#### Team Building & Networking in a Hybrid Work Environment

George Reynolds

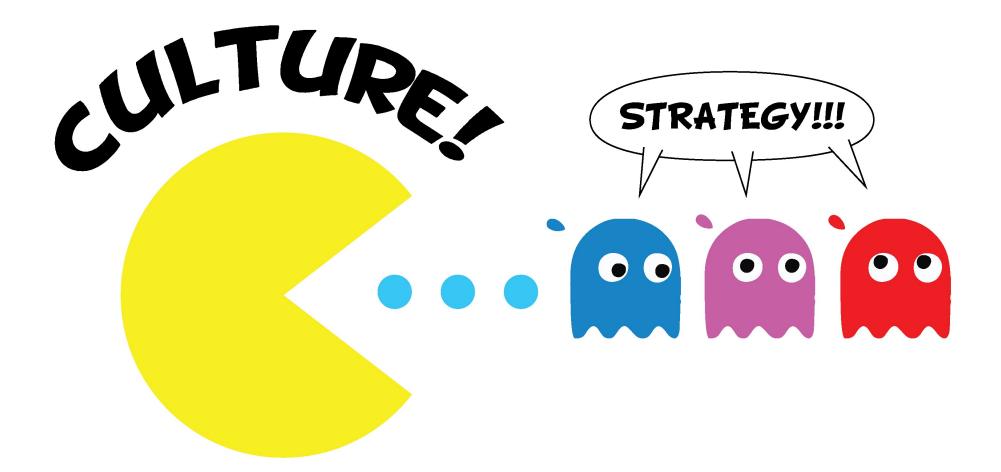


## People care which company they work for.

Nine Lies About Work: A Freethinking Leader's Guide to the Real Worl 2 2021 30th Annual Physician Computer Connection Symposi Marcus Buckingham and Ashley Goodall



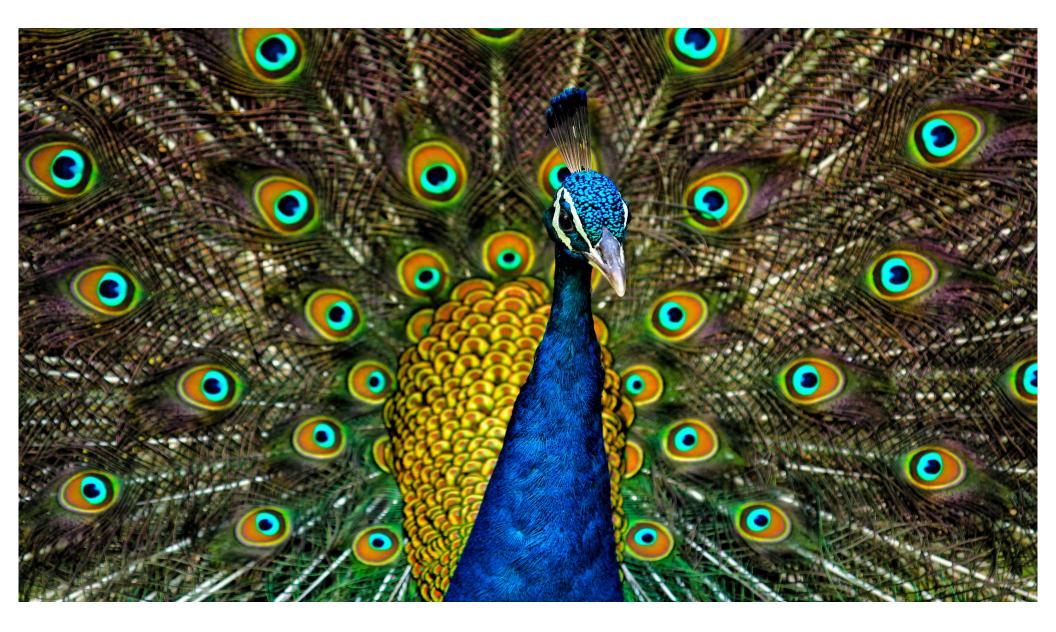
#### 9010 Forb Forbes 0010 Forbes 2019 THE BEST PLOYERS for V Power for DVERSITY POWERE **POWERED BY STATISTA**













