

# AMDIS TED TALKS – 2019 EDITION - PART I

- **SETTING EVIDENCE-BASED MEDICINE ON FHIR**
  - **BRIAN S. ALPER, MD, MSPH, FAAFP**
- **PREDICTIVE ANALYTICS - IMPACT ON PATIENT CARE & THROUGHPUT**
  - **RYAN BOUTIN, MD**
- **OPTIMIZATION STRATEGIES TO ENHANCE PHYSICIAN WELL-BEING AND ALLEVIATE EHR-RELATED BURNOUT**
  - **SHADI HIJJAWI, MD, FACP, MBA, CHCQ**
- **THE DISEASES OF CLINICAL INFORMATICS**
  - **JAKE LANCASTER, MD, MSHA, MSACI**

# EVIDENCE-BASED MEDICINE SETTING ON FHIR

EBM  on FHIR

INTEROPERABILITY FOR  
EXTERNAL EVIDENCE

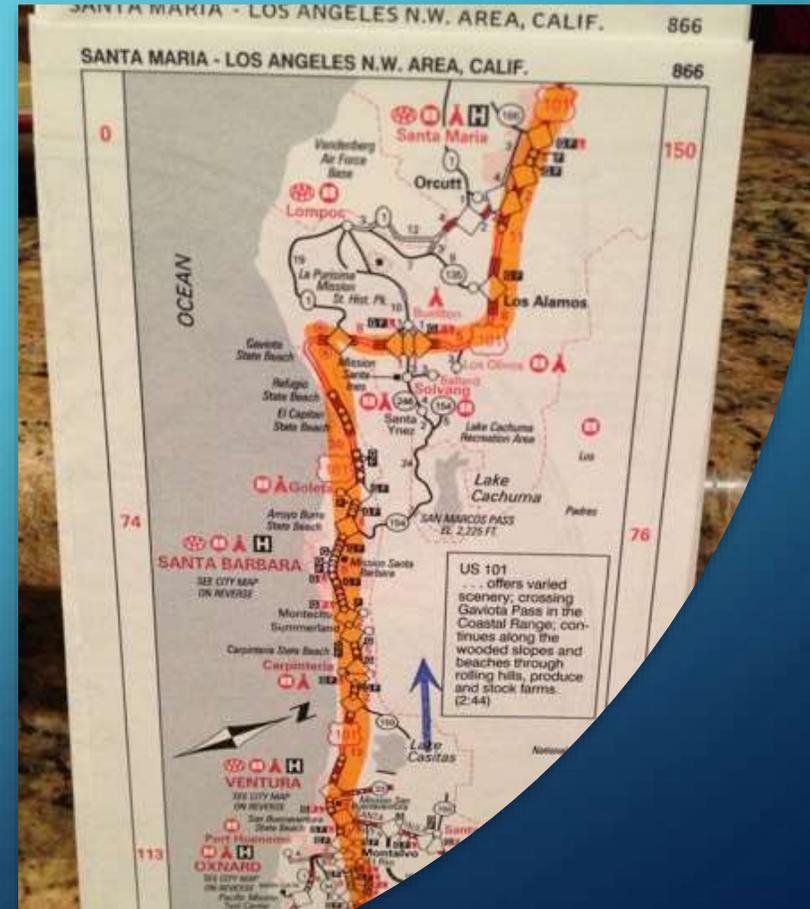
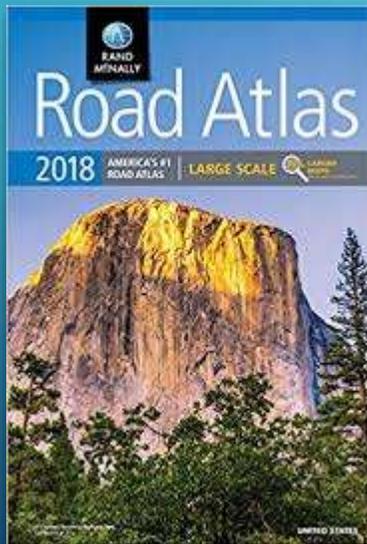


# PRESENTER AND DISCLOSURES

- **Brian S. Alper, MD, MSPH, FAAFP**
- **Board certifications: Family Medicine, Clinical Informatics**
- **Founder of DynaMed**
- **Vice President of Innovations and EBM Development, EBSCO Health**
- **Project Lead, EBMonFHIR**
- **Key Contributor – AHRQ ACTS, PC CDS Learning Network, MCBK**
- **Member – AAFP, ACP, AMDIS, AMIA, GRADE Working Group, G-I-N, HIMSS, HL7, ISDM, ISEHC**

# LOCATION KNOWLEDGE – SOCIETAL EVOLUTION

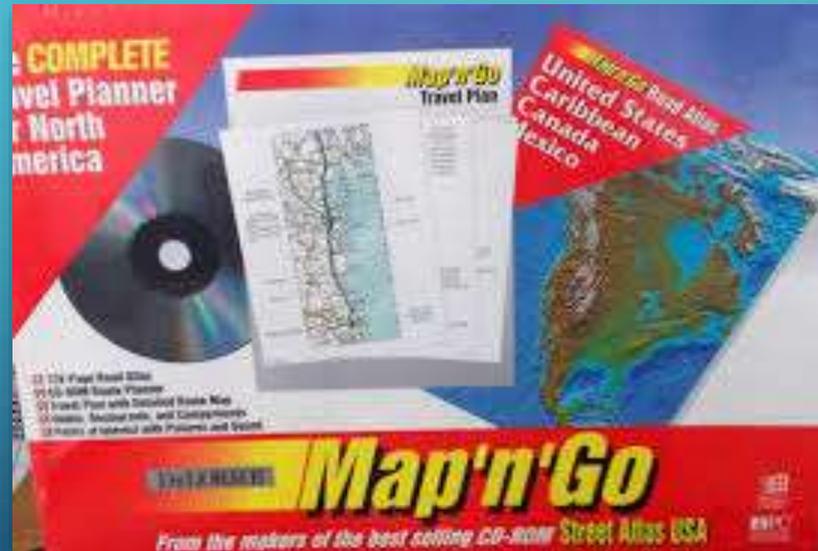
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# LOCATION KNOWLEDGE – SOCIETAL EVOLUTION

Print

Digital

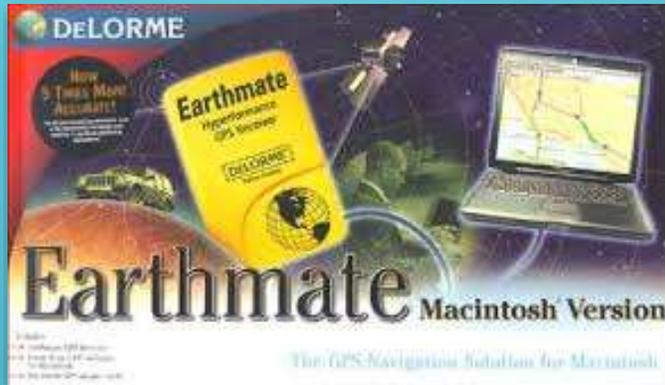


# LOCATION KNOWLEDGE – SOCIETAL EVOLUTION

Print

Digital

Executable



# LOCATION KNOWLEDGE – SOCIETAL EVOLUTION

Print

Digital

Executable

Computable



# BIOMEDICAL EVIDENCE IS NOT COMPUTABLE LIKE FINANCIAL KNOWLEDGE OR LOCATION KNOWLEDGE, SO ...

We can instantly know when to turn next to get to the restaurant and traffic is diverted, but we cannot instantly know what treatment to consider next for our health concerns → major waste in time and resources; poor decisions and poor medical outcomes

ork to interact with

non-computable

ge to find healthcare

# WHY IS BIOMEDICAL EVIDENCE NOT COMPUTABLE?

**NO**

- ...standard for machine-interpretable expression
- ...interoperability (every group communicating it does it their own way)
- ...universal agreement about the right way to do it
- ...functional demonstration of how it can be done

# FHIR SOLVES INTEROPERABILITY FOR PATIENT DATA

- Fast Healthcare Interoperability Resources (FHIR) is an HL7 standard
- Developed by US government (ONC, CDC, AHRQ, FDA, NIH, CMS), other governments, healthcare systems, payers (UHC, Aetna, etc), EHRs (Cerner, Epic, Allscripts, etc.), industry – all agreeing how to do it as a standard
- US likely to require by 2021 any person can get ALL their electronic health information in FHIR format – required for any EHR

**EHR Vendors will not be controlling data access and business rules much longer**

# FHIR 'AS IS' DOES NOT HANDLE BIOMEDICAL RESEARCH EVIDENCE

No other standards are ready to handle research evidence

Large attempts include:

- Mobilizing Computable Biomedical Knowledge (MCBK) – NLM-associated consortium
- CDC “Adapting Clinical Guidelines for the Digital Age”
- “Evidence Ecosystem” attempts in Europe

None of these attempts have directly addressed standards for data exchange (i.e. the actual thing that would enable interoperability)

# EBM-ON-FHIR - A BRIEF HISTORY



A calendar for the month of June 2018. The days of the week are listed at the top: Sun, Mon, Tue, Wed, Thu, Fri, Sat. The dates are arranged in a grid. The calendar shows that June 1st is a Friday and June 2nd is a Saturday. The text "2018 June" is at the top right. At the bottom, it says "Printable Calendar From 123Calendar.com".

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

- GIN – Alper takes on GINTech (EBM technical group) role to start efforts to define interoperability standards
- HL7 – Alper learns enough about FHIR to understand how it works
- HIMSS – Alper informally proposes extending FHIR to meet EBM needs
- HL7 – Alper formally proposes HL7 project “FHIR Resources for Evidence-Based Medicine Knowledge Assets” (EBMonFHIR)
- HL7 - Approves EBMonFHIR project (5 work groups and management committees)

# EBM-ON-FHIR – HISTORY CONT.



HL7, GIN – Alper and Shahin have first EBMonFHIR connectathon

- Evidence resource created to handle evidence about effects of interventions (focus on systematic reviews)
- Participating groups include Duodecim, MAGIC, HarmonIQ, ACC, EvidencePrime (GRADEpro) and more

# EBM-ON-FHIR – HISTORY CONT.



JANUARY 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				30	31	1
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Free Printable Calendars From [www.calendarlabs.com](http://www.calendarlabs.com)

HL7 – Alper and Shahin have second EBMonFHIR connectathon

- Evidence resource expanded to handle needs for research registries (associations of things, not just effects of interventions) – EBMonFHIR “absorbs” Clinical Profiles standard project
- CDC effort to adapt guidelines into recommendations (CDS artifacts) and HL7 CDS efforts combined to launch “Recommendations on FHIR” project (nicknamed CPGonFHIR and coordinated with EBMonFHIR)
- BRR group (FDA, NIH/NLM, CMS reps) suggest EBMonFHIR can become basis for required data formats for ClinicalTrials.gov, PubMed listing, journal publications
- Participating groups expand to include CDC, AHRQ, Johns Hopkins University, and more

# EBM-ON-FHIR – HISTORY CONT.



Evidence resource codifies ‘statistic’ and ‘certainty’

- Despite statistic concepts being universally reported across biomedical publications and certainty concepts gathering “semi-standard” approach in healthcare (GRADE), there has been no well established method for reporting these things in machine-coded form

**EBMonFHIR makes computable expression achievable  
for biomedical research evidence**

# PORTION OF STATISTIC RESOURCE

Each concept has explicit coding for unambiguous machine-interpretable expression

statisticType	0..1	CodeableConcept	The effect or risk estimate type <a href="#">StatisticStatisticType (Extensible)</a>
quantity	0..1	Quantity	The statistic value
sampleSize	0..1	BackboneElement	Population sample size
description	0..1	string	Textual description of population sample size
note	0..*	Annotation	Footnote or explanatory note about the sample size
numberOfStudies	0..1	integer	Number of contributing studies
numberOfParticipants	0..1	integer	Cumulative number of participants
knownDataCount	0..1	integer	TBD
numeratorCount	0..1	integer	TBD
precisionEstimate	0..*	BackboneElement	An estimate of the precision of the statistic
description	0..1	string	Textual description of the estimate
note	0..*	Annotation	Footnote or explanatory note about the estimate
type	0..1	CodeableConcept	The estimate type <a href="#">StatisticPrecisionEstimateType (Extensible)</a>
level	0..1	decimal	Level of confidence interval
from	0..1	decimal	Lower bound
to	0..1	decimal	Upper bound

certainty	0..*	BackboneElement	How certain is the effect
description	0..1	string	Textual description of the certainty
note	0..*	Annotation	Footnote or explanatory note about the statistic certainty
rating	0..*	CodeableConcept	Certainty rating <a href="#">StatisticCertaintyRating</a> (Extensible)
certaintySubcomponent	0..*	BackboneElement	A component that contributes to the overall certainty
description	0..1	string	Textual description of the subcomponent
note	0..*	Annotation	Footnote or explanatory note about the statistic certainty subcomponent
type	0..*	CodeableConcept	Type of subcomponent of certainty rating <a href="#">StatisticCertaintySubcomponentType</a> (Extensible)
rating	0..*	CodeableConcept	Subcomponent certainty rating <a href="#">StatisticCertaintySubcomponentRating</a> (Extensible)

# CERTAINTY ENCODED

QUALITATIVE CONCEPTS HAVE EXPLICIT CODING FOR UNAMBIGUOUS MACHINE-INTERPRETABLE EXPRESSION

# GET INVOLVED

- Website [confluence.hl7.org/display/CDS/EBMonFHIR](https://confluence.hl7.org/display/CDS/EBMonFHIR)
- GoogleGroups email [groups.google.com/forum/#!forum/ebmonfhir](https://groups.google.com/forum/#!forum/ebmonfhir)
- Open meetings via WebEx
  - Tuesdays 4 pm Eastern
  - Thursdays 9 am Eastern
- Email [balper@ebSCO.com](mailto:balper@ebSCO.com)

# Predictive Analytics - Impact on Patient Care & Throughput



## **Dr. Ryan Boutin**

Assistant Chief, Hospital Medicine

Physician Informaticist / IT Physician Liaison

Middlesex Health includes a primary care network within Central and Southern CT as well as Urgent Care centers, 2 satellite EDs and Middlesex Hospital.

Middlesex Hospital is a 300 bed non-profit community hospital in Middletown, CT in central CT.

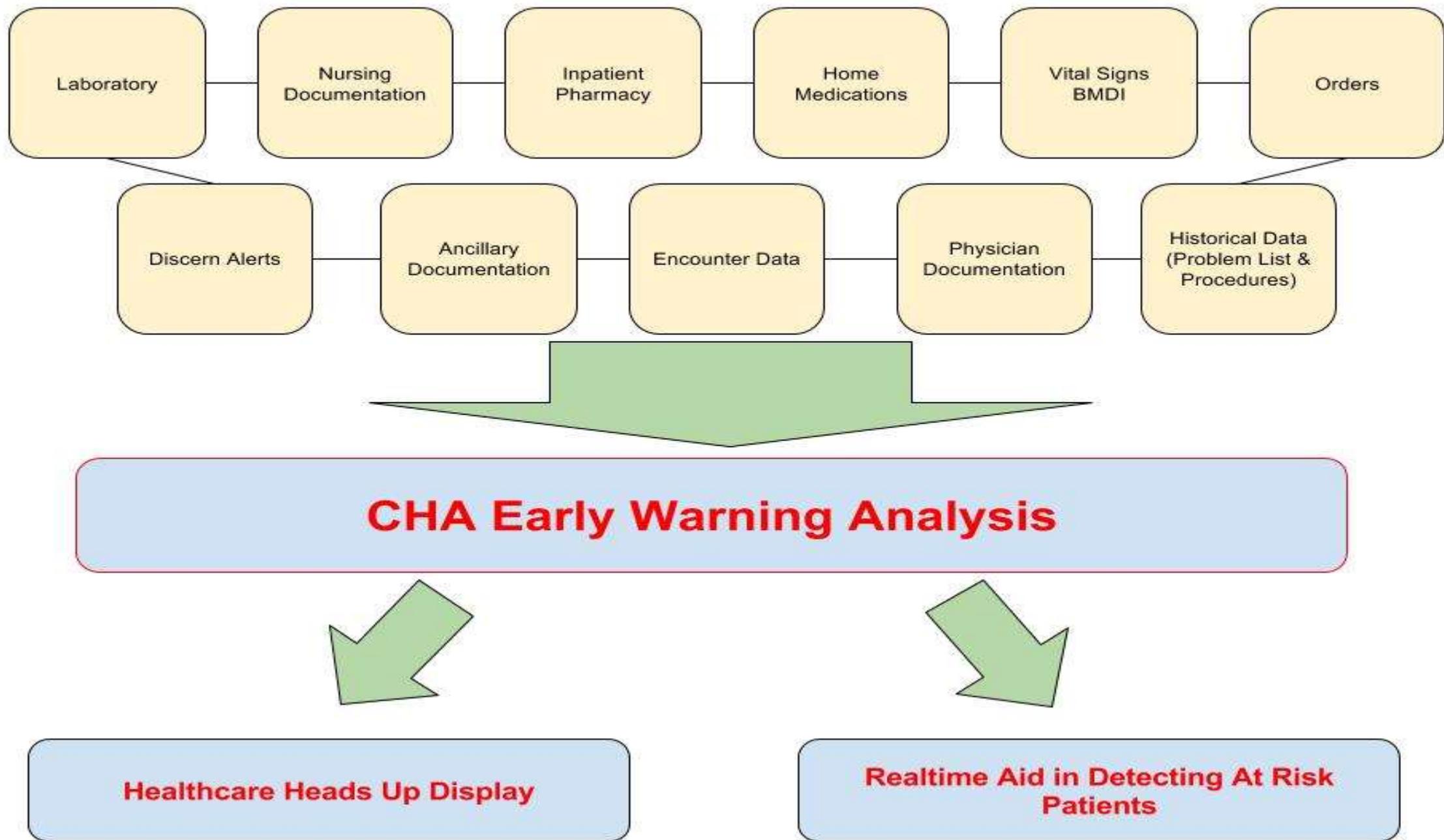
# Early Warning Analysis

- Develop a real time **early warning analysis** at the point of care that physicians and care teams can utilize to monitor developing acute disease states, throughput measures, readmission risk and utilization review.

