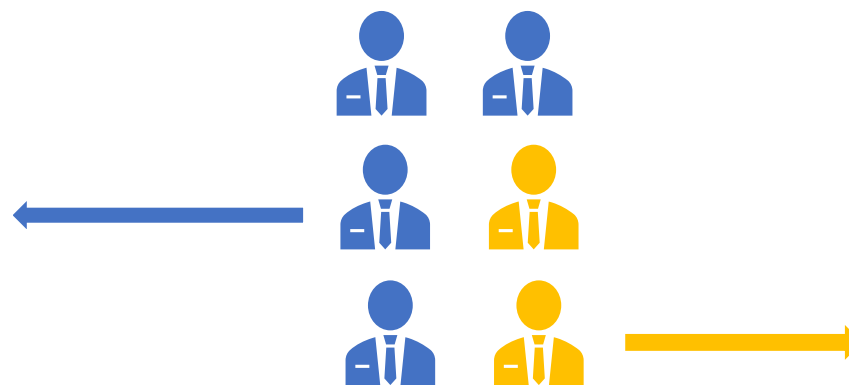
Two RN Staff  
Educators



One Pharmacist



One Dietician



Employees NOT in the  
BWWD Program

- Started in 2013
- Referrals are Self, Core Health, Provider

Diabetic Employees with  
Blessing Health Insurance  
(Employee Health Plan)

- Receiving usual care from their primary care physician or endocrinologist

# Comparison of Cost and Utilization for Be Well With Diabetes (BWWD) Program Participants/Non-BWWD

	N	Rate
Admissions- BWWD	36	15.7/ 1000 MM
Usual Care	17	14.7/ 1000 MM
ER Visits- BWWD	51	22.4/ 1000 MM
Usual Care	24	20.8/ 1000 MM

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	Total spend	PMPM
BWWD \$	3.8 mil	\$1662
Non BWWD \$	1.4 mil	\$1200

## Where is the \$ difference?

- Hospital Diagnostic
- Physician Services for
  - Specialty care, largest is:
    - Ophthalmology
    - Anesthesia
    - Cardiology
- DME

## Key Take away:

- BWWD and Non-BWWD had similar ER and Inpatient rates in 2020
- BWWD patients have a higher PMPM rate.
- The higher PMPM is in the areas of: Hospital Diagnostics, Physician Specialty Care, and DME



CROSSRIVER  
QUALITY HEALTH PARTNERS

# BWWD Propensity Score Matching Analysis

## Methods and Results

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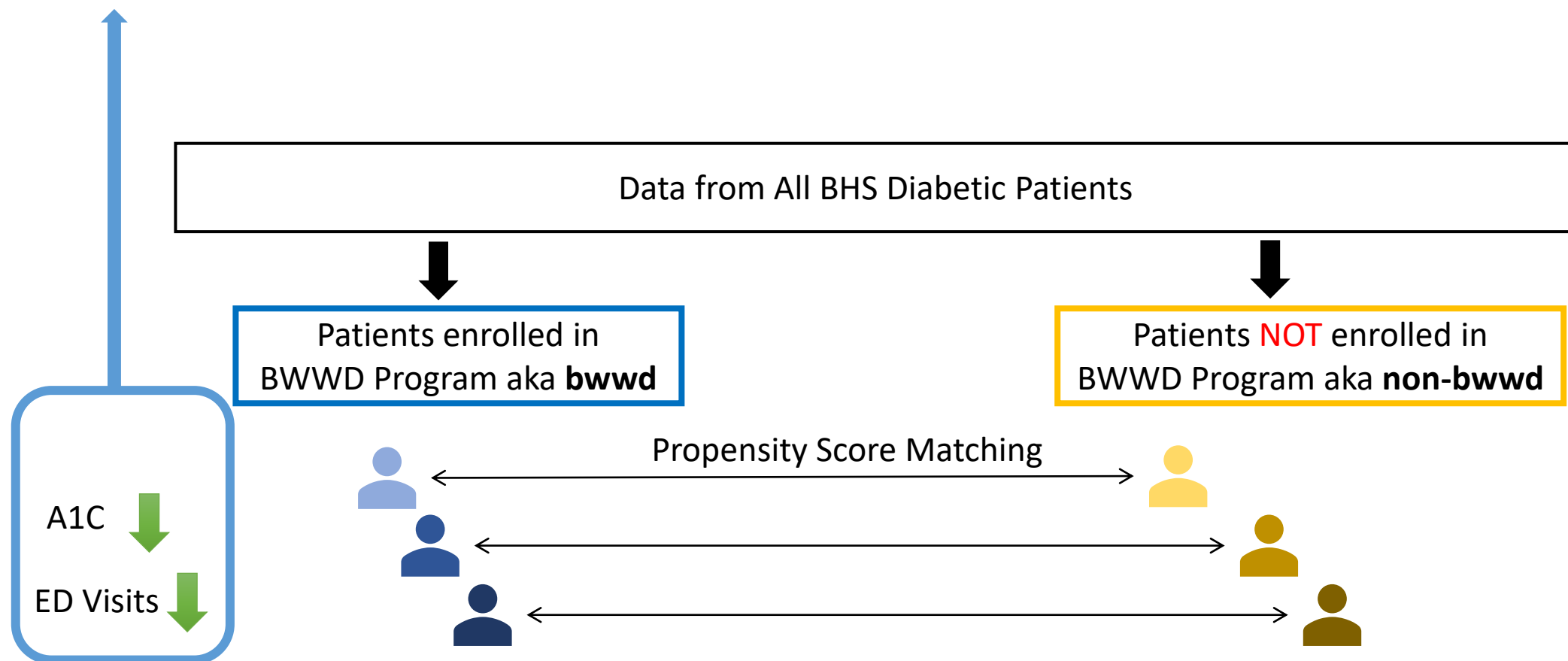
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# Be Well With Diabetes (BWWD) Analysis

Q: Was BWWD program successful?



# Be Well With Diabetes (BWWD) Analysis

Data:

Total Type 2 Diabetic Patients in Employee Health Plan between 2017-2021 = 310

bwwd, N=146

$\geq 2$  years in the program

N=127

Has HbA1c data

N=126

High compliance  
with BWWD Program

N=122

bwwd  
(N=122)

Non-bwwd, N=164

Never enrolled in the BWWD  
program,  
 $\geq 2$  years with T2D Diagnosis

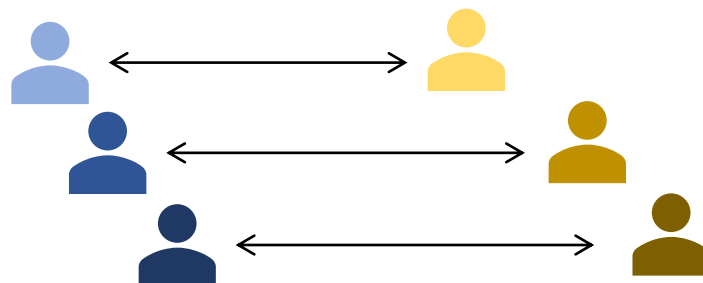
N=114

Has HbA1c data

N=82

Non-bwwd  
(N=82)

Propensity Score Matching

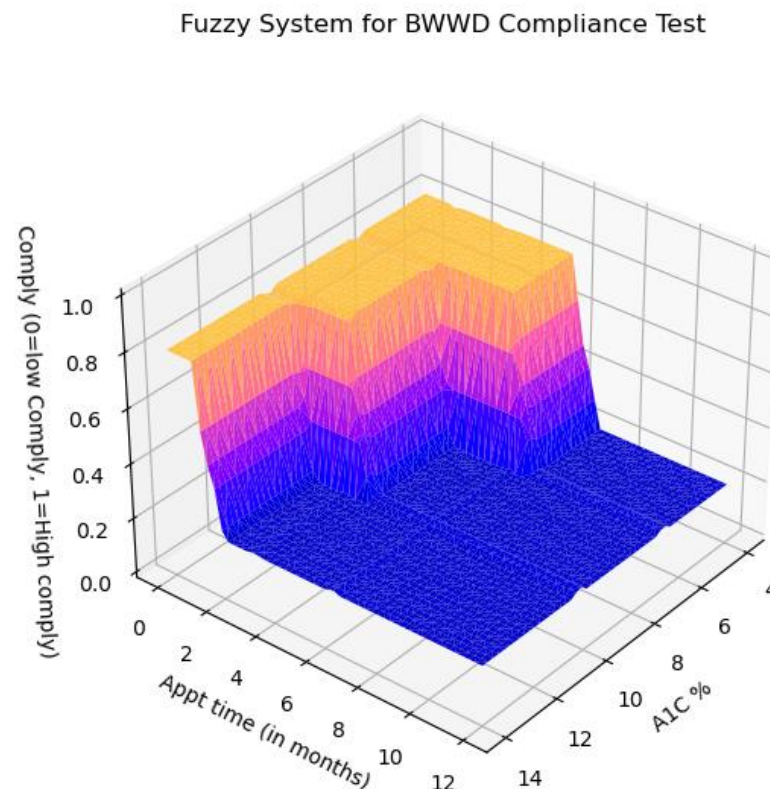
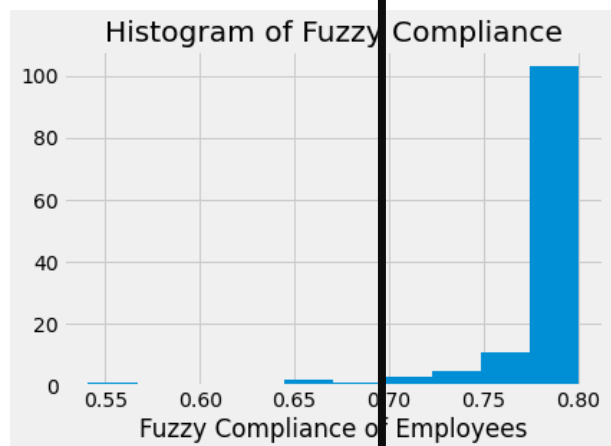