### Attributes of High Performing Teams

- High trust
- Shared goals and processes
- Effective response to friction
- Relaxed; informal atmosphere
- Extensive, inclusive discussion
- Constructive disagreement
- Focus on problem solving and removing obstacles



From Teamwork: What must go right/what can go wrong Carl Larson, Frank M. J. LaFasto



### **Project Aristotle**

#### Two Attributes of Best Teams

# Equality in distribution of conversational turn-taking

#### Social sensitivity

2021 30th Annual Physician Computer Connection Symposium

http://socialintelligence.labinthewild.org/mite/



### Identifying High Performing Teams

#### We

1. I am really enthusiastic about the mission of my company.

3. In my team, I am surrounded by people who share my values.

5. My teammates have my back.

7. I have great confidence in

#### Me

2. At work, I clearly understand what is expected of me.

4. I have the chance to use my strengths every day at work.

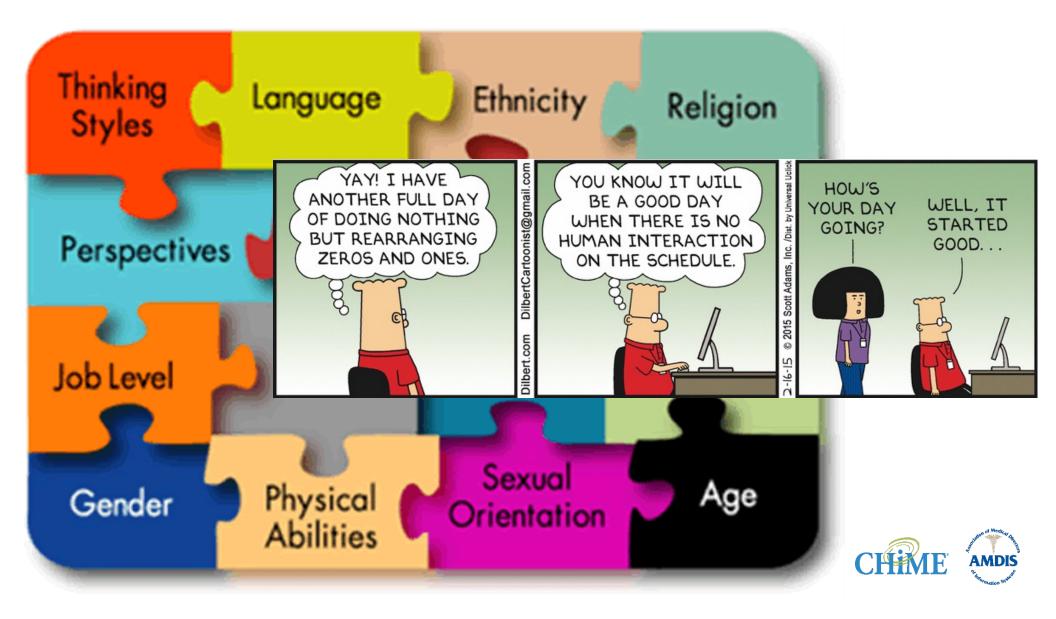
6. I know I will be recognized for excellent work.

8. In my work, I am always challenged to grow.





2021 300 Yn COmpany's of Util Consum Nine Lies About Work: A Freethinking Leader's Guide to the Real Work Marcus Buckingham and Ashley Goodall based on Gallup research



Lie #4: The Best People are Well-Rounded

A strength is an activity that makes you feel strong.

You look forward to doing it (Positive Anticipation)
While doing it, time speeds up (Flow)
After doing it, you feel filled-up, proud. (Fulfillment)







#### **Florence Foster Jenkins**

13 2021 30th Annual Physician Computer Connection Symposium

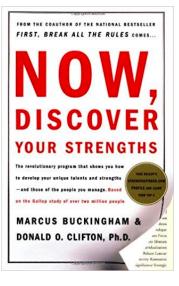


"You will never feel proud of your work, if you find no joy in it. Your best work is always joyful work."





### Work-Strengths Fit



# 4. I have the chance to use my strengths every day at work.



52% of Docs have some burnout.

15% have PTSDSymptoms.4 X General Workforce3% Higher thanIraq/Afghanistan Vets.