# Why Develop An Early Warning Analysis

- A percentage of developing acute diseases can be **predicted** (and potentially prevented) by utilizing the data that is currently in the EMR. Potential to decrease M&M.
- The benefits of utilizing **Standardized protocols** to treat/prevent developing disease states is well documented.
- **Potential for reduced cost** by decreasing length of stay, decreasing readmission risk and improving utilization review

# Clinical Healthcare Analytics Overview



# Early Warning Analysis Development

- **Clinical Protocols:**
  - Acute Kidney Injury
  - Alcohol Withdrawal
  - Sepsis
- **Discharge / Throughput Protocols:**
  - Readmission Risk
  - Discharge Anticipation
  - Discharge Readiness
  - Level of Care Discrepancy

# Healthcare Heads Up Display - HHUD

- High Level Information
- Located Within Existing Physician Workflow
- Easy to Utilize, Minimal Training Needed
- Non-Interruptive
- Drill Down Capability
- Actionable
- Red / Yellow / Green Formatting (when applicable)

# Easy to Use, High Level Information within Workflow

Menu

- Heads Up Display
- Medical Summary
- Assessments
- eMAR
- eMAR Summary
- Forms
- Histories - Medical
- Histories - Procedure/Family/Preg...
- Immunization Schedule
- IVIEW
- Lab
- Medication List + Add
- Microbiology Viewer
- Nursing Clinical Notes
- Orders + Add
- Patient Information
- PowerNote + Add
- Progress Notes
- Quick Orders
- Radiology
- Reports
- Rounds Report
- Scanned Chart
- Specialty Flowsheets
- Vitals
- 36 Hour Order Review
- Hospitalist Workflow

Heads Up Display
100%

T: ~98.1 BP:104/69 HR: ~71 RR: ~16 spo2: ~97 Pain: ~6 W: ~106.6 BMI:30.1 UO: ~400  
I&O: ~-1220

**Common Results**

NA: ~141	UA Color: Yellow
K: ~4.6	UA SG: 1.020
CL: 106	UA Blood: Large A
CO2: ~32.5	UA Nit: Positive A
AG: 2 L	UA LE: Large A
GLu: ~98	UA Sq. Epi: None Seen
BUN: 10	UA WBC: >25
Cr: ~0.4	UA RBC: 9-15
GFR: >60	UA Bact: Many
Ca: ~8.5	
Mg: 2.0	
PO4: 3.8	
TBil: ~0.2	
ALT: ~13	
AST: ~10	
Alk Phos: ~60	
Lipase Level: 24	
WBC: ~4.3 L	
Hgb: ~11.8 L	
Hct: ~36.7 L	
Platelet: ~128 L	
Gran %: ~62.9	
Lymph %: ~24.9	

[All Labs..](#)

HX/P: Acute traumatic quadriplegia, Autonomic dysreflexia...  
Procedures: 0  
Inpatient Meds: 19 Home Meds: 21

> Hospitalist



Inpatient
Readmit Risk
DC Anticipation
DC Readiness

**Protocol Status**

Acute Kidney Injury: **N/A**

\*Beta: Protocol: -

Alcohol Withdrawal: **N/A**

DC Anticipation: **Not Ready**

Readmit Risk: **Elevated**

DC Readiness: **Not Ready**

Level of Care Status: **Inpatient**

Orders
Document
ePrescribe



# Drill Down Capability

**Menu**

- Heads Up Display
- Medical Summary
- Assessments
- eMAR
- eMAR Summary
- Forms
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- Histories - Procedure/Family/Preg...
- Immunization Schedule
- VIEW
- Lab
- Medication List + Add
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- Hospitalist Workflow

T: 98.2 BP:141/55 HR: 73 RR: 18 spo2: 98 Pain:0 W: 90.5 BMI: 36.4 H UO: 50  
I&O: -870

HX/P:Difficulty swallowing liquids; HTN (hypertension), Obesity...  
Procedures:0  
Inpatient Meds:15

**Common Results**

NA: 125 L	Troponin: 0.017
K: 4.8	BNP: 81
CL: 91 L	UA Color: Yellow
CO2: 27.5	UA SG: 1.020
AG: 6	UA Blood: Trace A
<b>GLu: 151 H</b>	UA Nit: Negative
BGM: 180 H	UA LE: Negative
BUN: 44 H	UA WBC: 3-8
Cr: 1.4 H	UA RBC: 0-2
GFR: 37 L	UA Bact: None Seen.
Ca: 8.8	
Mg: 1.8	
PO4: 3.7	
TBit: 0.5	
ALT: 37	
AST: 29	
Alk Phos: 157 H	
WBC: 10.1	
Hgb: 11.8 L	
Hct: 34.3 L	
Platelet: 309	
Gran %: 74.5	
Lymph %: 16.2	

All Labs..

> Hospitalist

**Glucose (Meter)**

> 180 H
> 74
> 296 H
> 160 H

Orders Document ePrescribe

Inpatient Readmit Risk DC Anticipation DC Readiness

# Actionable

Menu

Heads Up Display

Medical Summary

Assessments

eMAR

eMAR Summary

Forms

Histories - Medical

Histories - Procedure/Family/Preg...

Immunization Schedule

VIEW

Lab

Medication List + Add

Microbiology Viewer

Nursing Clinical Notes

Orders + Add

Patient Information

PowerNote + Add

Progress Notes

Quick Orders

Radiology

Reports

Rounds Report

Scanned Chart

Specialty Flowsheets

Vitals

36 Hour Order Review

Hospitalist Workflow

Heads Up Display
Full screen Print

T: 100.3 H BP: 176/96 HR: 73 RR: 23 H spo2: 97 Pain: See discomfort indicator scale W: 55.5  
BMI: N/A UO: 75 I&O: +516

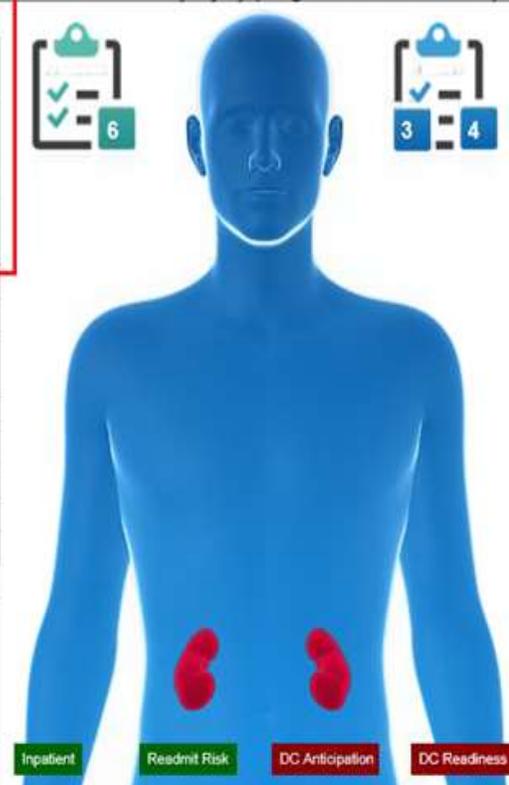
**Key Results**

NA: 149 H  
K: 3.9  
CL: 113 H  
CO2: 25.2  
GLu: 154 H  
BUN: 46 H  
eGFR: 149.95  
Baseline Cr: 0.4  
Cr: 0.8  
UO ml/kg/hr: N/A  
All Labs..

> Acute Kidney Injury (Stage 2 w/ increased risk)

**Contributing Factors**

- AKIN (Cr Increase) or (UO < ml/kg/hr)  
*Creatinine Increase: Stage 2 Diff: (0.4), Cr: (3)*
- ▲ Congestive Heart Failure  
*CHF Heart Failure, unspecified*
- ▲ acetaminophen



**Protocol Status**

Acute Kidney Injury:  
**Stage 2 w/ increased risk**

Alcohol Withdrawal:  
N/A

\*Beta:Protocol:  
-

DC Anticipation:  
**Not Ready**

Readmit Risk:  
**Low**

DC Readiness:  
**Not Ready**

Level of Care Status:  
**Inpatient**

**Interventions...**

NS 250 NS 500 NS 1L Fluid Restrict Renal Diet I&O q1hr

**Labs...**

CBC BMP UA Cr GFR Urinalysis w/ Culture

**Others...**

Nephrology Consult CT Kidney US Kidney

# Red / Yellow / Green Formatting

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- Hospitalist Workflow

Heads Up Display

100%

T: 98.1 BP: 117/78 HR: 88 RR: 18 spo2: 98 Pain: 0 - No Hurt (Wong Baker) W: 52 BMI: 28  
I&O: +360

HX/P: IBS - Irritable bowel syndrome, Congenital prolapsed rectum...  
Procedures: 0  
Inpatient Meds: 10 Home Meds: 12

**Common Results**

NA:	136	Lactic Acid:	1.6
K:	3.5	UA Color:	Yellow
CL:	97	UA SG:	1.010
CO2:	29.4	UA Blood:	Trace A
AG:	10	UA Nit:	Positive A
GLu:	94	UA LE:	Large A
BUN:	8	UA Sq. Epi:	1-4
Cr:	0.5	UA WBC:	>25
GFR:	>60	UA RBC:	0-2
Ca:	8.2 L	UA Bact:	Many
TBil:	0.4	Influenza A:	Negative
ALT:	10	Influenza B:	Negative
AST:	20		
Alk Phos:	202 H		
Lipase Level:	14 L		
WBC:	9.4		
Hgb:	10.0 L		
Hct:	30.3 L		
Platelet:	450		
Gran %:	86.8		
Lymph %:	6.9		

All Labs..

> Hospitalist



Inpatient
Readmit Risk
DC Anticipation
DC Readiness

**Protocol Status**

Acute Kidney Injury: **N/A**

\*Beta: Protocol: -

Alcohol Withdrawal: **N/A**

DC Anticipation: **Possibly Tomorrow**

Readmit Risk: **Low**

DC Readiness: **Not Ready**

Level of Care Status: **Inpatient**

Orders
Document
ePrescribe

# Realtime Aid in Detecting At Risk Patients

## RADAR

- **Keys to success:**
  - High Level Information
  - Easy to Utilize
  - Drill Down Capability
  - Red / Yellow / Green Formatting
  - Actionable
  - Customizable by Role / User

# Easy to Use, High Level Information

Patients for NORTH FIVE

Show 100 entries

Search:

Rm/Bed	Age	Visit Reason	Primary Nurse	Admitting Physician	Conditions	Last Report	LOS	Status	Readmit	DC Anticipation	DC Readiness	Notes
651 - D	79	UTI-UTI?-ER/IP				2/1 11:49 AM	131	Inpatient	Low (9)	Possibly Tomorrow	Almost Ready	...
540 - D	59	SMALL BOWEL OBSTRUCTION-N/V-ER/ADMIT				4/11 01:19 PM	127	Inpatient	Elevated (11)	Not Ready	Almost Ready	...
409 - D	79	-ANEMIA KIDNEY INFECTION				3/22 03:09 PM	91	Inpatient	Elevated (13)	Not Ready	Almost Ready	...
552 - D	57	ARF/DEHYDRATION-ABNORMAL LABS-OER/ADMIT IP	Haynes RN, Amy	ZACK MD, CATHY J	Acute Kidney Injury	6/6 02:59 PM	7.4	Inpatient	Elevated (15)	Possibly Tomorrow	Not Ready	...
543 - D	39	APPENDICITIS-PER TASK IP FROM THE BEG-NAUSEA-OPS/OCP	Ross RN, Gwen	PARKER MD, JAMES MICHAEL		6/5 09:20 AM	5.8	Inpatient	Low (7)	Possibly Tomorrow	Not Ready	...
556 - D	51	ACUTE SIGMOID DIVERTICULITIS W/ABSCCESS-ABD PAIN-ER/ADMIT	Lutecki RN, Martha	ROSENER MD, STEPHANIE E	Acute Kidney Injury	6/8 12:37 PM	4.6	Inpatient	Low (7)	Not Ready	Not Ready	...
553 - D	64	PNEUMONIA-DIFF BREATHING-OER/IP	Haynes RN, Amy	OCHOLA-TINKER MD, LISA A		6/7 03:25 PM	4.3	Inpatient	Elevated (12)	Not Ready	Not Ready	...
540 - D	84	C DIFF COLITIS-N/V/D-MMCS ADMIT	Doty RN, Zachary	MACHADO DO, JOHN D		6/8 12:41 PM	3.7	Inpatient	Low (10)	Possibly Tomorrow	Almost Ready	...
544 - D	55	SBO,HYPERTENSION,ABN EKG-MMCS ADMIT-SEVERE ABD PAIN	Ross RN, Gwen	HARTMANN MD, KARL T		6/7 08:24 AM	3.4	Inpatient	Low (6)	Possibly Tomorrow	Not Ready	...
542 - D	56	SEVERE PANCREATITIS-CP/VOMITING-OER/IP ADMIT	Doty RN, Zachary	DOUGLASS MD, ALAN B		6/8 12:44 PM	3.2	Inpatient	Low (7)	Not Ready	Not Ready	...
558 - D	47	FEVER-101.1 FEVER-ER/ADMIT	Robichaud RN, Teresa	BALAZADEH MD, SETAREH L	Acute Kidney Injury	6/8 12:11 PM	2.6	Inpatient	Elevated (14)	Possibly Tomorrow	Not Ready	...
541 - D	67	RIGHT RENAL CELL CARCINOMA-RIGHT PARTIAL NEPHRECTOMY OPEN-NCO	Lutecki RN, Martha	MYER MD, EDWARD G		6/8 03:14 PM	2.1	Inpatient	Low (6)	Possibly Tomorrow	Not Ready	...
557 - D	80	PVD-RIGHT FEMORAL DISTAL BYPASS-EST CO PAID-**AUTH GOOD FOR 1DAY**	Lutecki RN, Martha	SAM MD, ALBERT D	*Beta.Protocol	6/8 02:07 PM	2.1	Inpatient	Low (10)	Possibly Tomorrow	Not Ready	...
545 - D	52	HYPOMAGNESEMIA/HYPOCALCEMIA/HYPERKAL PER TASK OCP TO IP-Potassium LEVEL IS LOW-ER/OCP	Ross RN, Gwen	ZACK MD, CATHY J		6/7 10:26 AM	1.8	Inpatient	Low (7)	Today/Tomorrow	Not Ready	...
549 - W	91	DISTAL TIBIA AND FIBULAR FX-OCP TO IP PER TASK LIST-FALL-MMCM/OCP ADMIT VIA AMBULANCE	Ross RN, Gwen	ZACK MD, CATHY J		6/8 12:09 PM	1.7	Inpatient	Low (5)	Possibly Tomorrow	Not Ready	...
550 - D	31	INTRACTABLE ABD PAIN-DIFF BREATHING-	Haynes RN, Amy	PARKER MD, JAMES MICHAEL			1.5	Observation!!	Low (2)	Possibly Tomorrow	Not Ready	...