# Be Well With Diabetes (BWWD) Analysis

## BWWD Compliance Check

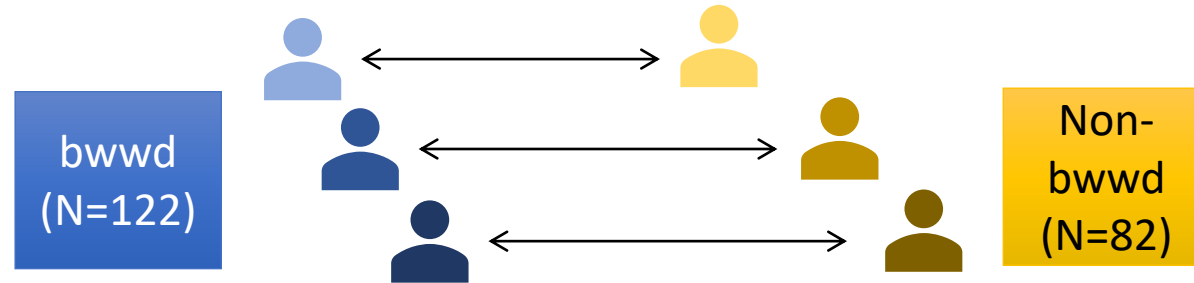
### BWWD Program Compliance Rules:

- An **A1C of 6.5 or less** allows the participant an option to come **every other quarter**.
- An **A1C of 6.6 - 9.9** requires the participant to come **quarterly**.
- An **A1C of 10.0 or greater** requires the participant to come **monthly**.



96% (N=122) Patients enrolled in BWWD have Compliance Score > 0.7

# Be Well With Diabetes (BWWD) Analysis Matching



## Covariates for Matching:

Demographics: *Age, Gender, Race*

Dx: *Diabetes With Complications, Hypertension, Hyperlipidemia*

Labs: *Base HbA1c*

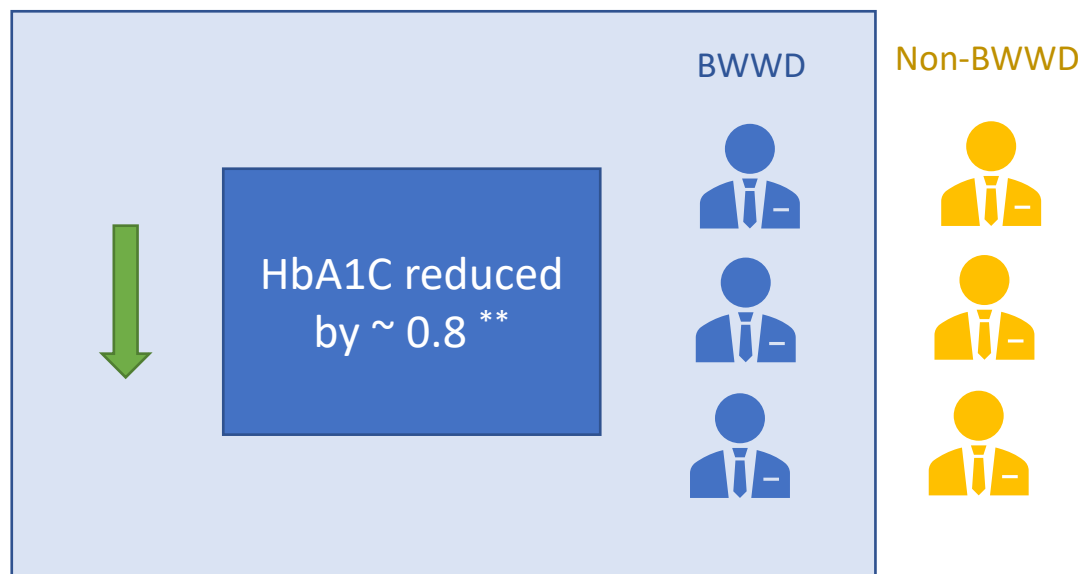
Other: *# of years with T2D Diagnosis or BWWD enrollment*

# Be Well With Diabetes (BWWD) Analysis

## Treatment Effect in Matched Population

using Cluster-robust standard errors

Outcome: *Change In HbA1C*: Difference between baseline HbA1c and last measured HbA1c



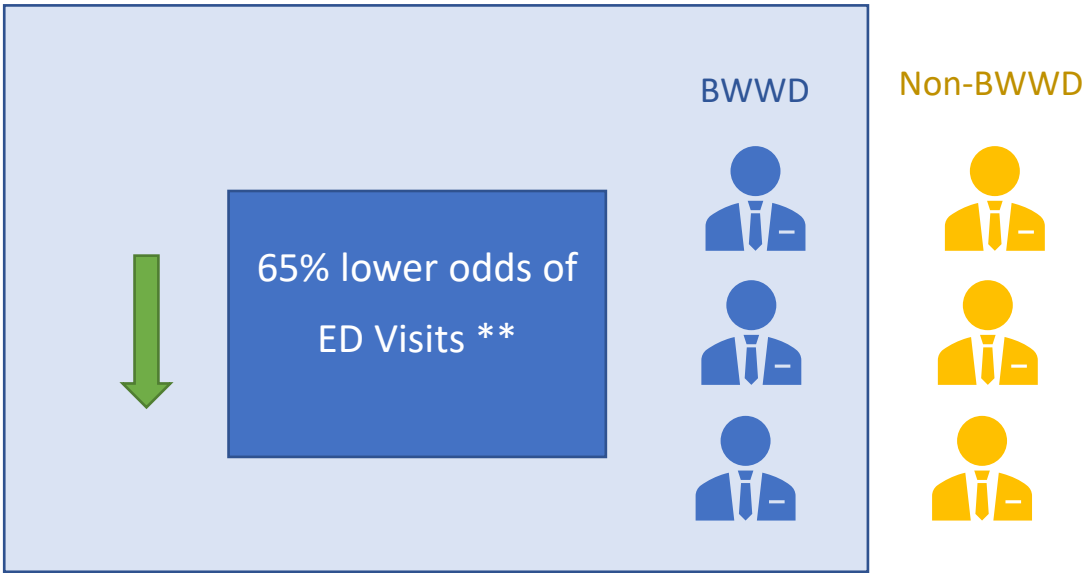
	Estimate	Std. Error	P value
treat	0.78	0.26	0.004**

# Be Well With Diabetes (BWWD) Analysis

## Treatment Effect in Matched Population

using Cluster-robust standard errors

Outcome: *ED Visits*



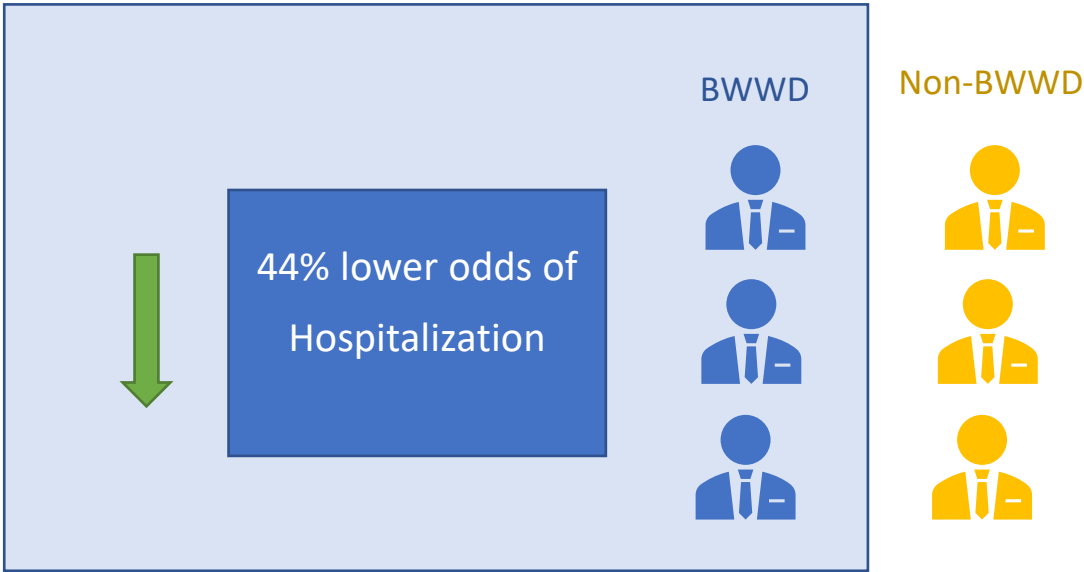
	Estimate	Std. Error	P value
treat	-1.03	0.39	0.008**