15% experience Substance Abuse/Addiction

Depression & Suicide 2 X National Average

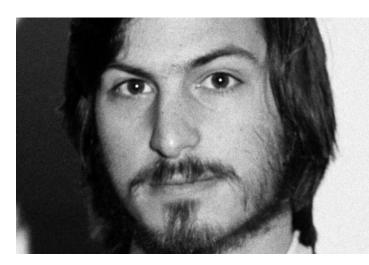


Mayo: What % of Doc's time spent doing what they love?

20% Threshold

15 2021 30th Annual Physician Compu

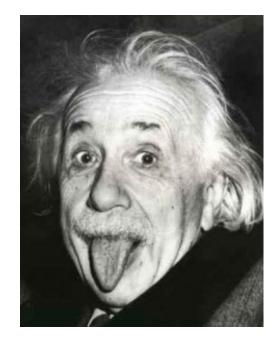
### **3 Critical Team Leader Strategies**



Get into the Outcomes Business



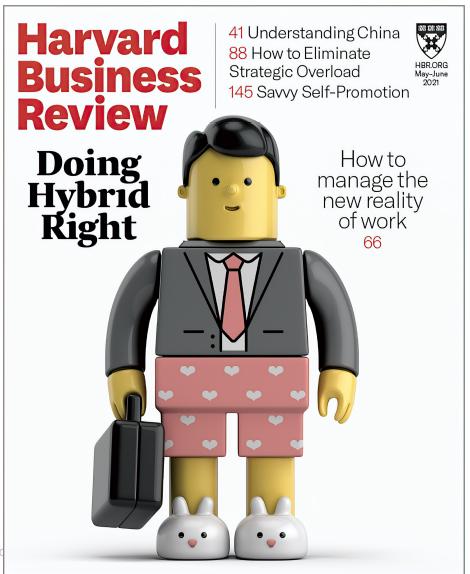
Define the Adjustable Seat



Use Team Technology: Embrace Weird



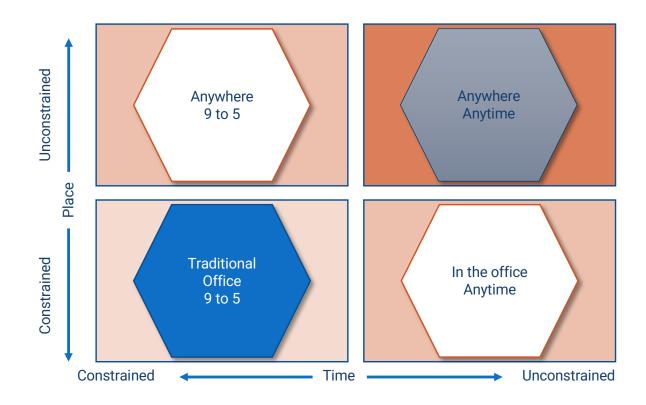






18 2021 30th Annual Physician Computer Co

### Work Arrangements in Time & Place



Adapted from How to Do Hybrid Right by Lynda Gratton HBR May-June 2021



### Hybrid Work Considerations

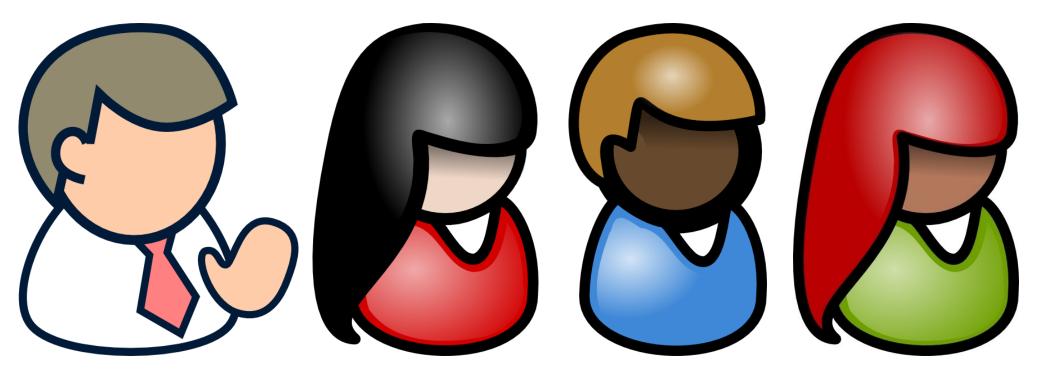
#### **Critical Drivers of Productivity**