# Drill Down Capability

Rm/Bed	Age	Visit Reason	Primary Nurse	Status	Readmit	DC Anticipation	DC Readiness	Notes		
651 - D	79	UTI-UTI?-ER/IP		Inpatient	Low (9)	Possibly Tomorrow	Almost Ready			
540 - D	59	SMALL BOWEL OBSTRUCTION-NV-ER/ADMIT		Inpatient	Elevated (11)	Not Ready	Almost Ready			
409 - D	79	-ANEMIA KIDNEY INFECTION		Inpatient	Elevated (13)	Not Ready	Almost Ready			
552 - D	57	ARF/DEHYDRATION-ABNORMAL LABS-OER/ADMIT IP	Haynes RN, Army	Inpatient	Elevated (15)	Possibly Tomorrow	Not Ready			
643 - D	39	APPENDICITIS-PER TASK IP FROM THE BEG-NAUSEA-OPS/OCP	Ross RN, Gwen	Inpatient	Low (7)	Possibly Tomorrow	Not Ready			
556 - D	51	ACUTE SIGMOID DIVERTICULITIS W/ABSCCESS-ABD PAIN-ER/ADMIT	Lutecki RN, Martha	Inpatient	Low (7)	Not Ready	Not Ready			
553 - D	64	PNEUMONIA-DIFF BREATHING-OER/IP	Haynes RN, Army	Inpatient	Elevated (12)	Not Ready	Not Ready			
540 - D	84	C DIFF COLITIS-NV/D-MMCS ADMIT	Doty RN, Zachary	Inpatient	Low (10)	Possibly Tomorrow	Almost Ready			
544 - D	55	SBO,HYPERTENSION,ABN EKG-MMCS ADMIT-SEVERE ABD PAIN	Ross RN, Gwen	Inpatient	Low (6)	Possibly Tomorrow	Not Ready			
542 - D	56	SEVERE PANCREATITIS-CP/VOMITING-OER/IP ADMIT	Doty RN, Zachary	Inpatient	Low (7)	Not Ready	Not Ready			
<b>558 - D</b>	<b>47</b>	<b>FEVER-101.1 FEVER-ER/ADMIT</b>	<b>Robichaud RN, Teresa</b>	<b>Inpatient</b>	<b>Elevated (14)</b>	<b>Possibly Tomorrow</b>	<b>Not Ready</b>			
541 - D	67	RIGHT RENAL CELL CARCINOMA-RIGHT PARTIAL NEPHRECTOMY OPEN-NCO	Lutecki RN, Martha	Inpatient	Low (6)	Possibly Tomorrow	Not Ready			
557 - D	80	PVD-RIGHT FEMORAL DISTAL BYPASS-EST CO PAID-**AUTH GOOD FOR 1DAY**	Lutecki RN, Martha	Inpatient	Low (10)	Possibly Tomorrow	Not Ready			
545 - D	52	HYPOMAGNESEMIA/HYPOCALCEMIA/HYPERKAL PER TASK OCP TO IP-Potassium LEVEL IS LOW-ER/OCP	Ross RN, Gwen	Inpatient	Low (7)	Today/Tomorrow	Not Ready			
549 - W	91	DISTAL TIBIA AND FIBULAR FX-OCP TO IP PER TASK LIST-FALL-MMCM/OCP ADMIT VIA AMBULANCE	Ross RN, Gwen	ZACK MD, CATHY J	6/8 12:09 PM	1.7	Inpatient	Low (5)	Possibly Tomorrow	Not Ready

Readmission Risk ✕

- 3 Acute Admission**
  - Acute Admit
  - Admit type is Inpatient
- 3 Length of Stay**
  - LOS 3 days
- 3 Connective Tissue Disorders**
  - Connective Tissue
- 2 Previous ED visits past 6 months**
  - 2 previous ED visits
- 2 Renal Disease**
  - Kidney Acute kidney failure and chronic kidney disease
- 1 Diabetes Mellitus w/o complications**
  - Diabetes Type 2 w/o complications
- Peptic Ulcer disease
- Mild Liver Disease
- Moderate/Severe Liver Disease
- Dementia in other diseases
- Lymphoma
- Leukemia
- COPD
- HIV
- Peripheral Vascular Disease



# Red / Yellow / Green Formatting

Rm/Bed	Age	Visit Reason	Primary Nurse	Admitting Physician	Conditions	Last Report	LOS	Status	Readmit	DC Anticipation	DC Readiness	Notes
651 - D	79	UTI-UTI?-ER/IP				2/1 11:49 AM	131	Inpatient	Low (9)	Possibly Tomorrow	Almost Ready	...
540 - D	59	SMALL BOWEL OBSTRUCTION-NV-ER/ADMIT				4/11 01:19 PM	127	Inpatient	Elevated (11)	Not Ready	Almost Ready	...
409 - D	79	-ANEMIA KIDNEY INFECTION				3/22 03:09 PM	91	Inpatient	Elevated (13)	Not Ready	Almost Ready	...
552 - D	57	ARF/DEHYDRATION-ABNORMAL LABS-OER/ADMIT IP	Haynes RN, Amy	ZACK MD, CATHY J	Acute Kidney Injury	6/6 02:59 PM	7.4	Inpatient	Elevated (15)	Possibly Tomorrow	Not Ready	...
543 - D	39	APPENDICITIS-PER TASK IP FROM THE BEG-NAUSEA-OPS/OCP	Ross RN, Gwen	PARKER MD, JAMES MICHAEL		6/5 09:20 AM	5.8	Inpatient	Low (7)	Possibly Tomorrow	Not Ready	...
556 - D	51	ACUTE SIGMOID DIVERTICULITIS W/ABSCESS-ABD PAIN-ER/ADMIT	Lutecki RN, Martha	ROSENER MD, STEPHANIE E	Acute Kidney Injury	6/8 12:37 PM	4.6	Inpatient	Low (7)	Not Ready	Not Ready	...
553 - D	64	PNEUMONIA-DIFF BREATHING-OER/IP	Haynes RN, Amy	OCHOLA-TINKER MD, LISA A		6/7 03:25 PM	4.3	Inpatient	Elevated (12)	Not Ready	Not Ready	...
540 - D	84	C DIFF COLITIS-NV/D-MMCS ADMIT	Doty RN, Zachary	MACHADO DO, JOHN D		6/8 12:41 PM	3.7	Inpatient	Low (10)	Possibly Tomorrow	Almost Ready	...
544 - D	55	SBO,HYPERTENSION,ABN EKG-MMCS ADMIT-SEVERE ABD PAIN	Ross RN, Gwen	HARTMANN MD, KARL T		6/7 08:24 AM	3.4	Inpatient	Low (6)	Possibly Tomorrow	Not Ready	...
542 - D	56	SEVERE PANCREATITIS-CP/VOMITING-OER/IP ADMIT	Doty RN, Zachary	DOUGLASS MD, ALAN B		6/8 12:44 PM	3.2	Inpatient	Low (7)	Not Ready	Not Ready	...
558 - D	47	FEVER-101.1 FEVER-ER/ADMIT	Robichaud RN, Teresa	BALAZADEH MD, SETAREH L	Acute Kidney Injury	6/8 12:11 PM	2.6	Inpatient	Elevated (14)	Possibly Tomorrow	Not Ready	...
541 - D	67	RIGHT RENAL CELL CARCINOMA-RIGHT PARTIAL NEPHRECTOMY OPEN-NCO	Lutecki RN, Martha	MYER MD, EDWARD G		6/8 03:14 PM	2.1	Inpatient	Low (6)	Possibly Tomorrow	Not Ready	...
557 - D	80	PVD-RIGHT FEMORAL DISTAL BYPASS-EST CO PAID-**AUTH GOOD FOR 1DAY**	Lutecki RN, Martha	SAM MD, ALBERT D	*Beta:Protocol	6/8 02:07 PM	2.1	Inpatient	Low (10)	Possibly Tomorrow	Not Ready	...
545 - D	52	HYPOMAGNESEMIA/HYPOCALCEMIA/HYPERKAL PER TASK OCP TO IP-Potassium LEVEL IS LOWER/OCP	Ross RN, Gwen	ZACK MD, CATHY J		6/7 10:26 AM	1.8	Inpatient	Low (7)	Today/Tomorrow	Not Ready	...
549 - W	91	DISTAL TIBIA AND FIBULAR FX-OCP TO IP PER TASK LIST-FALL-MMCM/OCP ADMIT VIA AMBULANCE	Ross RN, Gwen	ZACK MD, CATHY J		6/8 12:09 PM	1.7	Inpatient	Low (5)	Possibly Tomorrow	Not Ready	...
550 - D	31	INTRACTABLE ABD PAIN-DIFF BREATHING-FR/OCS -OCP EXI	Haynes RN, Amy	PARKER MD, JAMES MICHAEL			1.5	Observation!	Low (2)	Possibly Tomorrow	Not Ready	...

# Actionable

Patients for NORTH FIVE

Show 100 entries

Search:

Rm/Bed	Age	Visit Reason	Primary Nurse	Admitting Physician	Conditions	Last Report	LOS	Status	Readmit	DC Anticipation	DC Readiness	Notes
651 - D	79	UTI-UTI?-ER/IP				2/1 11:49 AM	131					...
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409 - D	79	-ANEMIA KIDNEY INFECTION				3/22 03:09 PM	91					...
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540 - D	84	C DIFF COLITIS-NV/D-MMCS ADMIT	Doty RN, Zachary	MACHADO DO, JOHN D		6/9 10:00 AM	3.7	Inpatient	Low (10)	Possibly Tomorrow	Almost Ready	...
544 - D	55	SBO,HYPERTENSION,ABN EKG-MMCS ADMIT-SEVERE ABD PAIN	Ross RN, Gwen	HARTMANN MD, KARL T		6/7 08:24 AM	3.4	Inpatient	Low (6)	Possibly Tomorrow	Not Ready	...
542 - D	56	SEVERE PANCREATITIS-CP/VOMITING-OER/IP ADMIT	Doty RN, Zachary	DOUGLASS MD, ALAN B		6/8 12:44 PM	3.2	Inpatient	Low (7)	Not Ready	Not Ready	...
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541 - D	67	RIGHT RENAL CELL CARCINOMA-RIGHT PARTIAL NEPHRECTOMY OPEN-NCO	Lutecki RN, Martha	MYER MD, EDWARD G		6/8 03:14 PM	2.1	Inpatient	Low (6)	Possibly Tomorrow	Not Ready	...

# Benefits

- Early Warning Analysis, HHUD and RADAR are within the EMR
- Clinicians do not have to learn or utilize a separate system
- HHUD can be customized for each care group / facility
- Clinical Protocols developed specifically for acute disease states

# Optimization Strategies to Enhance Physician Well-being and Alleviate EHR-related Burnout

**Shadi Hijjawi, MD, FACP, MBA, CHCQM**

**Chief Medical Information Officer**

**CaroMont Health**

**Gastonia, NC**



# CaroMont Health

Non-profit Organization  
435-Bed Tertiary Care Hospital  
Level 3 Trauma Center  
Free Standing ED/Urgent Care

50+ Physician Practices  
500 + Physicians & ACPs  
1,200 + Nurses

## Annual Visits

Admissions: 20,000+

ED Visits: 108,000+

Ambulatory/ OP visits: 817,000+





# Physician Burnout



**54%**  
of doctors  
say they are  
burned out.<sup>1</sup>



**88%**  
of doctors  
are moderately  
to severely stressed.<sup>2</sup>



**59%**  
of doctors  
wouldn't recommend  
a career in medicine  
to their children.<sup>3</sup>

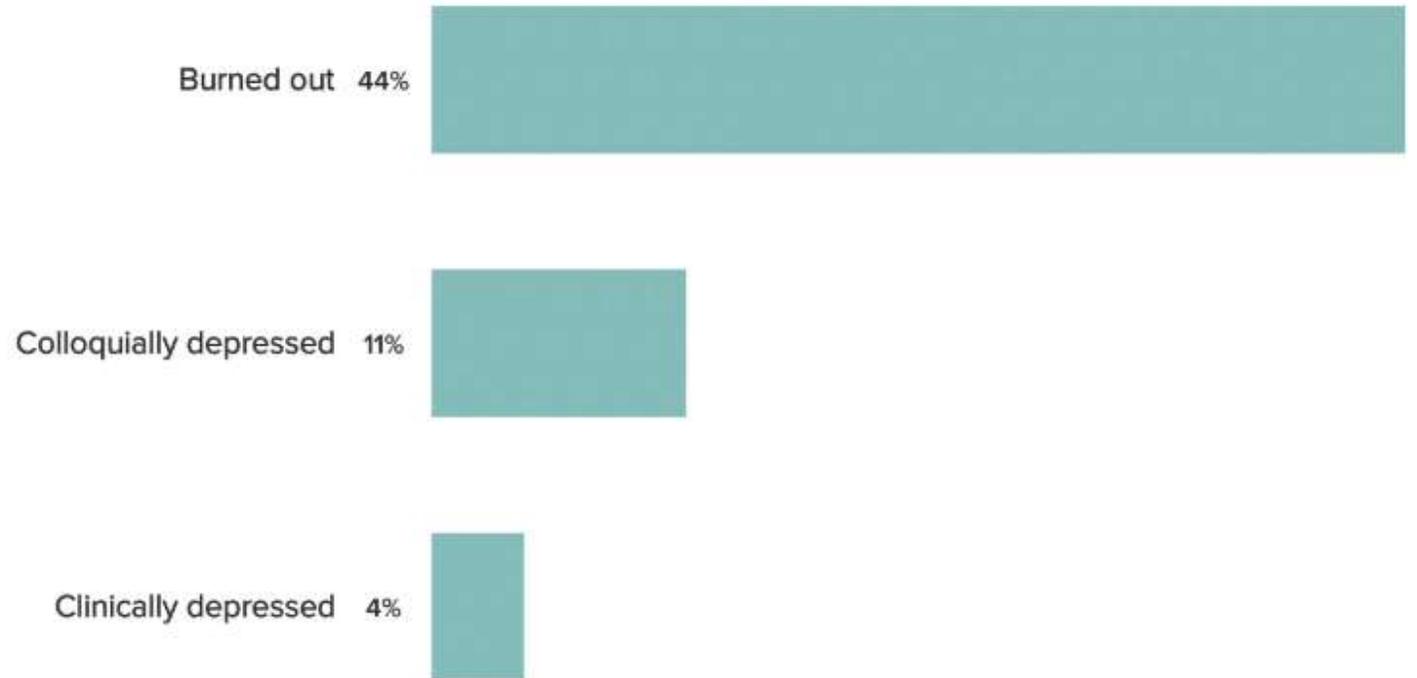
1. Mayo Clinic 2014.

2. VITAL WorkLife & Cejka Search Physician Stress and Burnout Survey 2015.

3. Jackson Healthcare; 2013 Physician Outlook and Practice Trends.

# Medscape Survey 2019

## Are Physicians Burned Out or Depressed?





# How much does it cost USA?

1. \$4.6 billion in costs related to physician turnover and reduced clinical hours is attributable to burnout each year in the United States.
2. At an organizational level, the annual economic cost associated with burnout related to turnover and reduced clinical hours is approximately \$7600 per employed physician each year.

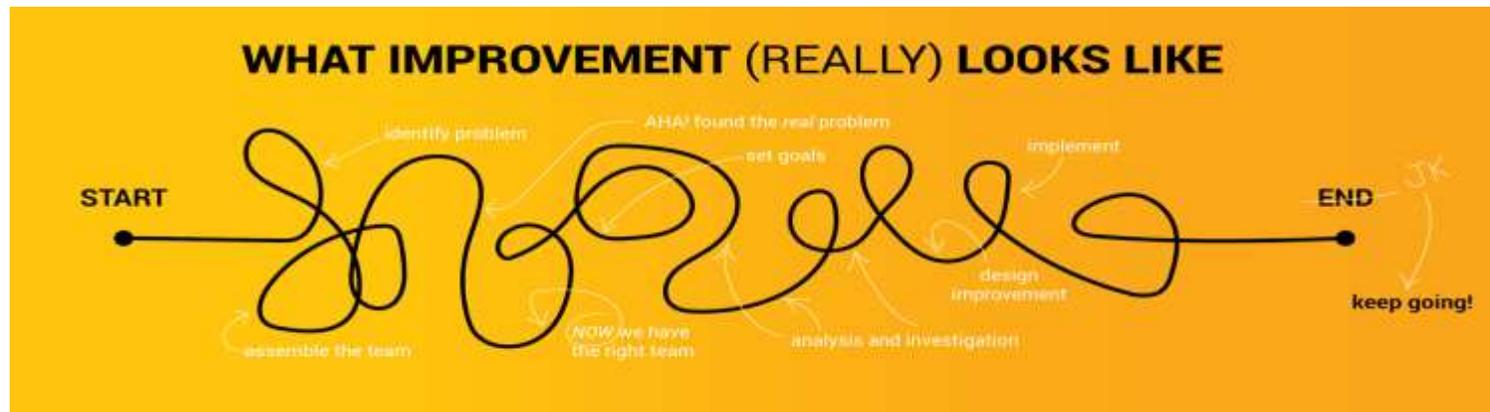
*Ann Intern Med.* 2019;170(11) :784-790.