# Be Well With Diabetes (BWWD) Analysis

## Treatment Effect in Matched Population

using Cluster-robust standard errors

Outcome: *Hospitalization*



	Estimate	Std. Error	P value
treat	-0.57	0.43	0.18

# Be Well With Diabetes (BWWD) Analysis

## Limitations of the Analysis

- Sample size
- Retrospective nature of the study, we may not have addressed unobserved confounders in propensity matching
- Analysis limited to available clinical medical records data
- Missing data in the non-BWWD population (28% of non-BWWD population had missing HbA1c data)

# Be Well With Diabetes (BWWD) Analysis

## Conclusion and Future Work

- In the matched population, Employees enrolled in the BWWD program had increased control rates of HbA1c and lower odds of ED Visits
- Future retrospective studies to analyze other Be Well at Work initiatives at Blessing Health

# Questions?

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# Raw audit logs for the measurement of physician workload, cognitive burden, and burnout

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# Disclosures

- Pfizer, Inc; Health IT advisory board (2020-)
- HHS/ONC Technical Expert Panel (TEP) on synthetic data (2019-)
- Elsevier, Inc (Associate Editor, Journal of Biomedical Informatics) (2020-)

# Funding

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- R01 AG076541-01 (National Institute of Aging)

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- R61MH119237 (National Institute of Mental Health)
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- 3UL1TR002345-04S3 (National Center for Advancing Translational Sciences)
- U24TR002306 (National Center for Advancing Translational Sciences)
- R24AG074915 (National Institute of Aging)
- 2UL1TR002345-06 (National Center for Advancing Translational Sciences)

# Audit logs are a fingerprint for clinicians' work habits

Mandated for security reasons

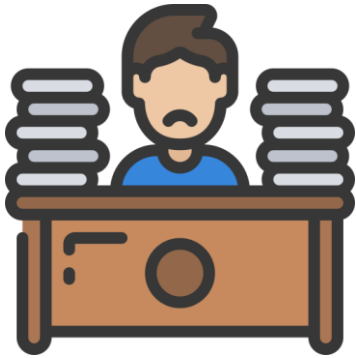
Captures whenever patient data is viewed or modified

Tracks **who** performed **what** on **which** patient's chart

**Can we use audit logs to measure other work-related behaviors?**

ACCESS_TIME	USER_ID	PAT_ID	ACTION_PERFORMED
12/21 7:20:17	Z		Inpatient Patient Lists list loaded
12/21 7:20:17	Z		Inpatient system list accessed
12/21 7:20:22	Z	A	Results Review accessed
12/21 7:20:32	Z	A	Report with patient data viewed
12/21 7:20:32	Z	A	Report with patient data viewed
12/21 7:20:34	Z	A	Imaging PACS accessed
12/21 7:21:25	Z		Inpatient system list accessed
12/21 7:21:29	Z	B	Storyboard viewed
12/21 7:21:29	Z	B	Visit Navigator template loaded
12/21 7:21:30	Z	B	Orders section accessed
12/21 7:21:30	Z	B	Order sets accessed
12/21 7:22:02	Z	B	Order list changed
12/21 7:22:07	Z	B	Chart Review Notes tab selected
12/21 7:22:09	Z	B	Chart Review Note report viewed
12/21 7:28:44	Z	B	Chart Review Note report viewed

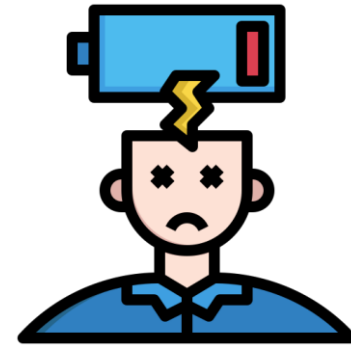
# Other uses for audit logs?



Clinical  
Workload

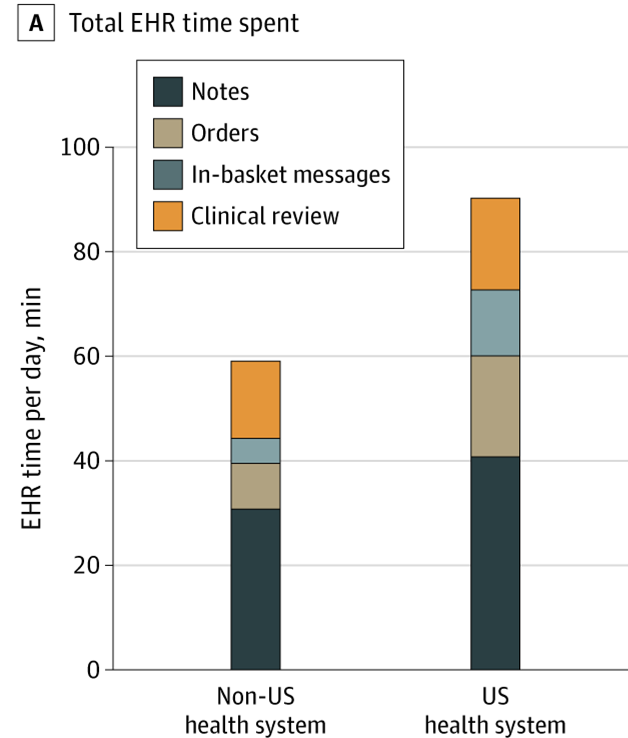


Cognitive  
Burden



Clinician  
Burnout

# Vendor platforms to measure clinical workload



Holmgren (2021) *JAMA IM*

## Advantages:

- Widely available
- Easy to use

## Limitations:

- Lack of control
- Subject to change

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## Perspective

# Conceptual considerations for using EHR-based activity logs to measure clinician burnout and its effects

**Thomas Kannampallil** <sup>1,2</sup> **Joanna Abraham** <sup>1,2</sup> **Sunny S. Lou**,<sup>2</sup> and **Philip R.O. Payne**<sup>1,3</sup>

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# ICU clinician workload from raw audit logs