- Energy
- Focus
- Coordination
- Cooperation

#### **Team Manager Considerations**

- Jobs & Tasks
- Employee Preferences
- Projects & Workflows
- Inclusion & Fairness



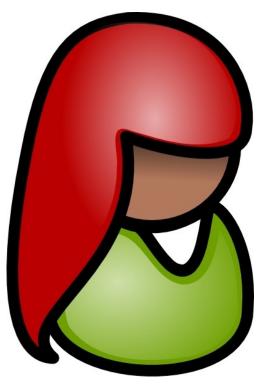


Analyst/Dashboard Builder Clinician Trainer Focus Time - Asynchronous

Energy Time & Place **Project Manager** Cooperation Place

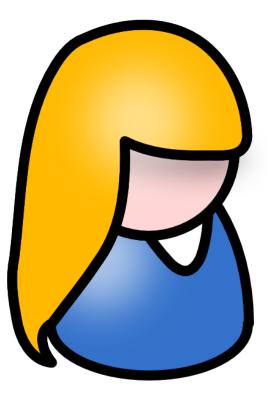
Jobs and Tasks

Team Manager Coordination Time - Synchronous



Amber: Dashboard Builder

- 20 yrs experience
- 3 teen-age sons
- 1 hr commute to office
- Good home office/internet

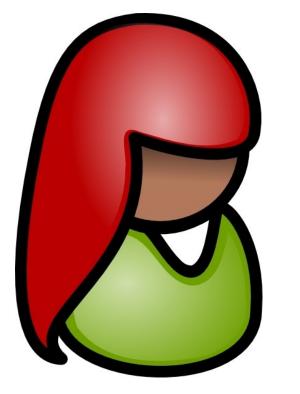


Meg: Dashboard Builder

- Hired 2/15/20
- Lives w/ 2 roommates
- Lives downtown
- Training/mentoring needs

Employee Preferences





Amber: Mostly Working from Home

Meg: Mostly Working in Office work?

How do they coordinate with each other? other members of their team? consumers of their work?

Project & Workflows



23 2021 30th Annual Physician Computer Connection Symposium

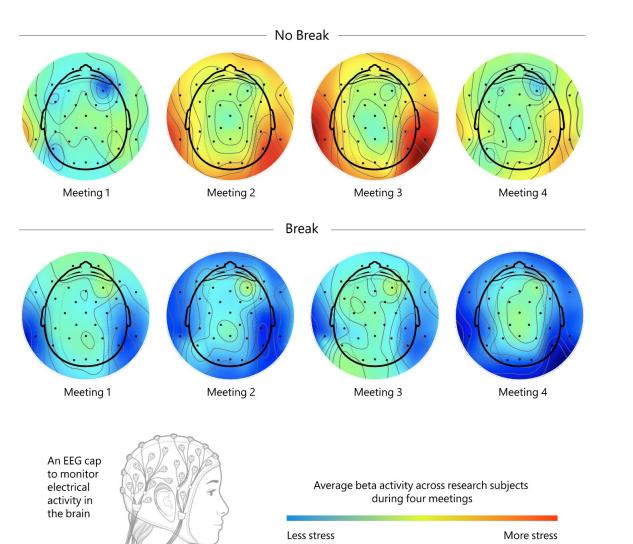
Re-Design Workflows aka Don't Pave the Cowpath

- Are Team Tasks Redundant?
- Can any team tasks be automated or reassigned to people outside the team?
- Can we reimagine a new purpose for our place of work?

### **Inclusion & Fairness**

- How will hybrid work opportunities be allocated fairly?
- \*DisabledAndSaltyAF • Will your team members agree that they are allocated fairly?
- Do they have the knowledge and training to assess fairness?
  - If not, how will you address this?
- Have they been included in the decision-making process?
  - Inclusive (both demographics and roles/status in the organization)?
  - Protected speech (anonymous)?
- Do the hybrid arrangements support your organization's values and culture?