# How to Tackle this?



# Optimization and Improvement Strategies

- Expert Help: Consultant Visit
- Leadership Planning
- Informatics Team Formation and Marketing
- Strategic Project: PEP
- Revamped training
- Outreach Programs



*Photo Credit: Univ. of Utah Health*

# How to do that?



Let us show YOU how WE CARE!

# Informatics Team

Mission: To Provide Exceptional Support to CaroMont Epic Users

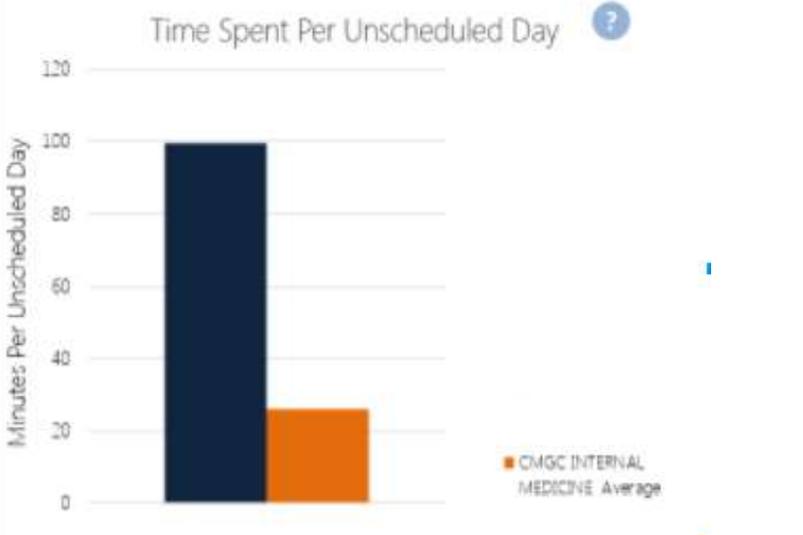
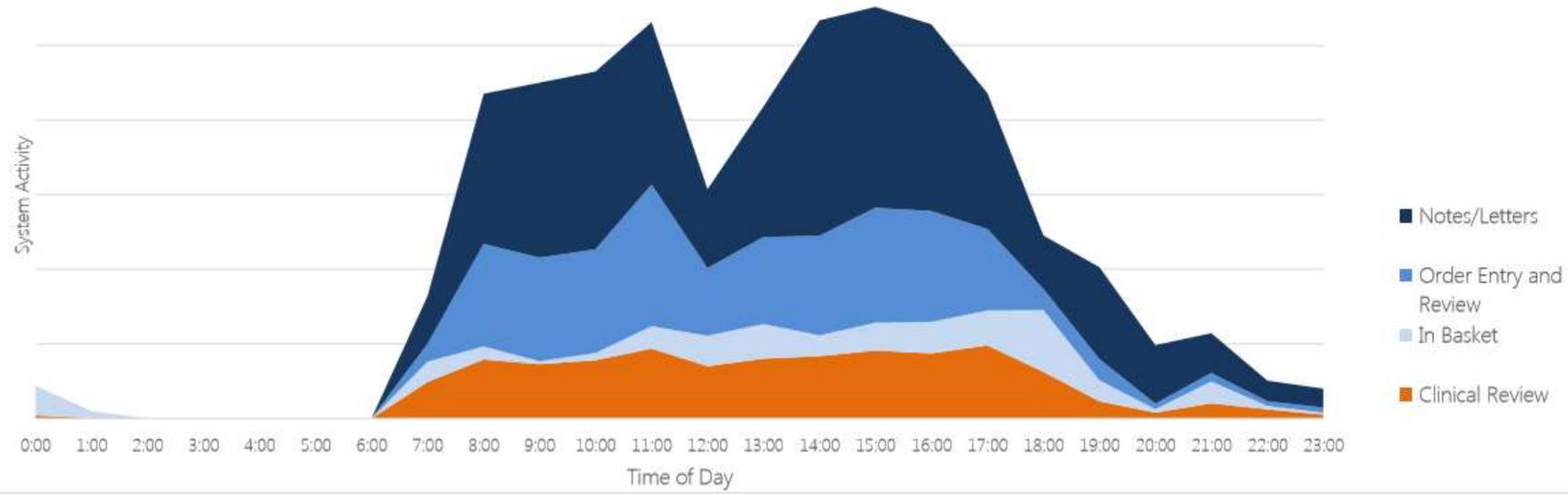
Vision: To be CaroMont's Trusted Champions for Epic Users

CaroMont's CARES Values

**Compassion** **Accountability** **Reliability** **Excellence** **Safety**



# Data Analytics: PEP and Signal of *Epic*



# Data Collection



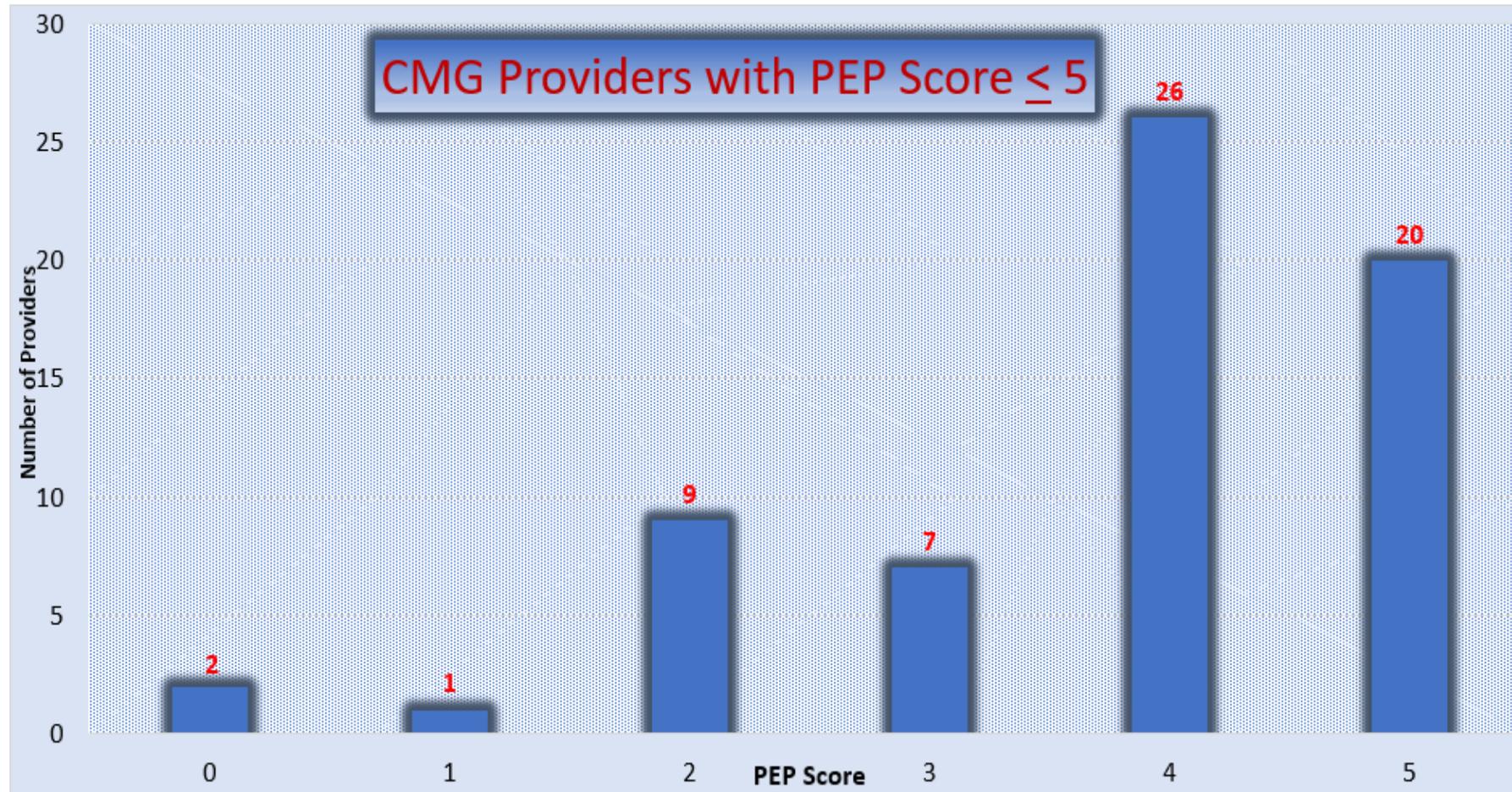


# Optimization Project FY17/18

---

- Intervention designed for some *Ambulatory* providers
- Used PEP data
- A 16-week plan designed after feedback from providers
- Main Objective is to address Providers' Burnout

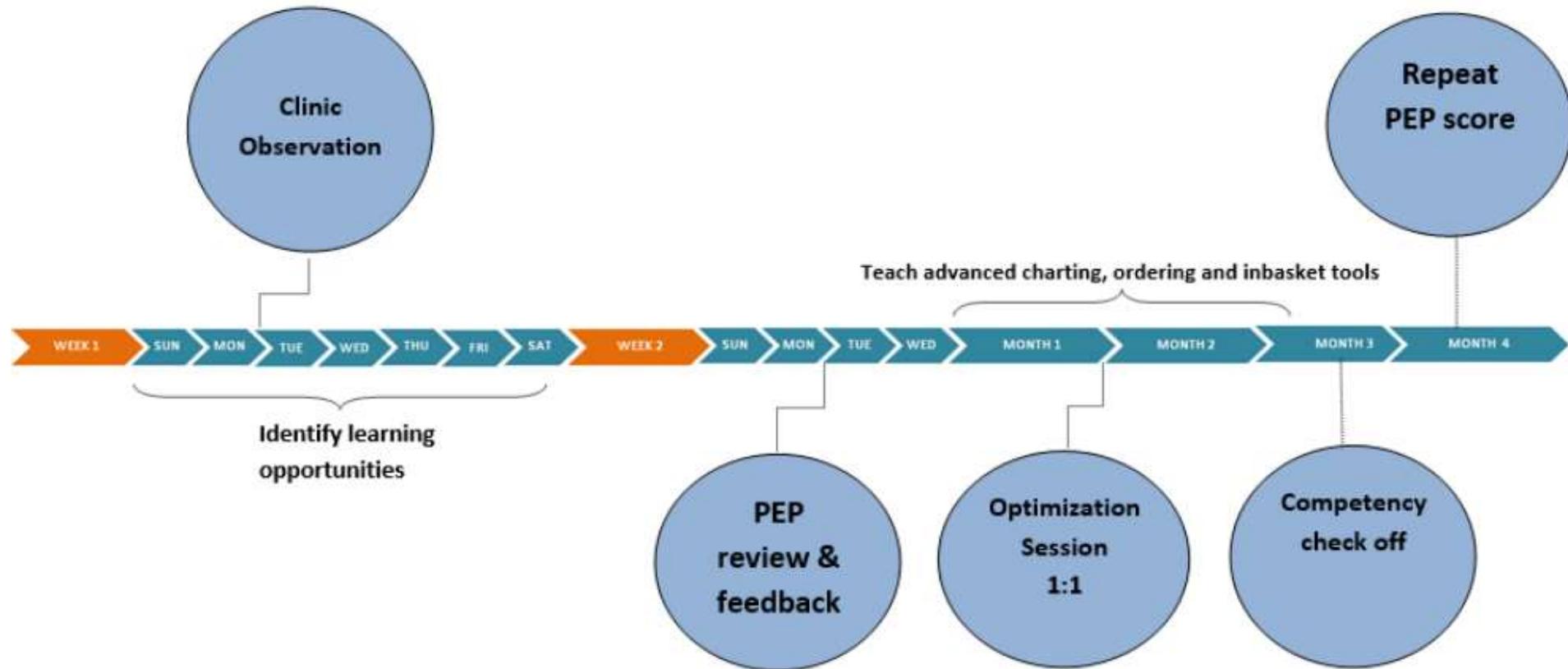
## Enrollment: Providers with PEP < 5



Total 65

# Intervention Plan

## Current Timeline



# Results

- Finished > 350 1:1 sessions
- More than 500 hrs. of 1:1 training
- Filled PRE and POST training intervention Surveys
- Response Rate **74%** on the PRE, and **65%** on the POST
- Completed training 57 providers (19 ACPs, and 38 Physicians)

# Subjective Data (Survey)

Burnout was reduced in > 70% after optimization

## Outcomes After Undergoing Optimization (n=32) out of 57 (56%)

Feeling MORE confident in proficiency to use Epic effectively	97%
Agreed for needing more optimization	84%
ALLEVIATED work-related burnout *	(See footnote)
Using epic functions more appropriate	97%
<b>Significant improvement in efficiency in the following:</b>	
Finding information and reviewing chart	84%
Office visit, consult & procedure note templates	88%
Documenting problem lists	72%
Ordering medications, labs, imaging, referrals	78%
Health Maintenance, Dashboard and Quality measures documentation	75%
InBasket workflows such as Results, MyChart, Refill requests	88%
<i>* 34% had no burnout, &gt; 71.4% of the remaining had alleviated burnout</i>	

# Objective Outcomes

Follow up PEP data after intervention – 52 providers

	Increased > 1	Overall Increase
Efficiency (PEP)	25%	56%
Proficiency	44%	69%

# Efficiency and Proficiency Average Scores

	Efficiency	Proficiency
Pre Optimization	3.7	6.0
Post Optimization	3.9	7.0
Change	0.2* or 5.0% improvement	1.00* or 16.0% improvement

- *p*-Value 0.13

- *p*-Value 0.000022

# Minutes

Average minutes spent by each provider per patient / encounter in main chart sections

	Clinical Review	Ordering	Notes/Letters	Total
Pre Optimization	3.01	3.67	6.85	13.53
Post Optimization	2.75	3.56	5.96	12.27
Change per Encounter	0.26	0.11	0.89	<b>1.26 saved minutes per encounter*</b>

\*On average, if the provider sees 20 patients a day, he\she can save **25** minutes in the EMR per day.

→ This is at least 84 hours less in the EMR per **year** per provider

→ That is more than 2 weeks of less work per **year** per provider

## Days of Working Late (after 5 pm)

	Avg. days of late activity per provider <sup>^</sup>
Pre Optimization	9.8 days
Post Optimization	5.2 days
Change per provider	4.6* days

<sup>^</sup>during monitoring period ~ 3 wks

- \* $p$ - value =3.32E-08 (0.0000000332)
- On average, each provider reduced his\her days of working late by **half** after optimization !!

# Provider Outreach Programs

- Clinic Rounding
- 1:1 sessions
- Epic Thursdays
- Workflow analysis



## Coordinating with different Teams

- Analysts
- Coders
- Quality
- Leadership



A word cloud on a dark blue background. The central and largest word is 'ENGAGEMENT' in white. Other prominent words include 'PLANNING' (yellow), 'DELIVERY' (green), 'LEADERSHIP' (green), 'COMMUNICATION' (light blue), and 'VISION' (blue). Smaller words include 'PERSEVERANCE', 'CMIO', 'SENIOR LEADERSHIP', 'OUTREACH', 'OPTIMIZATIN', 'FEEDBACK', 'STRATEGY', 'TEAM', 'PHYSICIANS', 'WELLBEING', 'BURNOUT', 'EMR', 'IMPROVEMENTS', 'INFORMATICIST', 'COMMITTEES', 'MEETINGS', 'PERFORMANCE', and 'IDEAS'. The words are arranged in various orientations and colors.