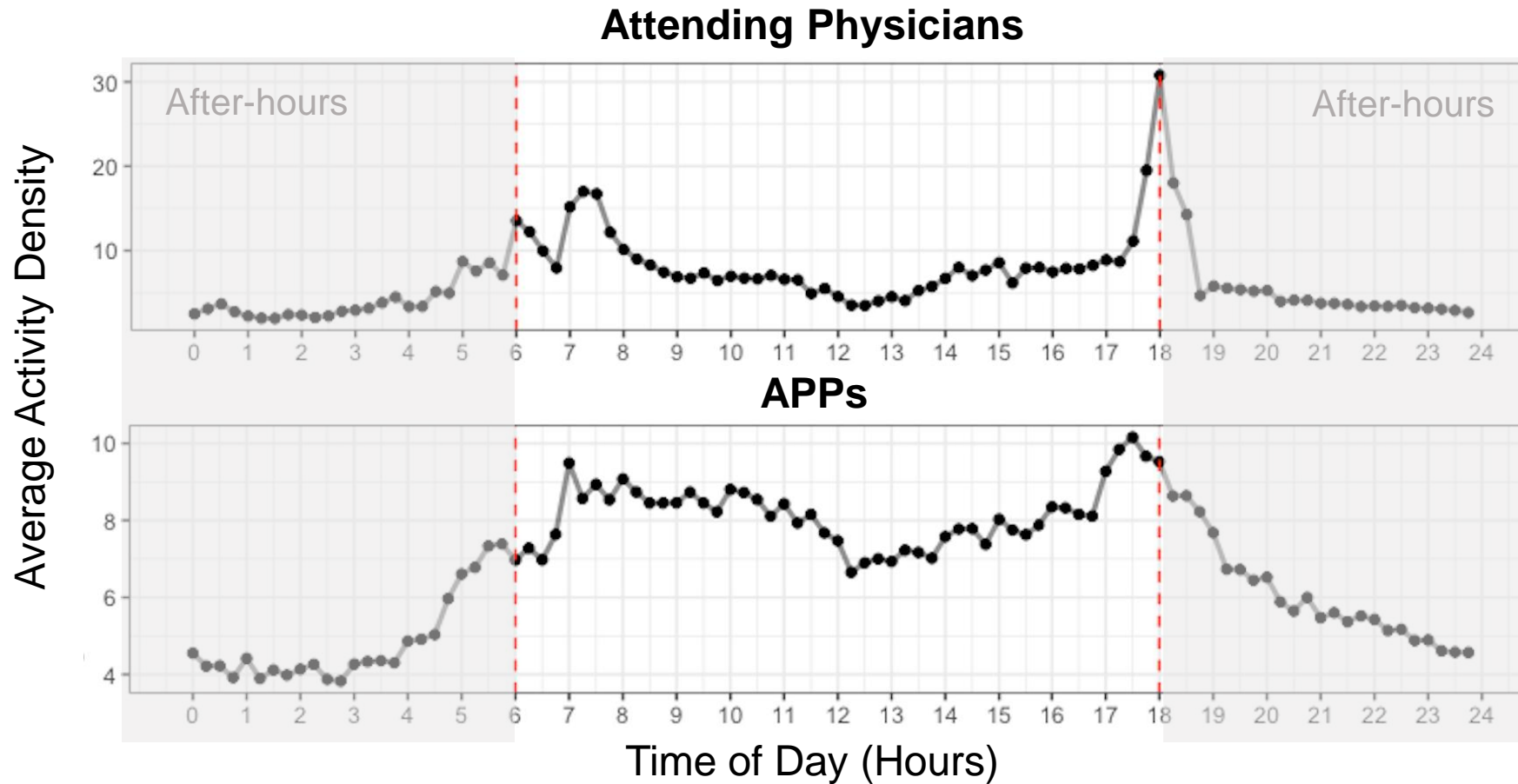
4 surgical ICUs (85 beds) in 2019

Staffed by attending physicians, APPs (NP/PA), and residents, who work 12 hour shifts

Collected **14 million audit log** activities (**62,367 hours** of EHR use).

	Attending (N = 24) Median (IQR)	APP (N = 71) Median (IQR)
Total EHR time / day (hrs)	2.4 (1.3-3.5)	4.2 (2.1-6.1)
Afterhours EHR time / day (hrs)	0 (0-0.35)	0.35 (0-2.5)
# of patients viewed / day	20 (17-25)	10 (6-14)
# of actions / day	730 (350-1093)	1073 (546-1617)
# of inbox messages / day	34 (13-56)	1 (0-7)
# of order sessions / day	0 (0-1)	25 (4-50)
Note time / day (hrs)	0.29 (0.08-0.67)	1.64 (0-3.43)
Chart review time / day (hrs)	1.37 (0.57-2.30)	2.27 (1.07-3.31)
# of patients with notes signed / day	5 (1-8)	4 (1-6)

# Density of EHR-based activities



# Attention switching (between patients)

Access Date	Access Time	Metric Name	Pat ID	User ID	Report Name
2019-02-19	6:30:49 AM	Report with patient data viewed	A	X	RAD Results Report
2019-02-19	6:30:49 AM	Report with patient data viewed	A	X	BW IMAGING REPORT HYPERLINK - DYNAMIC
2019-02-19	6:30:49 AM	Report viewed for an order	A	X	
2019-02-19	6:30:50 AM	Imaging PACS accessed	A	X	
2019-02-19	6:32:04 AM	Report with patient data viewed	A	X	IP Microbiology Results
2019-02-19	6:32:29 AM	Report with patient data viewed	A	X	IP Radiology Results
2019-02-19	6:32:39 AM	Report with patient data viewed	A	X	IP Pain Management
2019-02-19	6:32:54 AM	Report with patient data viewed	A	X	IP Fever/Antibiotic Dosing
2019-02-19	6:35:10 AM	Order sets accessed	B	X	
2019-02-19	6:36:15 AM	Order list changed	B	X	
2019-02-19	6:45:54 AM	Report with patient data viewed	A	X	IP Radiology Results

Time

4:21

1:05

**Attention switch**

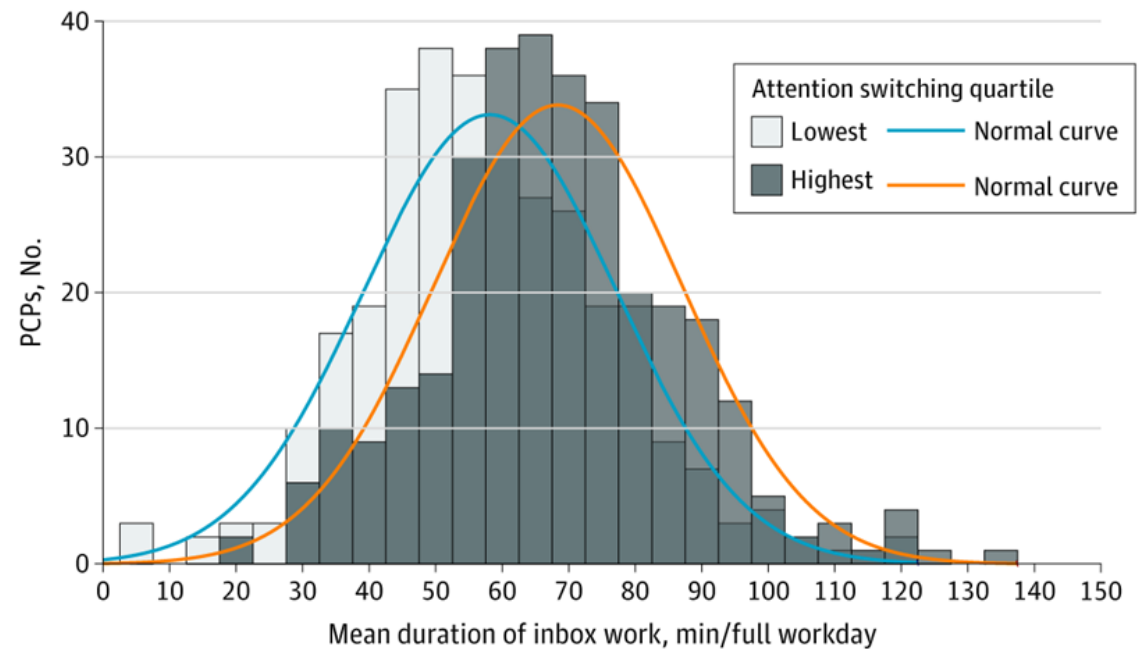
← **New Task**

← New Session

# Potential consequences of work fragmentation

## Downstream effects

- Decreased efficiency, longer task completion times



# Potential consequences of work fragmentation

## Downstream effects

- Decreased efficiency, longer task completion times
- Increased risk for errors

Variable	Rate ratio	95% CI	P value
<b>Legal/procedural errors</b>			
Interruptions while prescribing (any vs none)	1.08	0.77 to 1.51	0.66
Multitasking while prescribing (any vs none)	1.86	1.35 to 2.56	<0.001
<b>Clinical errors</b>			
Interruptions while prescribing (any vs none)	2.82	1.23 to 6.49	0.015
Multitasking while prescribing (any vs none)	1.91	0.79 to 4.65	0.154

# Potential consequences of attention switching

## Downstream effects

- Decreased efficiency, longer task completion times
- Increased risk for errors

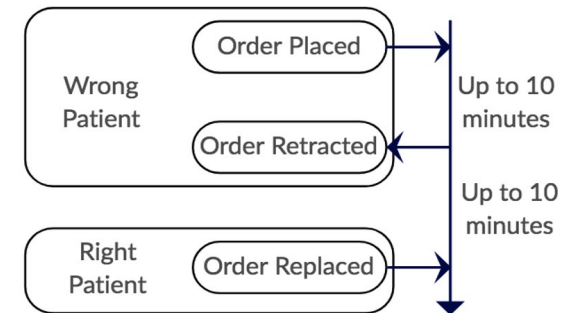
**Goal:** Measure relationship between attention switching, work efficiency, and errors in the ICU

## Work Efficiency

- Total EHR Time

## Errors

- Wrong patient error



# Switching is associated with increased EHR time for APPs

Attending		
Variable	Parameter Estimate (95% CI)	P-value
Patient Load	0.41 (0.32–0.49)	< 0.001 ***
Switch Rate	0.04 (-0.02–0.10)	0.1562
Gender (=Male)	-1.0 (-2.0–0.1)	0.0781
APP		
Variable	Parameter Estimate (95% CI)	P-value
Patient Load	2.56 (2.50–2.63)	< 0.001 ***
Switch Rate	0.28 (0.24–0.32)	< 0.001 ***
Gender (=Male)	-0.3 (-0.9–0.3)	0.348

For APPs, an **increased rate of switching** (from once per 25 actions to once per 12 actions) **increased total EHR time by 0.28 hours** (17 minutes, or ~7%)

## Linear mixed-effect model for Total EHR Time

Parameter estimates represent the effect size for a 25<sup>th</sup> to 75<sup>th</sup> percentile change in each variable.