**Microsoft** 

**Factors Lab** 

Human



#### **Zoom Fatigue**

- Mirror Anxiety\*
- Feeling Trapped\*
- Hyper Gaze
- Receiving Non-Verbal Cues
- Giving Non-Verbal Cues

26 2021 30th Annual Physician Computer Connection Symposium

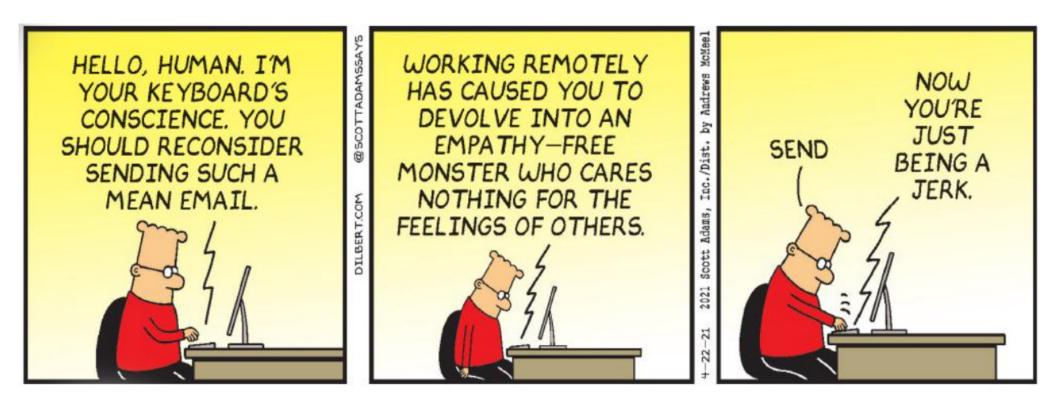
Nonverbal Mechanisms Predict Zoom Fatigue and Explain Why Women Experience Higher Levels than Men Fauville et al. SSRN 4/5/21



### Results

- Survey of 10,591 people recruited by word of mouth/social media
- Women reported 13.8% more zoom fatigue than men
- Women report longer zoom meetings with shorter breaks between them
- Zoom fatigue is inversely correlated with age
- Zoom fatigue is higher for non-white race/ethnicities, but the differences are small.

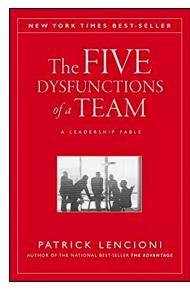






### **Poor Performing Teams**





Source: <u>The Five Dysfunctions of a Team</u>, by Patrick Lencioni, Jossey Bass/Wiley, ISBN: 978-81-812-6506750. 2021 30th Annual Physician Computer Connection Symposium

29



Using remote working platforms (M Teams, BlueJeans, Zoom, etc.)	8 15 78			
Working across time zones	14 19	67		
Ensuring work quality	16 25	59		
) commitment from team members	20 25	20 25 56		
ing clear roles and responsibilities	20 26	0 26 54		
Promoting shared goals	20 3	4	45	
Ability to hold team accountable	22 27		51	
ollaboration among team members	27	27	1 46	
g relationships with team members	32	31	58	
g open and honest communication	<del>84</del>	28	88	
Creating a shared vision	34	31	34	
ng feedback among team members	39	27	34	
Building trust virtually	39	27	34	
ng and motivating team members	40	30	29	
Maintaining work-life balance	41	10	49	
development among team members	53		24 24	
Detecting dealing with conflict	55		28 16	

(M Teams, Bluejeans, Zoom, etc. Working across time zone Ensuring work quality Gaining commitment from team members Maintaining clear roles and responsibilities Promoting shared goals Ability to hold team accountabl Promoting collaboration among team members Maintaining relationships with team members Encouraging open and honest communication Creating a shared vision Getting and promoting feedback among team members Building trust virtually Engaging and motivating team members Maintaining work-life balanc Mentorship and career development among team members

JAMES M. CITRIN DARLEEN DEROSA

# LEADING

#### PRACTICAL LESSONS

#### FOR VIRTUAL SUCCESS

### AT A DISTANCE

#### FIGURE 1.3 Virtual Work: What has been challenging?

WILEY



# Questions & Answers