EMR  
BURNOUT  
WELLBEING  
PHYSICIANS  
PLANNING  
FEEDBACK  
STRATEGY  
TEAM  
OUTREACH  
OPTIMIZATIN  
PERSEVERANCE  
DELIVERY  
SENIOR LEADERSHIP  
CMIO  
ENGAGEMENT  
COMMUNICATION  
VISION  
IMPROVEMENTS  
INFORMATICIST  
COMMITTEES  
MEETINGS  
LEADERSHIP  
PERFORMANCE  
IDEAS



Are You Ready?

# Thank you !



Shadi Hijjawi, MD, FACP, CHCQM, MBA  
CMIO, CaroMont Health  
***Shadi.Hijjawi@CaroMontHealth.org***



# The Diseases of Clinical Informatics

PRESENTED BY:

JAKE LANCASTER, MD, MSHA, MSACI

CMIO WEST TENNESSEE HEALTHCARE

# Problem Statement

- ▶ Clinical Informatics is a recognized clinical subspecialty of medicine but lacks many key features of other specialties including procedures, billing codes, diagnostic tests...
- ▶ Diseases

# What is Clinical Informatics?

- ▶ The diagnosis and treatment of diseases related to information systems

# CC: “I’m spending too much time in the chart”

- ▶ History: I’ve been using this thing for years but I am still can’t see as many patients as I did on paper. I spend my nights finishing notes
- ▶ Physical: Hunt and peck method of typing, no saved favorites, frequent jumping between screens
- ▶ Workup: EHR provider efficiency report shows doc spends 20 more minutes per patient than peers in same specialty. Bulk of time documenting and in orders

# Diagnosis: Diabetes informatio

- ▶ Plan: Setup with auto text and order favorites. Setup with voice recognition transcription software.
- ▶ Check progress in 3 months.
- ▶ If no improvement consider Scribe

# CC: “The notes don’t make sense anymore”

- ▶ History: Since going live with the new EHR, the notes have become progressively longer and you can no longer find any of the info you need.
- ▶ Physical: Audit of multiple notes from different providers shows overuse of copy forward as well as long autotext and other templates.
- ▶ Workup: Additional testing shows length of notes has doubled over past 8 years

# Malignant documentation informationoma (Note Bloat)

- ▶ Plan:
  - ▶ Develop standards for what should and should not be included in notes by med staff and HIM
  - ▶ Educate about legal impact of having erroneous info in notes
  - ▶ Encourage movement to workflow pages (reduces note bloat)
  - ▶ Turn off copy forward

# CC: I can't get through an admission without 4-5 pop-up alerts

- ▶ History: Every time time admit orders are placed, multiple alerts display for lab duplicates, imaging duplicates, drug-drug interactions, and drug allergies
- ▶ Physical: Able to reproduce some of the alerts on a test patient including one for duplicate CBCs though ordered a day apart
- ▶ Workup: Report is run on alerts that are fired the most and have very high override rates.

# Status Informaticus

- ▶ Plan:
  - ▶ Form best practices alerts group to review and streamline existing and incoming alerts
  - ▶ Explore new features for suppressing redundant alerts in an encounter
  - ▶ Offload some alerts to passive alerts
  - ▶ Change culture of solving every problem with an alert

# CC: My computer is asking me to send it bitcoin

- ▶ History: Physician opened a link in an email from Jeff Bezos that asked if he wanted to be the new CMO of Amazon Health
- ▶ Physical: All files are frozen on his computer and pop-up box with count down timer has instructions for how to deposit the bitcoin
- ▶ Workup: Security assessment shows that threat is local to that machine only. All local files are either backed up or disposable

# iBola Virus

- ▶ Plan:
  - ▶ Quarantine computer and remove from network
  - ▶ Restore and recover files
  - ▶ Continue to educate staff to not open emails from untrusted third parties
  - ▶ Yearly security assessments

# CC: Everyone needs to switch from using notes to the workflow pages

- ▶ History: EHR vendor is recommending that clients move to using the workflow pages instead of the commonly used notes page. They will only be adding new features to the workflow pages and plan to retire the notes page.
- ▶ Physical: Most of current physicians on notes page. Some of the new workflows note optimized for the organization's current physicians. Mood of physicians not very receptive to the change
- ▶ Workup: Workflow pages may save a minute or two per patient. Numerous hurdles to overcome.

# Informatiolithiasis

- ▶ Plan:
  - ▶ Optimize workflow page environment
  - ▶ Let transition occur as naturally as possible
  - ▶ If adoption halts or retirement date announced then bring on support for emergent conversion



Questions?

[Jake.Lancaster@wth.org](mailto:Jake.Lancaster@wth.org)

# AMDIS TED TALKS - 2019

- The Killing Paradox
  - Jason Schaffer, MD, MBI, FACEP
- Habits of Highly Effective Alerts
  - Emily C. Webber, MD FAAP FAMIA
- Beyond Secure Messaging
  - Jason Schaffer, MD, MBI, FACEP

# The Killing Paradox

Electronic Health Records, Clinician Burnout, and  
the Paradox of Choice

Jason Schaffer, MD, MBI, FACEP



Indiana University Health

## Success Metrics

- Documentation and total EHR time has fallen dramatically
- Governance time from request to decision has decreased by months
- Performance metrics have been improved from worst in the world to best-in-class
- Alerts and rules have been decreased by 80%
- Physician burnout has dropped by over 30% (measured by the Mayo Clinician Wellness Index)
- Patient quality and safety metrics have all improved (as measured by Vizient)



# Habits of Highly Effective Alerts

Emily C. Webber, MD FAAP FAMIA

AMDIS Physician Computer-Connection Symposium

June 2019



Indiana University Health

May 28, 2019, 08:00am | Views: 7,902

# Electronic Health Records Are Broken



U.S. Department of Health and Human Services



Agency for Healthcare Research and Quality  
Advancing Excellence in Health Care

Although there are few studies that quantify adverse events related to alert fatigue, this phenomenon has been implicated as a significant cause in several high-profile errors. A 2011 [Boston Globe investigation](#) identified more than 200 deaths over a 5-year period attributable to failure to appropriately heed alarms from physiologic monitoring systems. A recent [book](#) by a prominent patient safety leader details how a hospitalized teenager received a 38-fold overdose of an antibiotic, in large part because the ordering physician had been advised by colleagues to "just ignore the alerts."

ANNALS OF MEDICINE

## WHY DOCTORS HATE THEIR COMPUTERS

*Digitization promises to make medical care easier and more efficient. But are screens coming between doctors and patients?*

By Atul Gawande November 5, 2018

Study Published December 2013

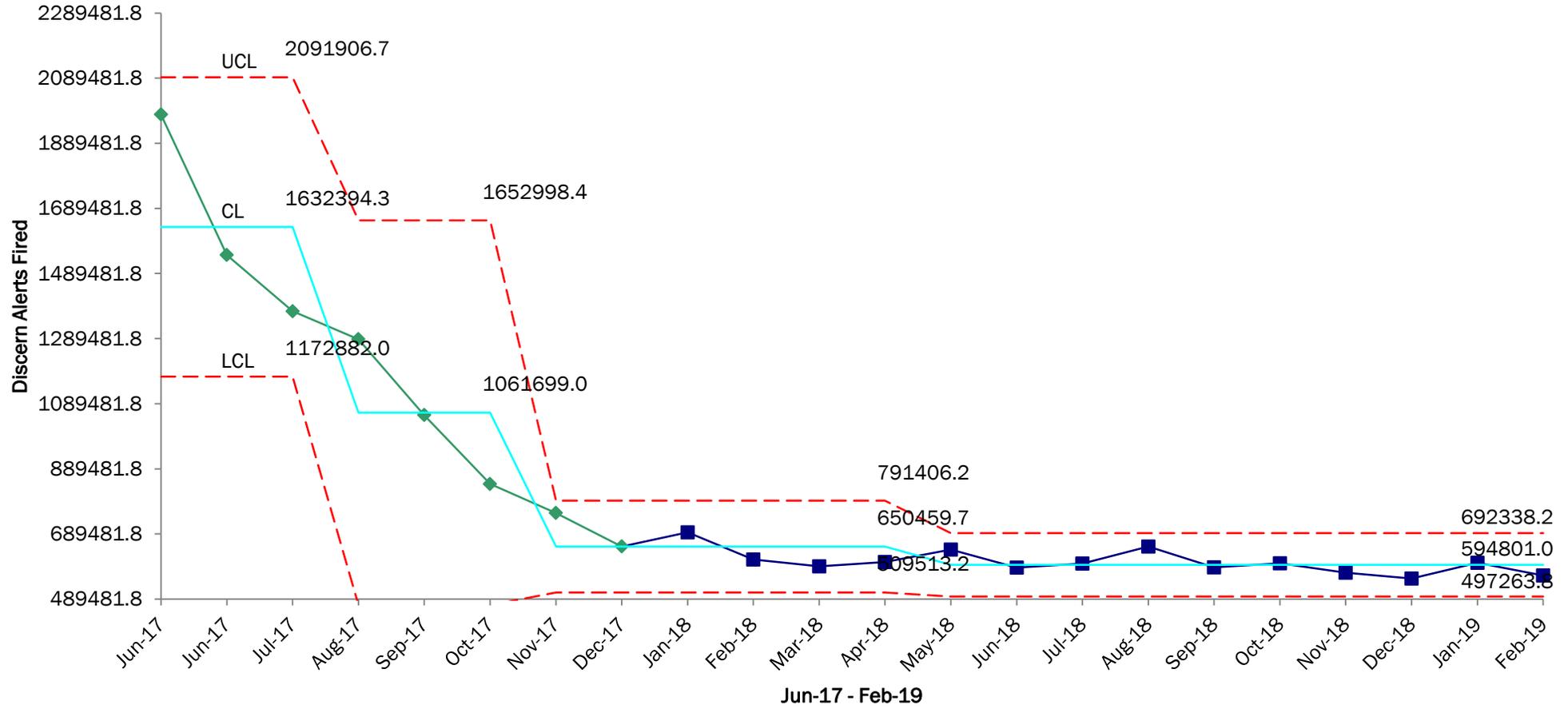
Are we heeding the warning signs? Examining providers' overrides of computerized drug–drug interaction alerts in primary care.

## “Exnovation” and “The Purge”

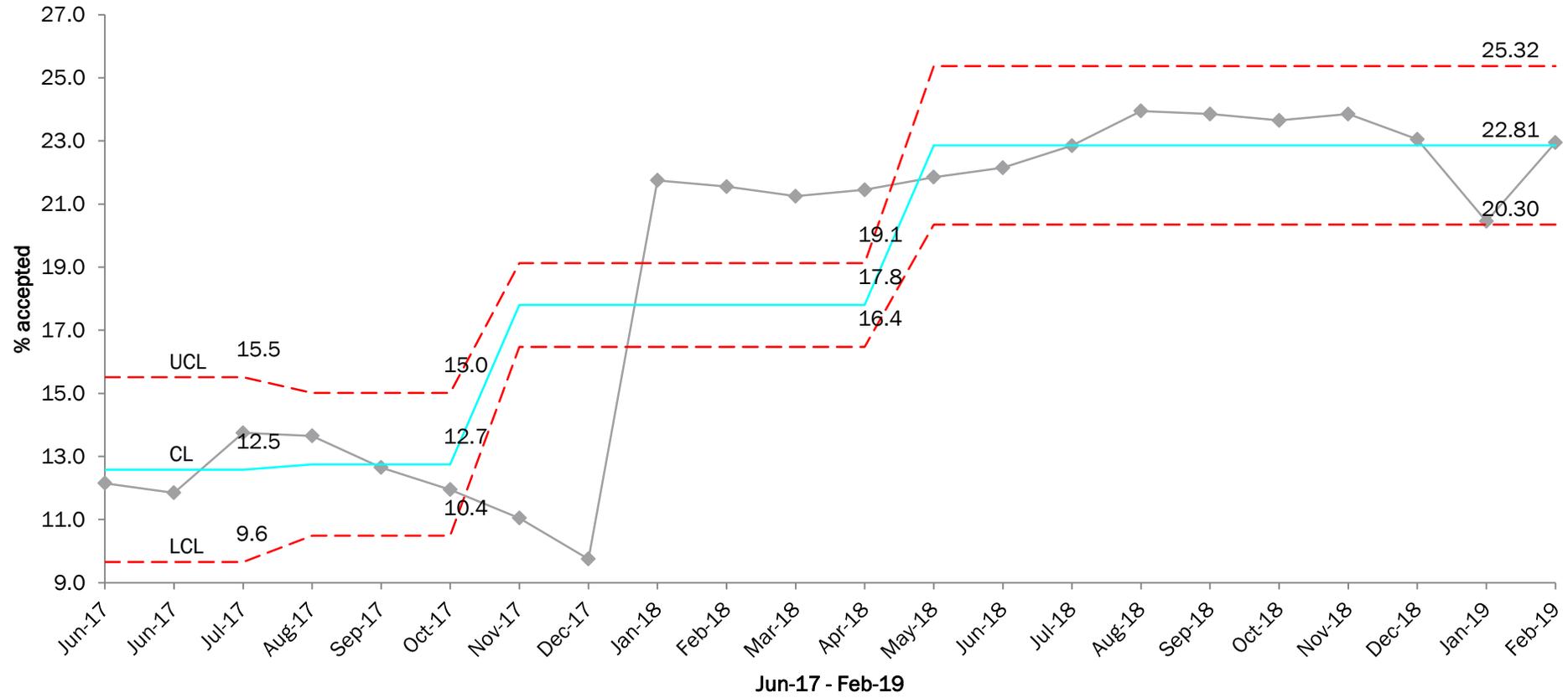
- Exnovation
  - An opposite of [innovation](#)
  - Occurs when products and processes that have been tested and confirmed to be best-in-class are [standardized](#) to ensure that they are not innovated further
- Does this work?
- Do you need a new solution?
- Did you sunset the thing you replaced?