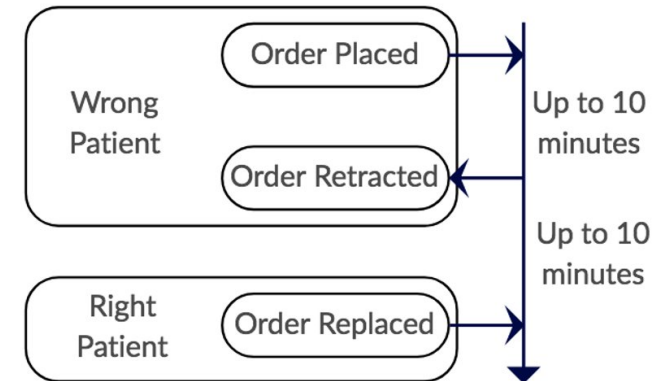
# Switching is associated with wrong-patient errors

## Poisson model for number of wrong-patient errors

Rate ratios represent an effect size for a 25<sup>th</sup> to 75<sup>th</sup> percentile change in each variable.

APP		
Variable	Rate Ratio (95% CI)	P-value
Patient Load	1.07 (0.73 – 1.48)	0.7177
Switch Rate per 100 actions	1.28 (1.04 – 1.55)	0.0143 *

## Wrong Patient Error



116 RAR events observed

**An increased rate of switching (from once per 25 actions to once per 12 actions) increased the wrong-patient error rate by 28%**

# Summary, part I

ICU workflow is **highly fragmented**.

Attention switching is associated with **increased EHR time** (decreased efficiency) and **increased wrong-patient errors**.

## Limitations

- Audit log derived measures of workload, efficiency, attention switching, and errors are imperfect
- Not all attention switching is captured (i.e., within same pt)
- Cause of attention switching is unknown

## CORRESPONDENCE

## Effect of clinician attention switching on workload and wrong-patient errors

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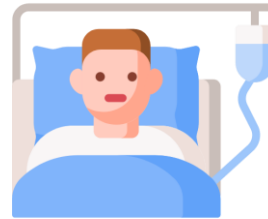
# Physician burnout is widespread

**50%** of practicing physicians

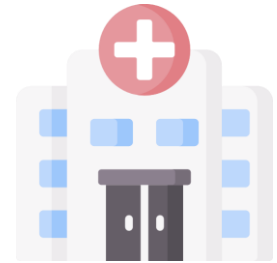
**70%** of trainee physicians  
(residents, fellows)



Physicians




Patients



Healthcare  
System



# Effects of Persistent Exposure to COVID-19 on Mental Health Outcomes Among Trainees: a Longitudinal Survey Study

Charles W. Goss, PhD<sup>1</sup>, Jennifer G. Duncan, MD<sup>2</sup>, Sunny S. Lou, MD PhD<sup>3</sup>, Katherine J. Holzer, PhD<sup>3</sup>, Bradley A. Evanoff, MD MPH<sup>4</sup>, and Thomas Kannampallil, PhD<sup>3,5</sup> 

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## **ABSTRACT:**

**BACKGROUND:** The rapid spread of the coronavirus disease 2019 (COVID-19) has created considerable strain on the physical and mental health of healthcare workers around the world. The effects have been acute for physician trainees—a unique group functioning simultaneously

J Gen Intern Med

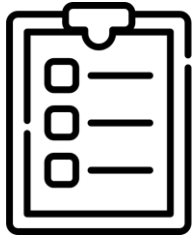
DOI: 10.1007/s11606-021-07350-y

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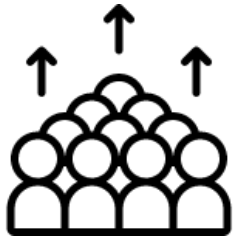
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# Measurement of burnout is challenging

## Current status



Survey data

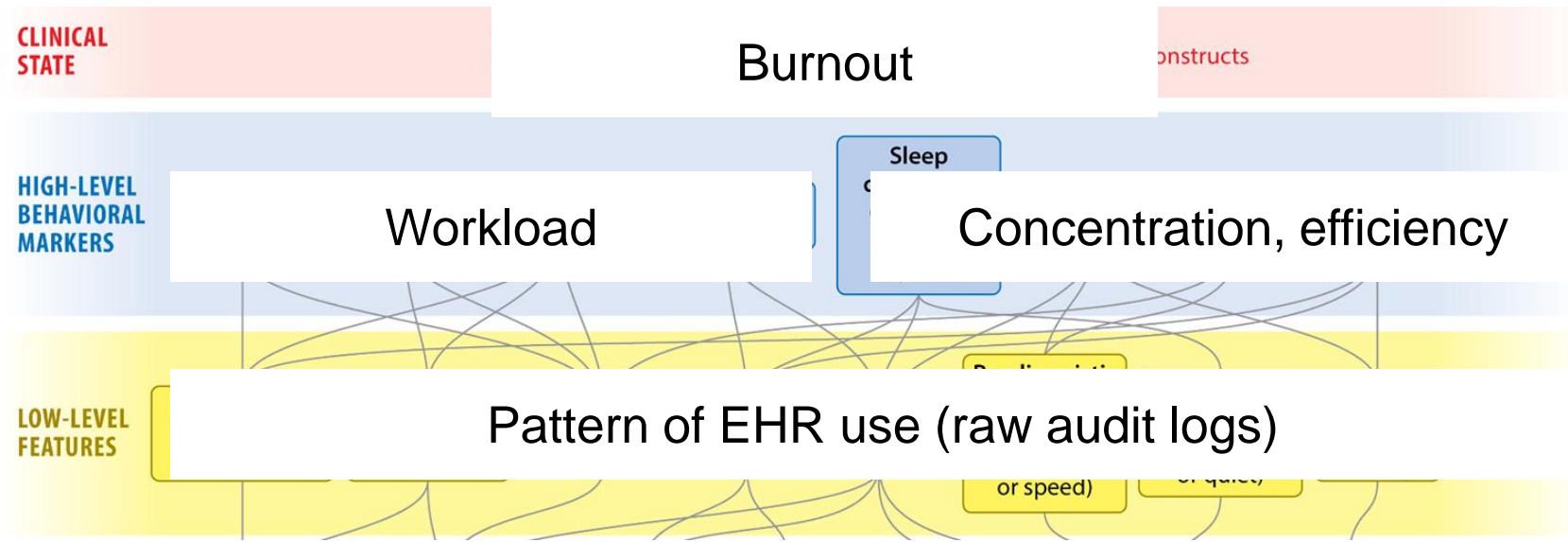


Cross-sectional

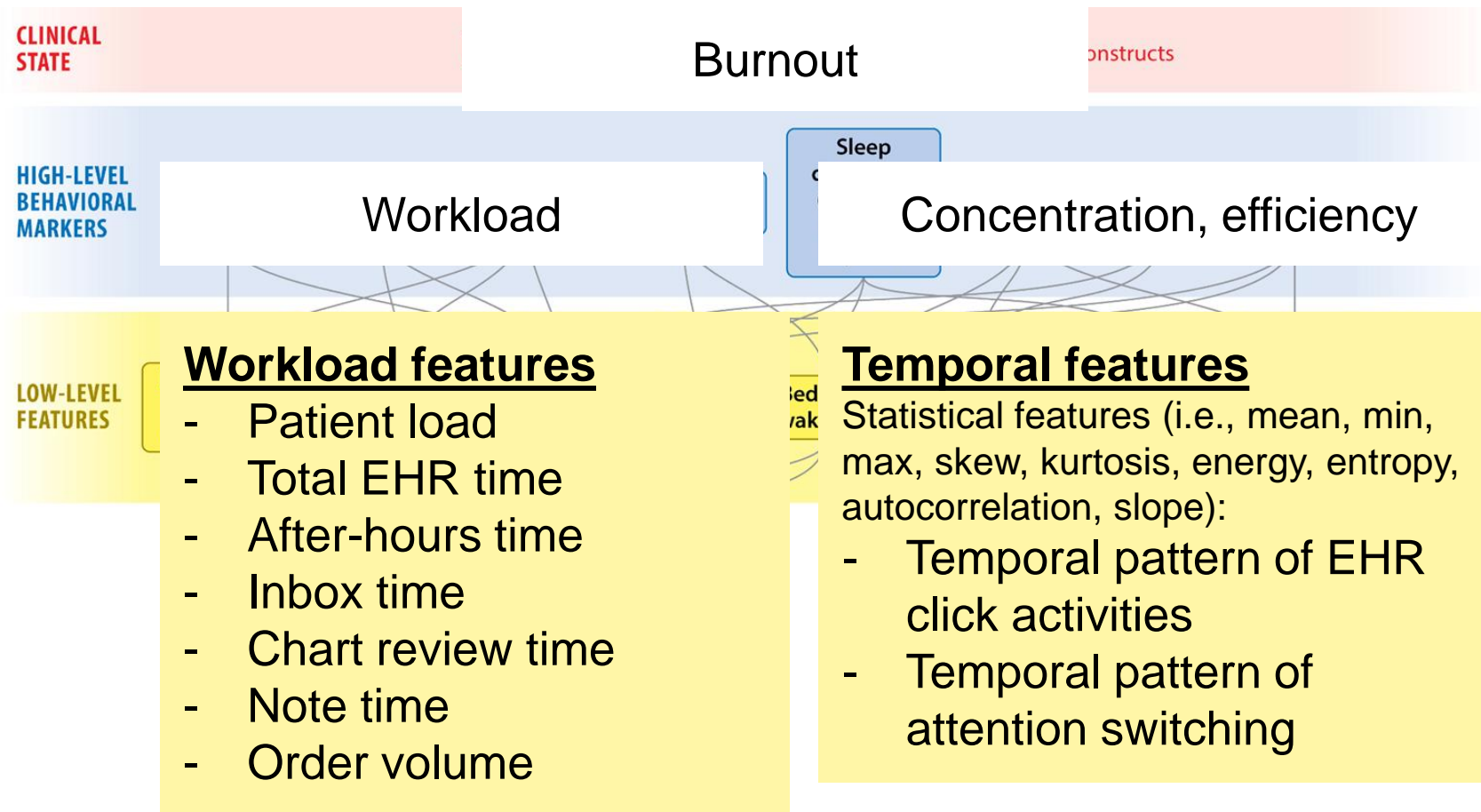


**What if we could screen for burnout using audit logs?**

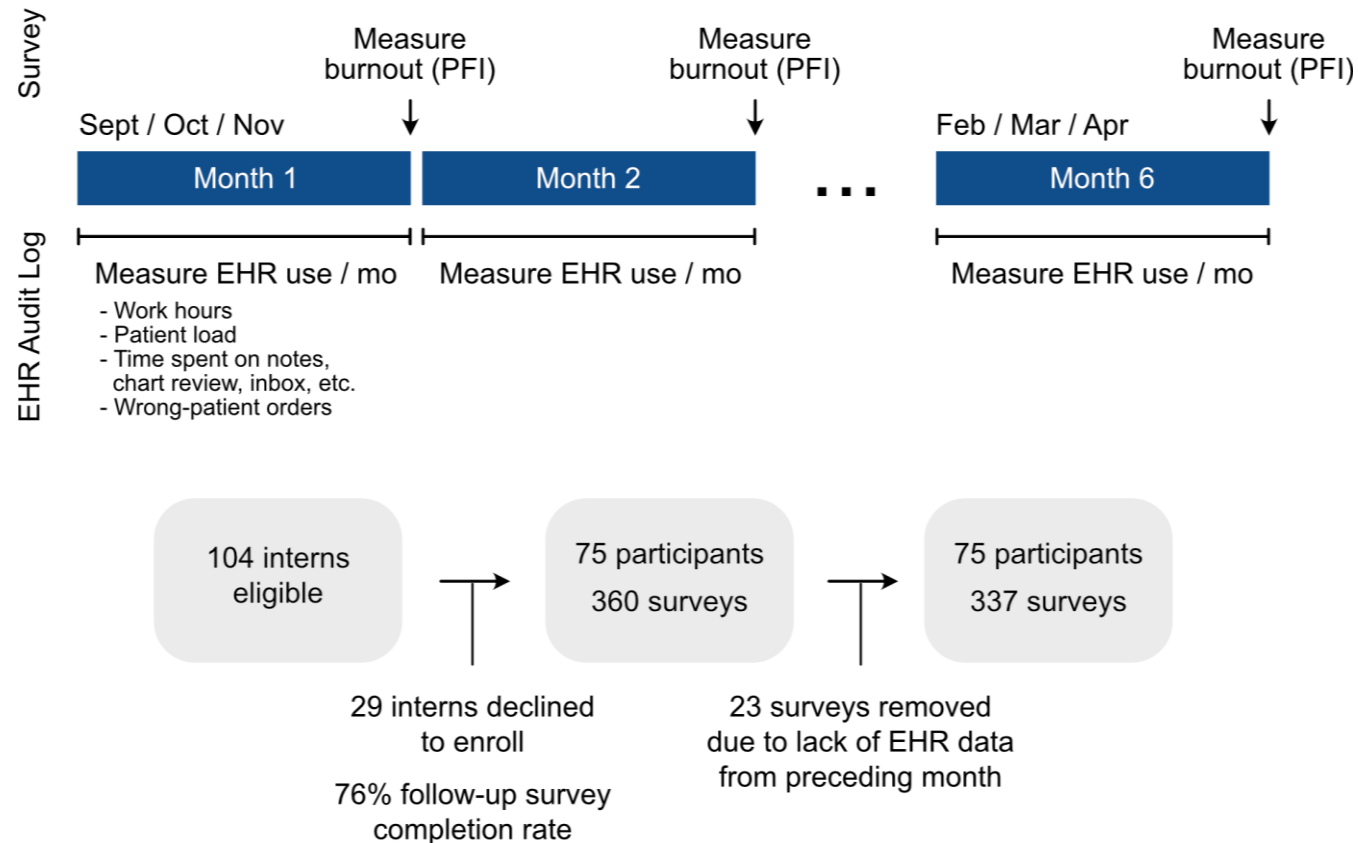
# Digital phenotyping for burnout



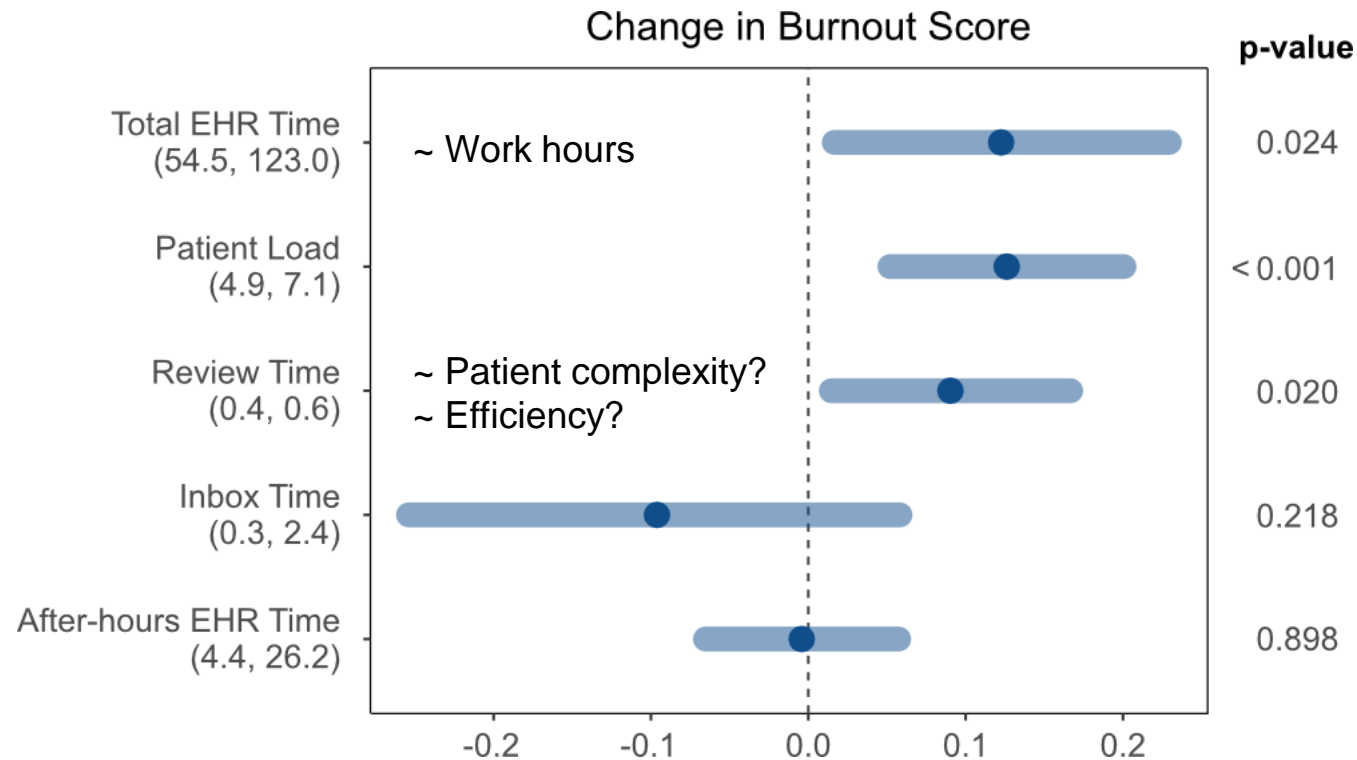
# Digital phenotyping for burnout



# Study design and data collection

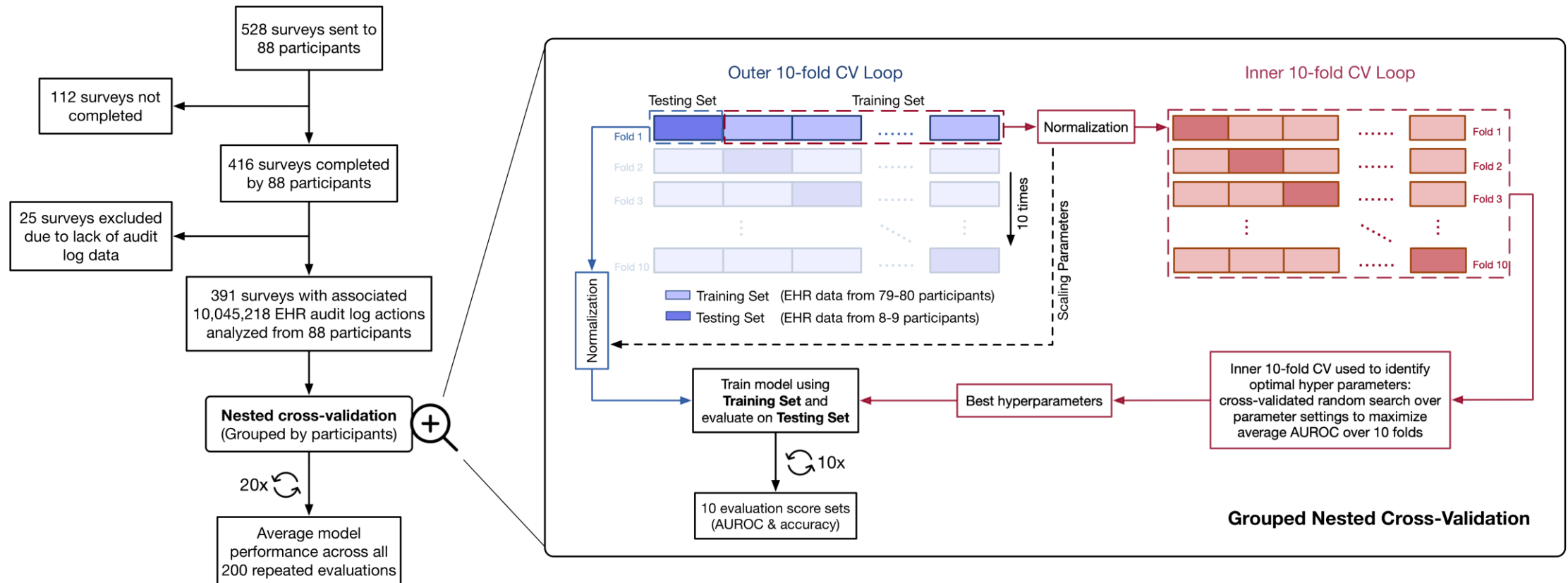


# EHR-based workload is associated with burnout



Multivariable mixed-effect model with random intercept per participant, and fixed effects controlling for specialty and gender. Dot shows the estimated effect of a 25<sup>th</sup> to 75<sup>th</sup> percentile change in each variable (with shaded area showing 95% CI)

# Predicting burnout (from audit logs)



# Workload and temporal features weakly predict burnout

Feature Set	Best Model	Mean Absolute Error	AUROC	Accuracy
Workload	Random Forest	0.602 (0.412, 0.826)	0.595 (0.355, 0.808)	0.567 (0.393, 0.742)
Temporal	Support Vector Machine	0.596 (0.391, 0.826)	0.581 (0.343, 0.790)	0.556 (0.318, 0.756)
Workload + Temporal	Gradient Boosting Machine	0.619 (0.438, 0.844)	0.583 (0.270, 0.831)	0.559 (0.386, 0.780)

Median PFI burnout score: 1.2 (IQR 0.7-1.7)

PFI score > 1.33 used to indicate burnout