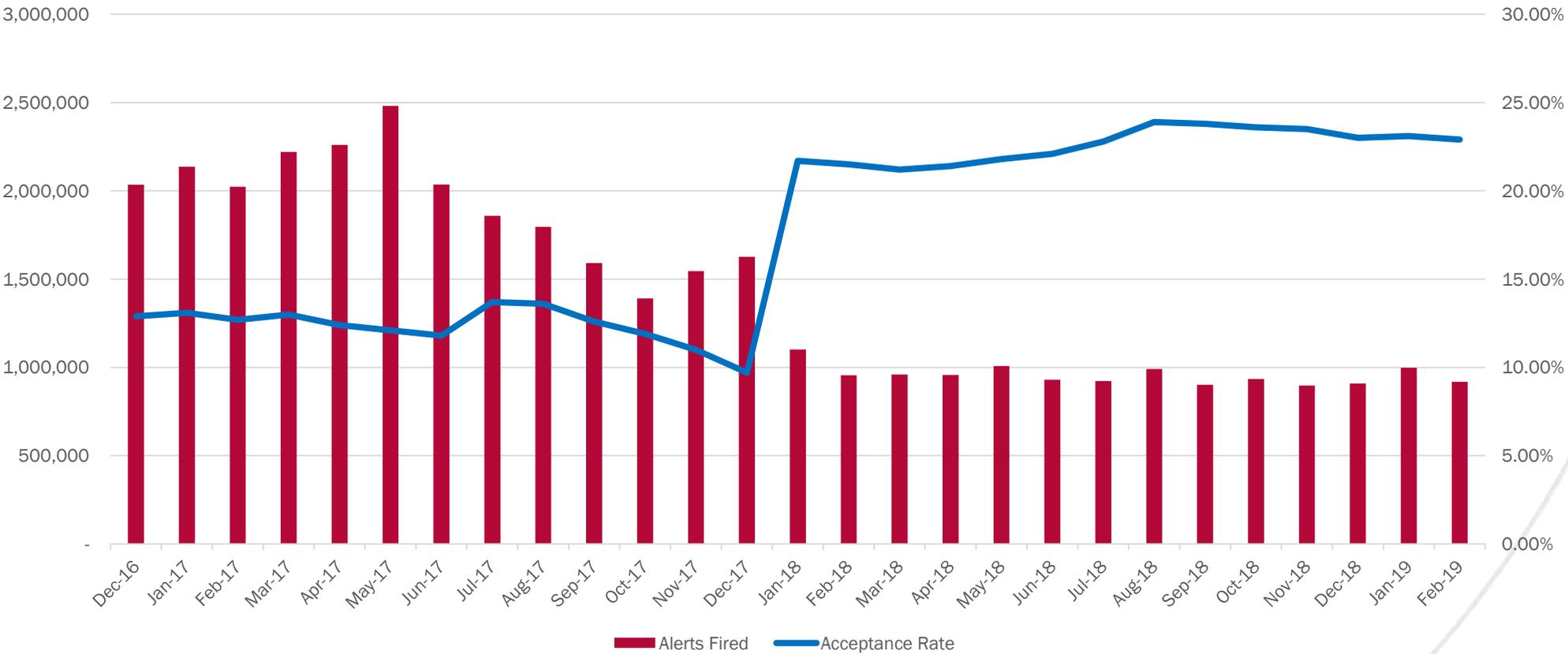
## Discern Alerts Fired - X Chart



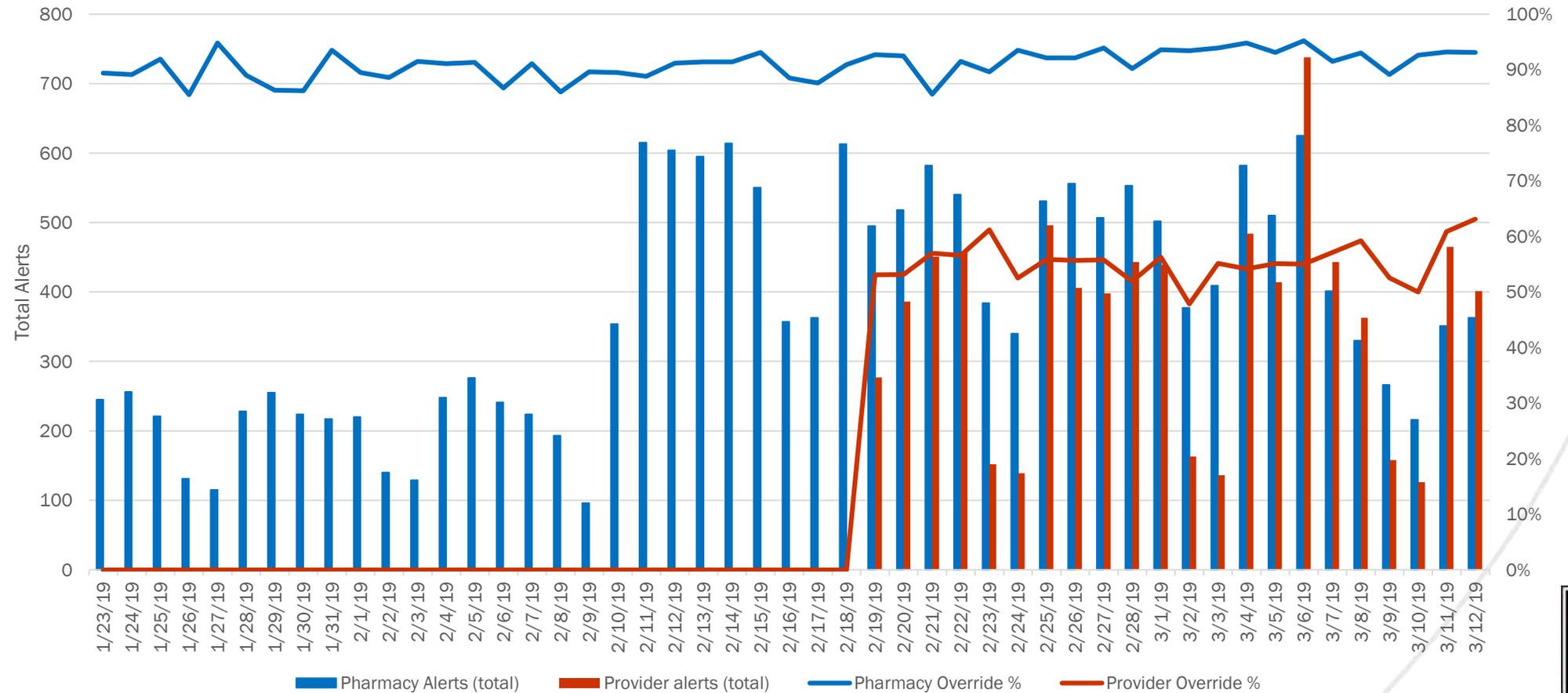
### % Alerts accepted - X Chart



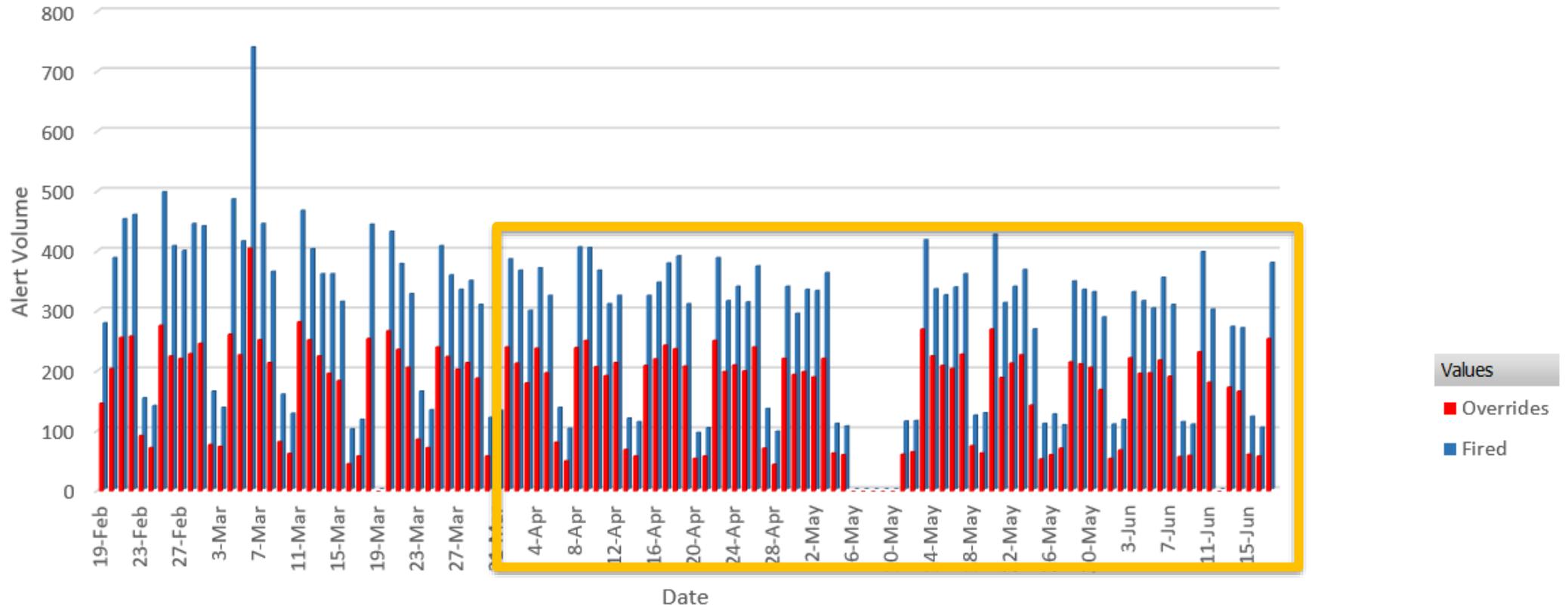
# Alert acceptance



# Pharmacy and provider acceptance of DRC



# DRC Alert Volume



## Key Drivers of Success

- Disciplined approach to intent
- Clinical entrenchment
  
- Agile removal and curation
  - Alert SWAT team: average 72 business hours





## References

1. [Saiyed SM](#) et al. Optimizing drug-dose alerts using commercial software throughout an integrated health care system. [J Am Med Inform Assoc.](#) 2017 Nov 1;24(6):1149-1154. doi: 10.1093/jamia/ocx031.
2. Institute for Safe Medication Practices (ISMP). High alert medication assessment. <https://www.ismp.org/assessments/high-alert-medications>
3. [Sirajuddin AM](#) et al, *Implementation pearls from a new guidebook on improving medication use and outcomes with clinical decision support. Effective CDS is essential for addressing healthcare performance improvement imperatives.* [J Healthc Inf Manag.](#) 2009 Fall;23(4):38-45.j



# Beyond Secure Messaging

Health Care Communication for a new Age

Jason Schaffer, MD, MBI, FACEP



Indiana University Health

diagnotes

CT -14114 Codi Thomas  
Codi Thomas

Christopher Atkinson, MD

# Downtown Hospital

# Downtown Hospitalist

Infection Control

JL-14112 Jude Lennon  
Jude Lennon

# NS-14113 Nicki Steele  
Nicki Steele

Scott Gruber, MD, Henry G...

TS-14111 Tyler Smith  
Tyler Smith

Vickie Howard, MD, Jane ...

# NS-14113 Nicki Steele

Kyle Riegler, MD added Heather Scott, MA

KR Kyle Riegler, MD 3:23pm  
@Heather Scott, MA  
Jason Schaffer is requesting a Consult to Hospitalist  
Order: 18620625017  
Steele, Nicki (F)  
DOB: 1964/07/23  
MRN: 14113  
FIN: 14113  
Facility: MH  
Nurse Location: EMER  
Room Number: M037  
Reason: CHF ex, AKI  
Order Comments: rm 37 reg bed 2-1172

Heather Scott, MA added Michael Brewer, MD

Heather Scott, MA added Willie Belt, MD

Heather Scott, MA added Josef Streepy, MD

HS Heather Scott, MA 3:28pm  
@channel Please accept patient to be staffed.

JS Josef Streepy, MD 3:36pm  
@Josef Streepy, MD on my way to see the patient.

KR Kyle Riegler, MD 3:41pm  
Thank you

Options

Patient of Record

Nicki Steele  
ID: 14113  
DOB: 7-23-1964  
F  
Age: 54

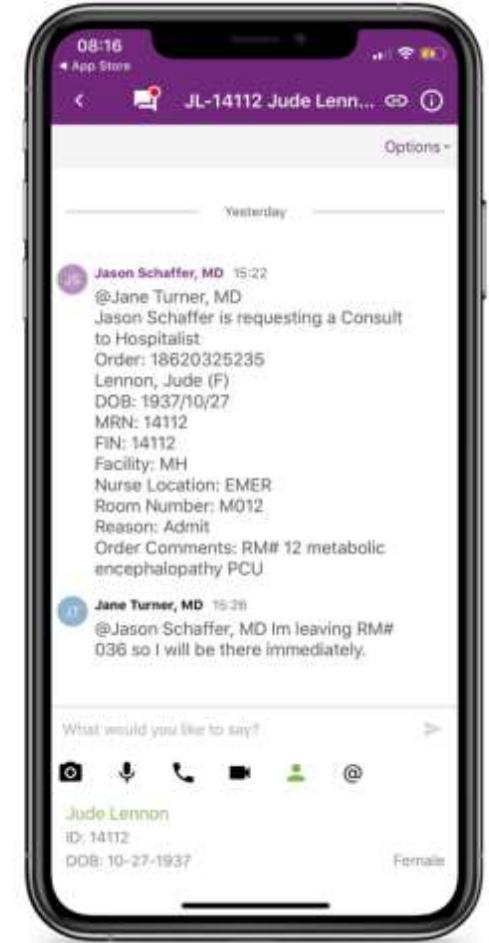
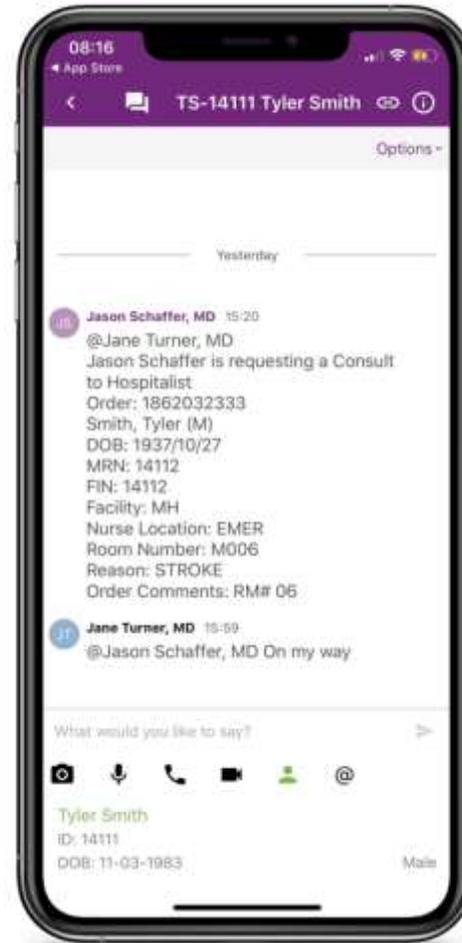
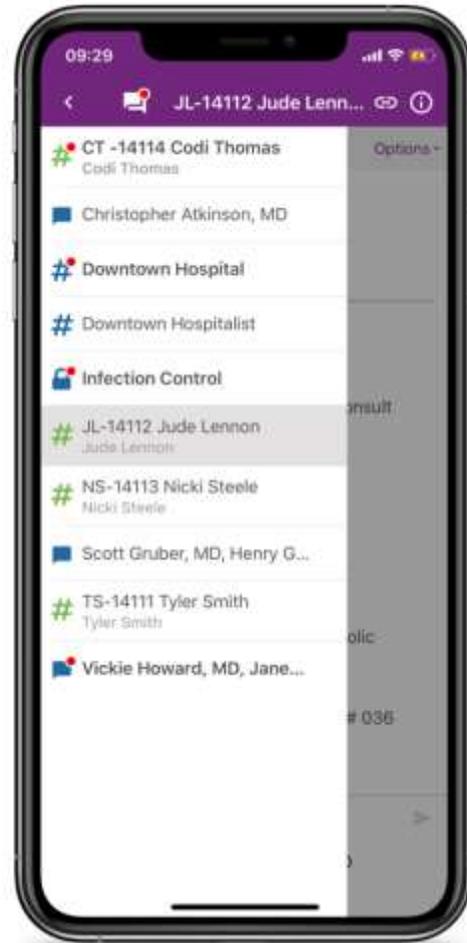
Providers and Other

Linked Channels

# Downtown Hospital

# Downtown Hospitalist

+ What would you like to say?



# AMDIS TED TALKS – 2019

## CLINICAL FELLOWS EDITION

- CMIO 3.0
  - Monique Diaz M.D.
- Digital Phenotyping
  - John Zulueta, MD



# CMIO 3.0

MONIQUE DIAZ M.D.

UNIVERSITY OF ILLINOIS HOSPITAL AND HEALTH SCIENCES SYSTEM

CHICAGO, IL

## The Rise of the Second-Generation CMIO

Physician leaders shift to more strategic uses of data

December 1, 2014 by David Raths

In arranging interviews with health IT leaders this year, I have noticed a profusion of new titles, such as chief health information officer, medical director of informatics, and chief innovation officer. Hillary Ross, a consultant for the executive search firm Witt/Kieffer, who specializes in recruiting chief medical information officers and other senior-level IT executives, believes these new titles are part of a wave she calls “second-generation CMIOs.”

“The first-generation CMIO was a change agent, an implementer,” she said. That person did the operational heavy lifting with creating order sets, engaging physicians in new systems, and overseeing training and education. “This next generation is more strategic and visionary,” she said. They are searching for the type of initiatives to leverage the healthcare system’s investment in EHRs, focused on population health, improving patient safety and care and lowering costs.

Some first-generation CMIOs will make the transition to the second generation, while others



**Hillary Ross,  
Witt/Kieffer**

And although health systems such as UPMC focus energy on commercializing innovations developed internally, Ross said often the innovation focus in a job title refers to physicians bringing new technologies, such as telemedicine, smartphones, and smart pump technology, to the organization and integrating them with existing technologies.

One change she has noted is in reporting structures. When EHRs were first being implemented, the CMIO typically reported to the CIO,

Ross said. “Now that the lion’s share of initial EHR implementation work is done, and the focus is on optimizing their use, we are seeing a definite shift in their reporting to the chief medical officer.”