# Baseline burnout is highly predictive of future burnout

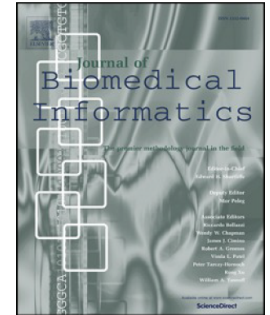
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Workload + Temporal	Gradient Boosting Machine	0.619 (0.438, 0.844)	0.583 (0.270, 0.831)	0.559 (0.386, 0.780)
First Survey Score + Workload	Neural Network	0.423 (0.293, 0.567)	0.829 (0.607, 0.996)	0.781 (0.587, 0.936)
First Survey Score	Neural Network	0.432 (0.304, 0.570)	0.819 (0.551, 0.999)	0.765 (0.547, 0.952)



Contents lists available at [ScienceDirect](https://www.sciencedirect.com)

## Journal of Biomedical Informatics

journal homepage: [www.elsevier.com/locate/yjbin](https://www.elsevier.com/locate/yjbin)



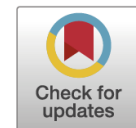
# Predicting physician burnout using clinical activity logs: Model performance and lessons learned

Sunny S. Lou<sup>a</sup>, Hanyang Liu<sup>b</sup>, Benjamin C. Warner<sup>b</sup>, Derek Harford<sup>a</sup>, Chenyang Lu<sup>b</sup>, Thomas Kannampallil<sup>a,c,\*</sup>

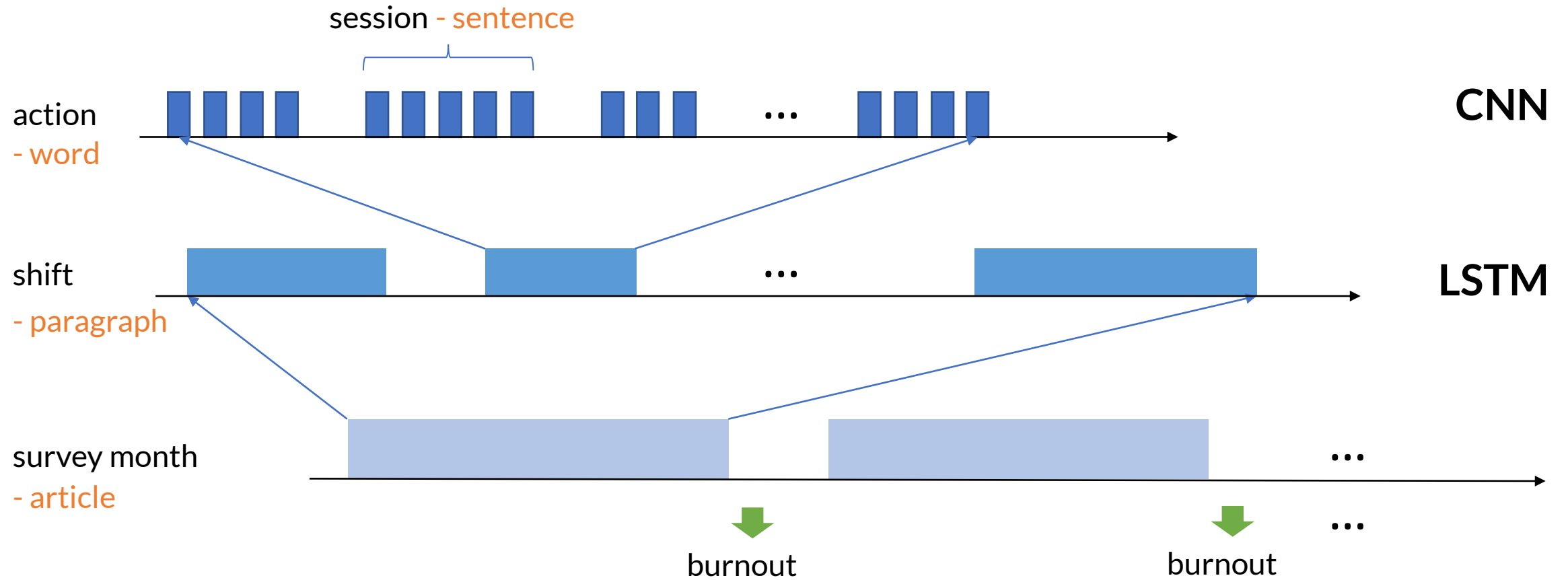
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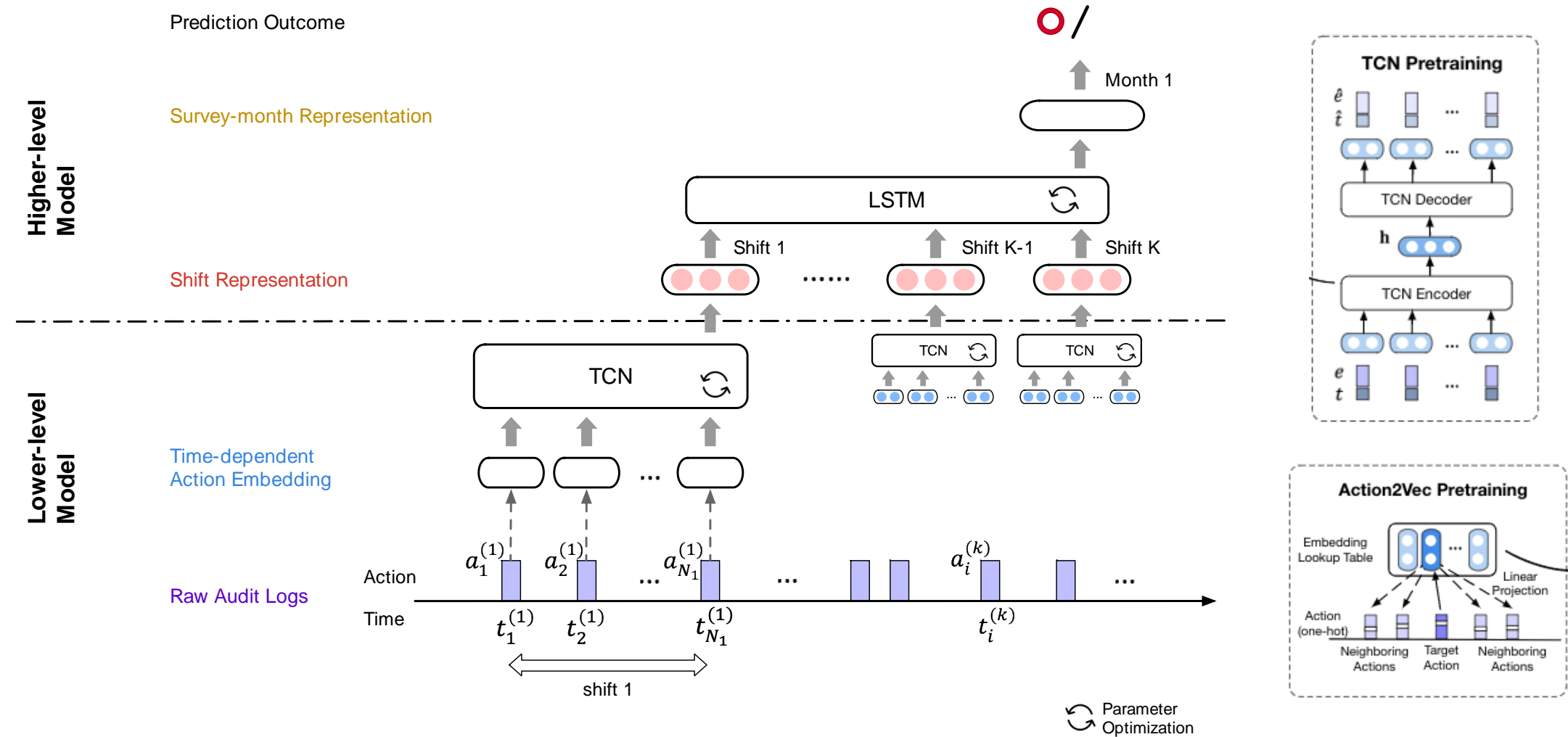
<sup>c</sup> Institute for Informatics, School of Medicine, Washington University in St Louis, St Louis, MO, United States