CMIOs with the skills to focus on data and analytics are very much in demand, she said. “It is critical that you have the skill set but also the personal skills. You can be the most educated person in the world, but if you don’t have a personal style that is a good fit with the organization you won’t be successful.” Personal style was important for first-generation CMIOs, she said, and

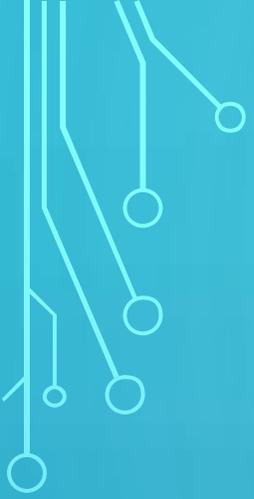
# CMIO 3.0: THE GIST

CMIO 1<sup>st</sup> Generation + CMIO 2<sup>nd</sup>  
Generation

**SURE**

CMIO 3.0: THE GIST

**CMIO 3.0 TRUE  
WHERE IQ = EQ**



# CMIO 3.0 CHARACTERISTICS

A Team-builder and  
(Interdisciplinary) Team Player



HBR.ORG

# Harvard Business Review



OCTOBER 2013  
REPRINT R1310B

**THE BIG IDEA**

## The Strategy That Will Fix Health Care

**Providers must lead the way in making value  
the overarching goal** by *Michael E. Porter  
and Thomas H. Lee*

## Longitudinal Look-Stroke Dashboard

	 <b>Precipitating Event</b>	 <b>ER</b>	 <b>Acute Hospital Admit (OT Eval.)</b>	 <b>Acute Rehab Admit</b>	 <b>Home After 90 Days</b>	 <b>Home After 6 months</b>
<b>Prompt</b>		5B Right arm motor drift	Not applicable			
<b>Response</b>		+3 No effort against gravity	2. 'A lot' (patient requires maximum moderate assistance)			
<b>Scoring System</b>		NIHSS	JHU AM-PAC			

# INTERDISCIPLINARY TEAM MEMBERS & CONTRIBUTORS

<b>Neurology &amp; Rehab Residents</b>	<b>Neurology &amp; Rehab Attendings</b>	<b>Nurses</b>
Researchers	Data Scientists	Medical Librarians
Bio-visual designers	Stroke Survivors	Family Members



# CMIO 3.0 CHARACTERISTICS

Designer

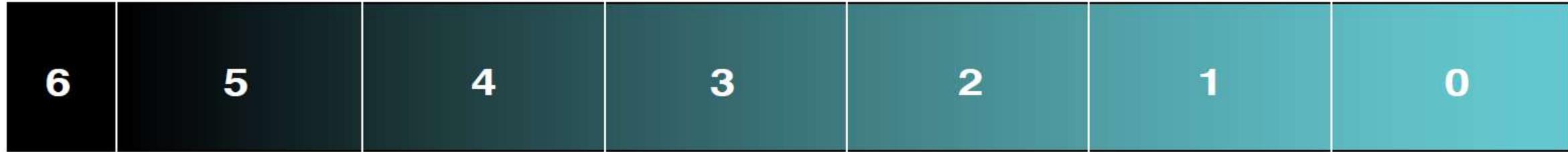
(kinda)



# 90 Day Post-Stroke mRankin Score (Q2)

Average disability score: 2.3

Total cases: 64



Total patients per score

2

7

8

6

14

21

6



# CMIO 3.0 CHARACTERISTICS

Strategic Partner



MARC HARRISON PRESIDENT AND CEO AT  
INTERMOUNTAIN HEALTHCARE  
BECKER'S HOSPITAL REVIEW MEETING APRIL 2<sup>ND</sup> 2019



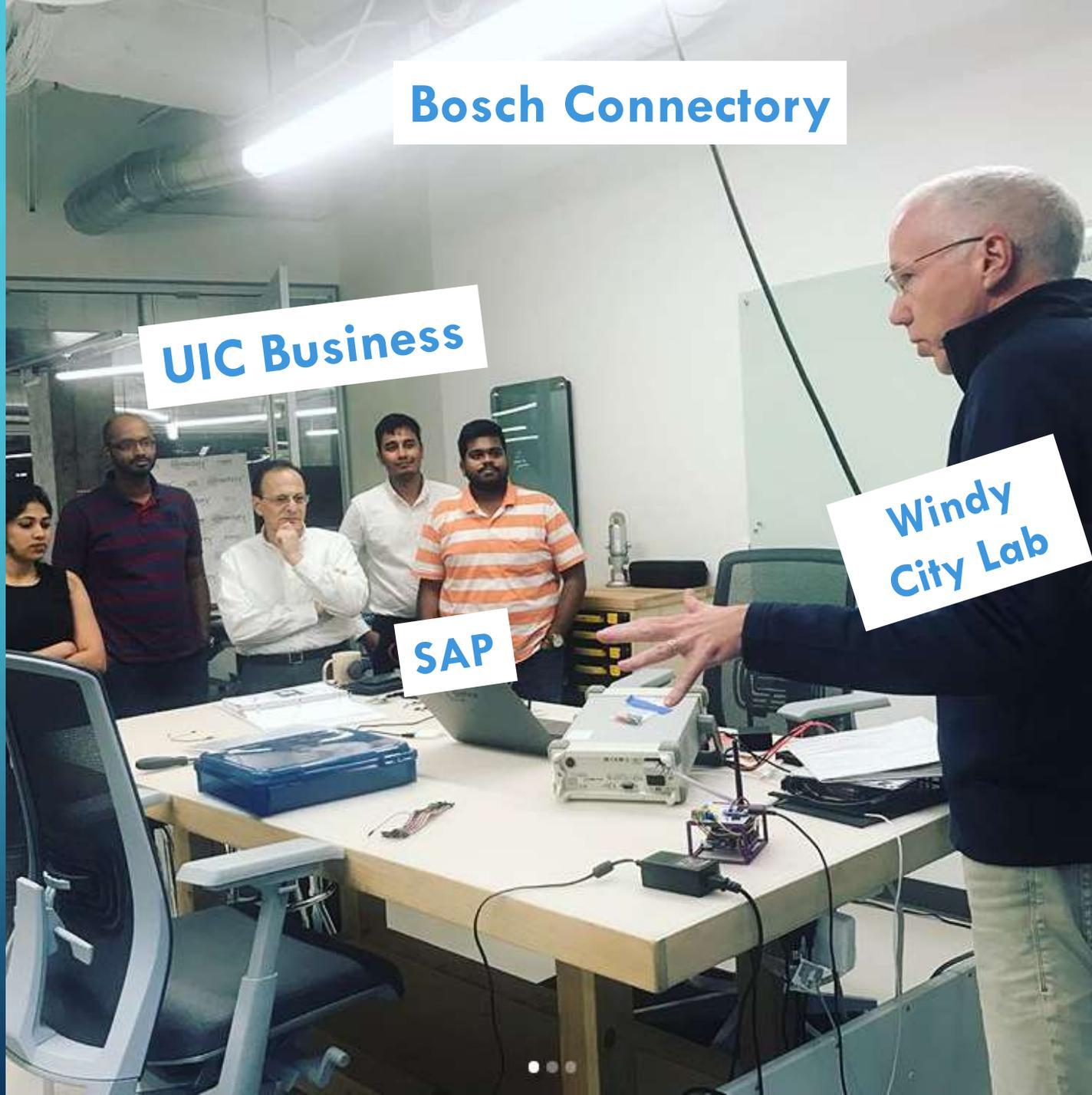
“The answer will not be mergers, it will be creative and strategic partnerships. Partnerships you would have never imagined just a few years ago.”

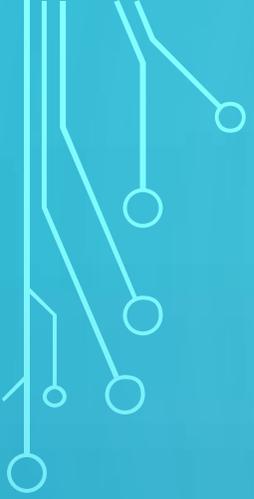
# Bosch Connectory

UIC Business

Windy  
City Lab

SAP





# CMIO 3.0 CHARACTERISTICS

Culturally Competent



## PATIENT TYPE

Stroke Type  
PGD  
Family History  
PMH  
Insurance  
Demographics  
Social History

## HOSPITAL COURSE

Interventions  
Complications  
Medications  
Rehab Specifics  
Time Points  
Scales & Scores

## RESULTS

Genetics  
Labs  
Pathology  
Imaging  
Vitals

## INITIAL PRESENTATION

PE Findings  
Labs  
Imaging  
Time Points  
Stroke Types  
Vitals  
Medications  
Scales & Scores  
Patient Medical History  
Family History  
Insurance  
Social History  
Demographics

## DISCHARGE PRESENTATION

PE Findings  
Labs  
Imaging  
Time Points  
Stroke Types  
Vitals  
Medications  
Scales & Scores  
Insurance

## FOLLOW UP

Scales & Scores  
PRO  
PE Findings  
Rehabilitation-Specific  
Labs  
Imaging  
Vitals

# Novant Health- *Analysis and Insight*

## Discharge Disposition

Overutilization of Skilled Nursing Facility  
Underutilization of Hospice

## Lapse in Days

0-7 days in surgical population  
Varied by medical condition

## Reason for Readmission

50% were related to the medical reason of the index  
Complications from surgery

## Readmission Facility [Novant/Non-Novant]

80% were Novant

## Health Equity

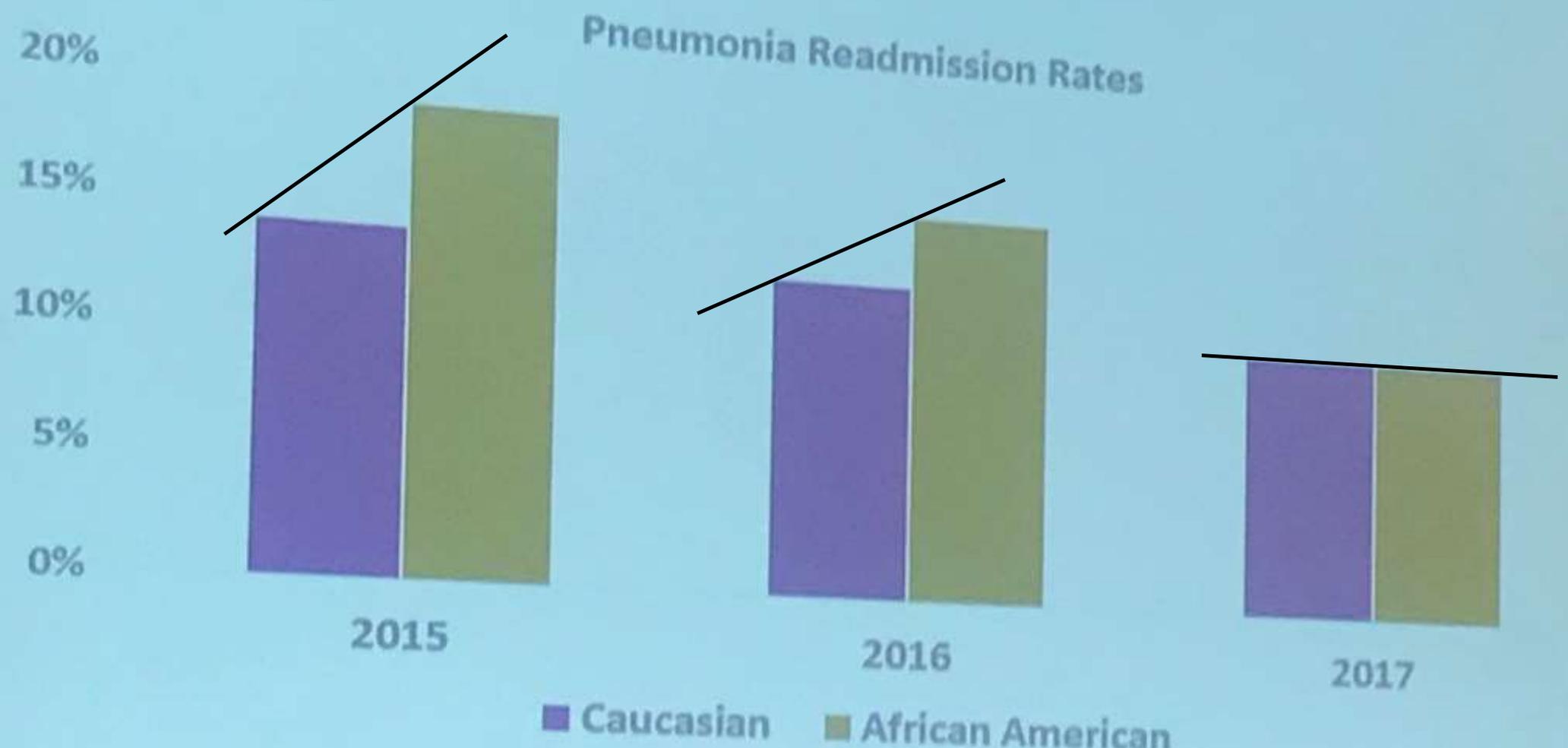
2% - 5% difference in readmission rates based on race

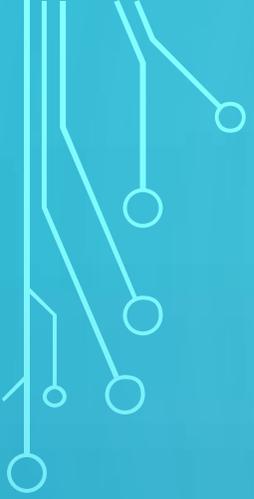


## Health Equity

2% - 5% difference in readmission rates based on race

# Novant Health Health Equity





# CMIO 3.0 CHARACTERISTICS

Programmer ?



## STROKE PATIENT DATA TRENDS

< Q3 2018 >



### DEMOGRAPHICS

WRITTEN OVERVIEW OF DEMOGRAPHIC INFO FROM QUARTER, INSIGHTS, ETC.

- Gender
- Ethnicity
- Payer

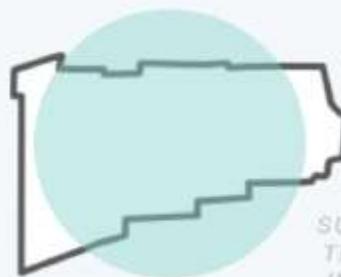
SUMMARY OF TYPES OF STROKES TREATED IN THIS QUARTER

## BY NEIGHBORHOOD

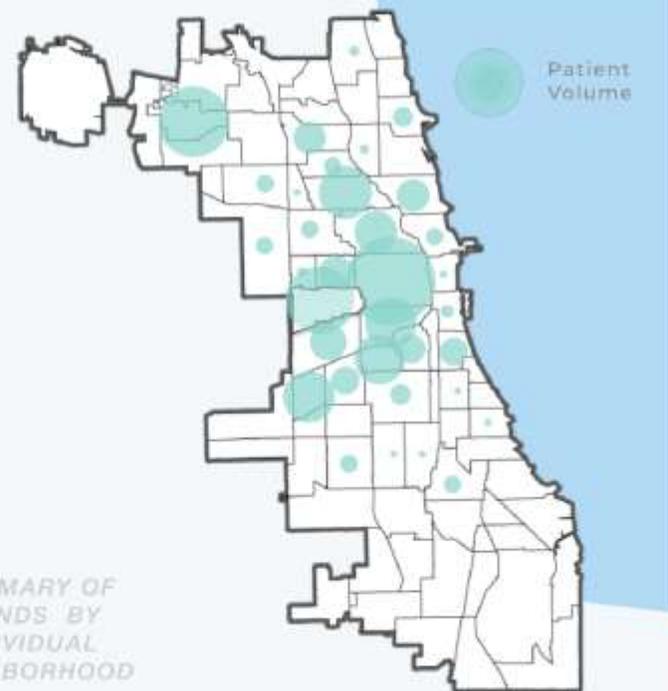
< Stroke per zip code >

### SUMMARY OF TRENDS BY NATIVE NEIGHBORHOODS

- 1 Little Italy
- 2 Pilsen
- 3 North Lawndale



SUMMARY OF TRENDS BY INDIVIDUAL NEIGHBORHOOD





# CMIO 3.0 CHARACTERISTICS

Data Curator





# FUNCTIONAL INDEPENDENCE MEASURE (FIM) SCORES ARE A BETTER PREDICTOR OF 30-DAY READMISSION COMPARED TO COMORBIDITIES ALONE