# Deep learning for audit log data



# Hierarchical Temporal Convolutional Network



# Deep learning model performance

	METHOD	AUROC	AUPRC	ACCURACY
Shallow model baselines	XGBoost	.5597 (.0214)	.4646 (.0676)	.5717 (.0361)
	SVM	.5793 (.0290)	.4683 (.0513)	.5545 (.0326)
	Random Forest	.5645 (.0243)	.4647 (.0606)	.5611 (.0355)
Deep learning baselines	DilatedNet [17]	.5724 (.0313)	.4794 (.0373)	.5835 (.0288)
	ResTCN [2]	.6171 (.0258)	.5284 (.0602)	.6150 (.0232)
	H-RNN [44]	.5935 (.3780)	.4774 (.0621)	.6012 (.0323)
Hierarchical TCN	HiGRU	.5871 (.0155)	.4740 (.0457)	.6117 (.0277)
	HiTCN-1	.6197 (.0284)	.5441 (.0537)	.6379 (.0305)
	HiTCN-2	<b>.6244 (.0295)</b>	<b>.5611 (.0691)</b>	<b>.6390 (.0064)</b>
Hierarchical TCN w/ pre-training	Semi-ResTCN	.6185 (.0199)	.5454 (.0378)	.6170 (.0205)
	Semi-HiTCN-1	<b>.6339 (.0309)</b>	.5476 (.0459)	.6233 (.0160)
	Semi-HiTCN-2	<b>.6312 (.0299)</b>	<b>.5536 (.0479)</b>	<b>.6450 (.0270)</b>
	Improvement	2.7 %	4.8 %	4.9 %

# HiPAL: A Deep Framework for Physician Burnout Prediction Using Activity Logs in Electronic Health Records

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## ABSTRACT

Burnout is a significant public health concern affecting nearly half of the healthcare workforce. This paper presents the first end-to-end deep learning framework for predicting physician burnout based on clinician activity logs – digital traces of their work activities –

Records. In *Woodstock '18: ACM Symposium on Neural Gaze Detection*, June 03–05, 2018, Woodstock, NY. ACM, New York, NY, USA, 11 pages. <https://doi.org/10.1145/1122445.1122456>

## 1 INTRODUCTION

# Lessons Learned (part II)

Resident physicians may not be the right population to develop a stable model – not “steady state”

Digital phenotyping for burnout from EHR logs is hard

- Inter-individual variability in response to workload
- Inability to capture non-EHR work, personal, environmental factors that also contribute to burnout

# Effect of Telemedicine on EHR work

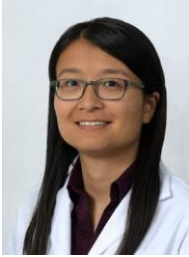
- Assessing the effect of telemedicine on physician EHR work, cognition, and process outcomes
  - Two sites (WashU/BJC & UCSF)
- Utilize raw audit logs to assess work-related behaviors (e.g., depth and breadth of search, documentation), cognitive load (e.g., activity switching) and outcomes (e.g., wrong-patient errors)
- Funded by the [National Library of Medicine](#)

# Other on-going projects

- SecureChat usage: Characterize patterns of SecureChat usage from audit logs ([funded by AMA](#))
- Developing metrics from raw audit logs; creating standardized metrics
- Predicting errors (wrong-patient errors) from audit log events

# Team

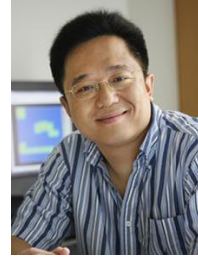
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# Using AI to adjust to the “new normal”

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Disclaimer: Nuance Healthcare, a  
Microsoft company

# Premise

What **AI platforms** and technologies are out there to improve efficiency and derive value. Define **value** from various perspectives. Reducing physician workload, improving revenue, demonstrating better quality measures, driving physician and patient satisfaction, transforming the mechanics of healthcare to the new normal for example tossing aside the keyboard and the mouse! I'll present various technologies, AI-based solutions, and real-world examples of **organizational adjustments** to tackle some of healthcare's current **challenges**.

# New normal?

- Is there a “new normal?”
- Let’s face it, many of us have been doing this full time for 15+ years!
- Is AI normal? Not even close
  - EHR and delivery struggles are still the norm

# Value

- It isn't always \$\$\$\$
- Regard for something you hold as important
  - Quality, pt. experience, outcomes, and...satisfaction
- Who isn't tired of ROI forecasting?

# Challenges

- Depends who and what you believe
- It changes in terms of focus
  - Implementation, adoption, then pophealth, analytics, Watson, and now “consumerism”
  - By the way how quickly did telehealth video visits boom and dive? But, Zoom persists
  - Blockchain hahahaha!
- Yet, on the frontlines we are dealing with burnout, staffing shortages, kludginess, and the same if not more regulation, coding/billing, compliance
- “Optimize the EHR” LOL
  - No 2 healthcare org’s are the same, and within a system no 2 hospitals are the same!

# Workload and AI

- Voice/STT
- Ambient
- Virtual assistant
- Imaging reads

Challenge: The ever present documentation devil

Value play? Automate for speed and efficiency, and eliminate clicks

# Satisfaction

- Face to face healthcare
- Workday finished earlier
- Admin tasks reduced (sadly not eliminated)
  - John Lee's post on prior auths, query time, risk factoring HCC's
- Pts. navigate and solve tasks easier
  - Chat Bots w/interactive voice response (IVR), virtual assistants, online scheduling, and the ever present "physician reviews"

Value play? Automate for speed and efficiency, and eliminate clicks

## Closing thoughts

- The computer isn't going away, but...
- Eliminate the keyboard
- Minimize the EHR shortcomings
- Maximize automation (for both providers and patients) and data mining

**Value play?** Star Trek isn't coming, it is here! (Machine learning was never mentioned!)