## Sources:

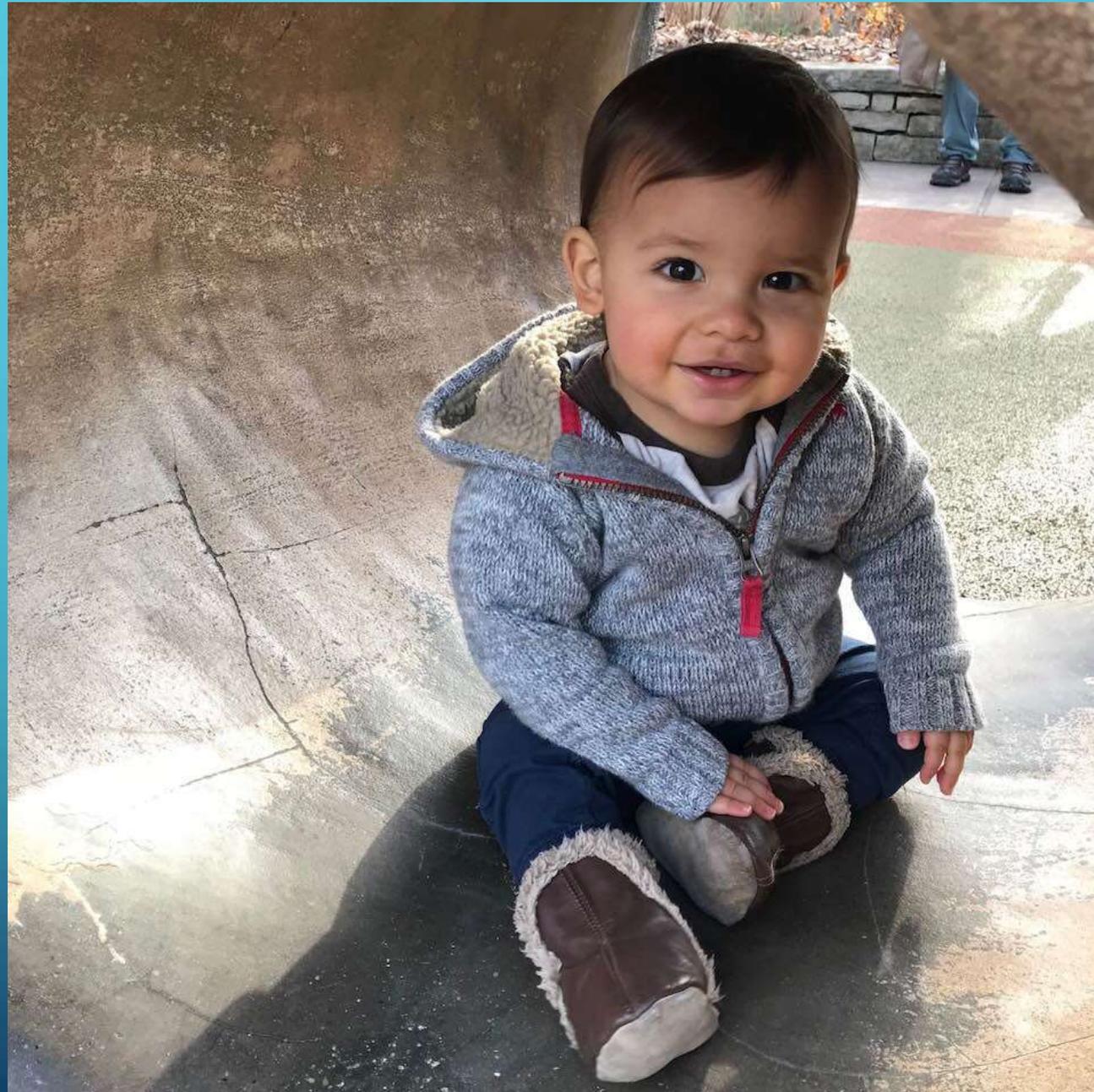
- Shih SL, Zafonte R, Bates DW, et al. Functional status outperforms comorbidities as a predictor of 30-day acute care readmissions in the inpatient rehabilitation population. *J Am Med Dir Assoc.* 2016;17(10):921-926.
- Fisher SR, Graham JE, Krishnan S, Ottenbacher KJ. Predictors of 30-day readmission following inpatient rehabilitation for patients at high risk for hospital readmission. *Phys Ther.* 2016;96(1):62-70.]



DATA CURATOR

Physician Determined Data  
(What weekly/monthly reports  
do clinicians want to see?)









BOTCHED OPERATION

## Death By 1,000 Clicks: Where Electronic Health Records Went Wrong

The U.S. government claimed that turning American medical charts into electronic records would make health care better, safer and cheaper. Ten years and \$36 billion later, the system is a mess. Inside a digital revolution that took a bad turn.

By Fred Schulte and Erika Fry, Fortune • MARCH 18, 2019



### Docs struggle with EHR challenges

Lack of productivity, increased workload are among top complaints

Has your EHR helped you to improve efficiency? ● No ● Yes



Has your EHR helped to decrease your workload?



Has your EHR increased your operating costs?



Have you overcome EHR-related productivity challenges?

Opinion

## The Business of Health Care Depends on Exploiting Doctors and Nurses

One resource seems infinite and free: the professionalism of caregivers.

By Danielle Ofri

Dr. Ofri practices at Bellevue Hospital in New York.

June 8, 2019





# Digital Phenotyping

John Zulueta – Clinical Informatics Fellow, UIC  
jzulueta@uic.edu



UI Health |

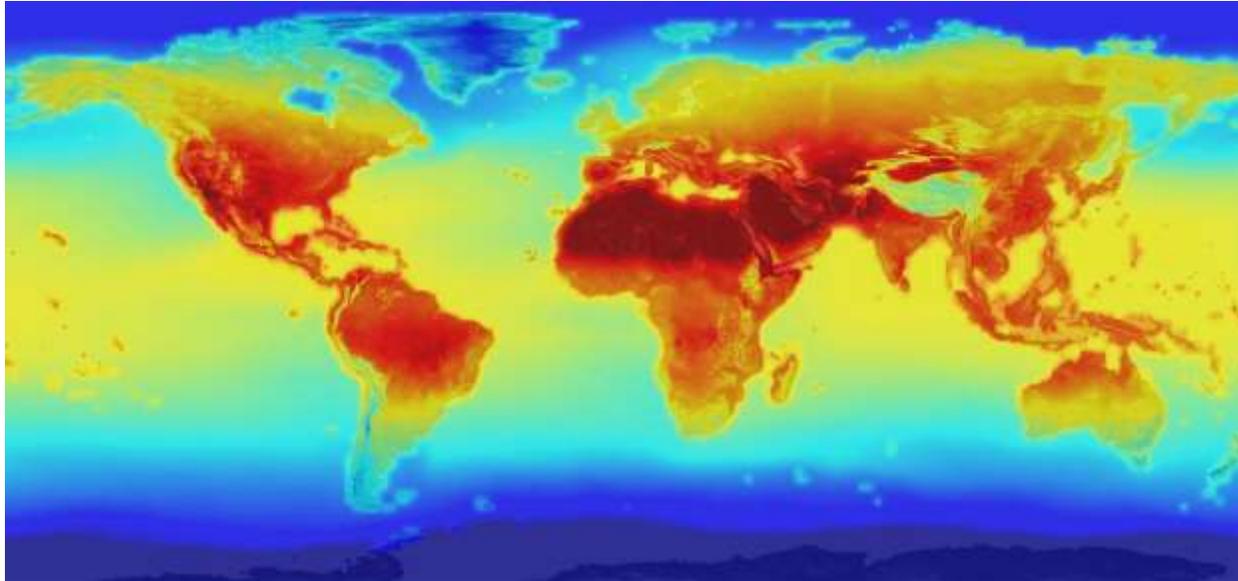




Photo by [Max LaRochelle](#) on [Unsplash](#)



Photo by [chuttersnap](#) on [Unsplash](#)



NASA



Photo by [Joshua Forbes](#) on [Unsplash](#)



Photo by [Martha Dominguez de Gouveia](#) on [Unsplash](#)



Photo by [Adil Ansari](#) on [Unsplash](#)



Photo by [Ryoji Iwata](#) on [Unsplash](#)

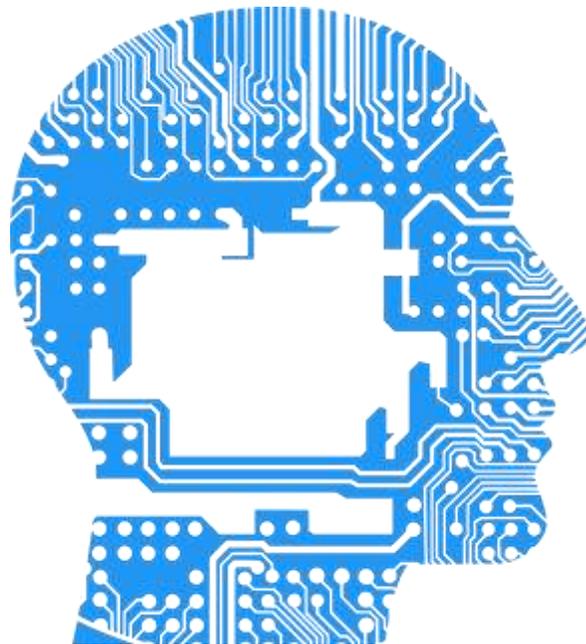


Photo by [Eric Rothermel](#) on [Unsplash](#)

# PHENOTYPE



Genotype

+



Environment

=



Phenotype

Keith Chan  
([https://commons.wikimedia.org/wiki/File:Genotype\\_Plus\\_Environment.svg](https://commons.wikimedia.org/wiki/File:Genotype_Plus_Environment.svg)), Resized and animated by J Zulueta,  
<https://creativecommons.org/licenses/by-sa/4.0/legalcode>

# HOW DO YOU CREATE A DIGITAL PHENOTYPE?



Shiffman, S., Stone, A. A., & Hufford, M. R. (2008). Ecological momentary assessment. *Annual Review of Clinical Psychology*, 4(1), 1–32. <https://doi.org/10.1146/annurev.clinpsy.3.022806.091415>

What is Data Exhaust? - Definition from Techopedia. (n.d.). Retrieved April 15, 2019, from <https://www.techopedia.com/definition/30319/data-exhaust>

Jain, S. H., Powers, B. W., Hawkins, J. B., & Brownstein, J. S. (2015). The digital phenotype. *Nature Biotechnology*, 33(5), 462–463. <https://doi.org/10.1038/nbt.3223>

CAN WE USE THE DIGITAL EXHAUST  
FROM MOBILE PHONES TO CREATE  
PHENOTYPES OF PSYCHIATRIC  
DISEASES?

# INTRODUCING BiAffect



Team



# BiAffect Implementation

• Install BiAffect keyboard

• Collect metadata

- Not content!
- Keystroke timestamp
- Accelerometer readings
- Backspace and autocorrect events

• Engineer features

- Typing speed
- Interkey entropy
- Error rates

• Machine Learning

- Use machine learning algorithms to fit features to desired outcomes

# PILOT RESULTS

- Completed a pilot study using an early version of BiAffect in 2017 with 40 subjects



# KEY FINDINGS

- 63% of the variance in depressive symptoms and 34% of the variance in mania symptoms is explained by our models
- Using deep learning methods subjects can be classified as depressed or not depressed with 90% accuracy
- Instability of daily typing metrics is 70% correlated with future depressive symptoms

# CURRENT STEPS

- Study currently underway via Apple's Research Kit platform open to adults in the U.S.
- Includes self-reported measures and tests of cognitive function



# 2019

January						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February						
S	M	T	W	T	F	S
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

March						
S	M	T	W	T	F	S
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
						31

April						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May						
S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
						30

July						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September

October

November

December



Photo by [Chad Madden](#) on [Unsplash](#)



Photo by [Chad Madden](#) on [Unsplash](#)



Photo by [Chad Madden](#) on [Unsplash](#)

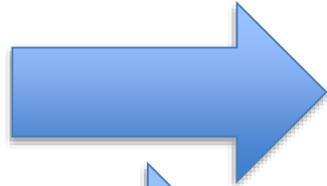


Photo by [Chad Madden](#) on [Unsplash](#)



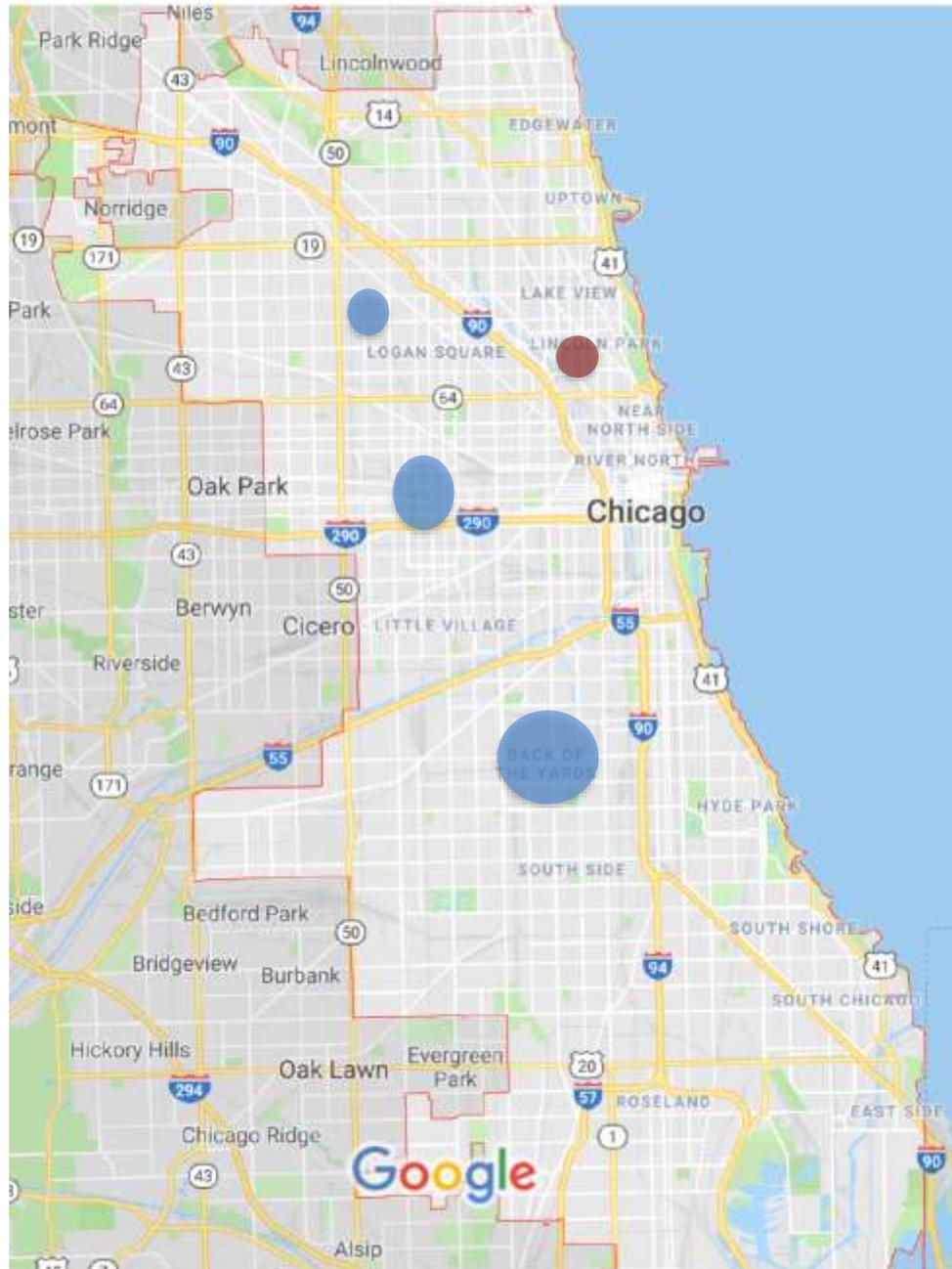






Photo by [Chiara Pinna](#) on [Unsplash](#)

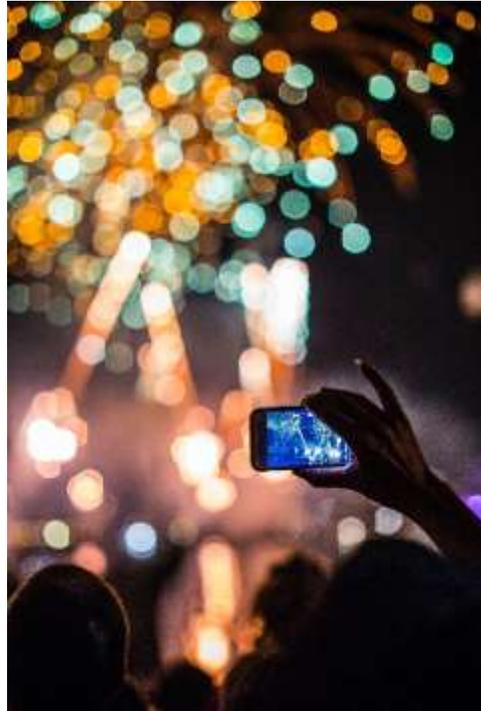
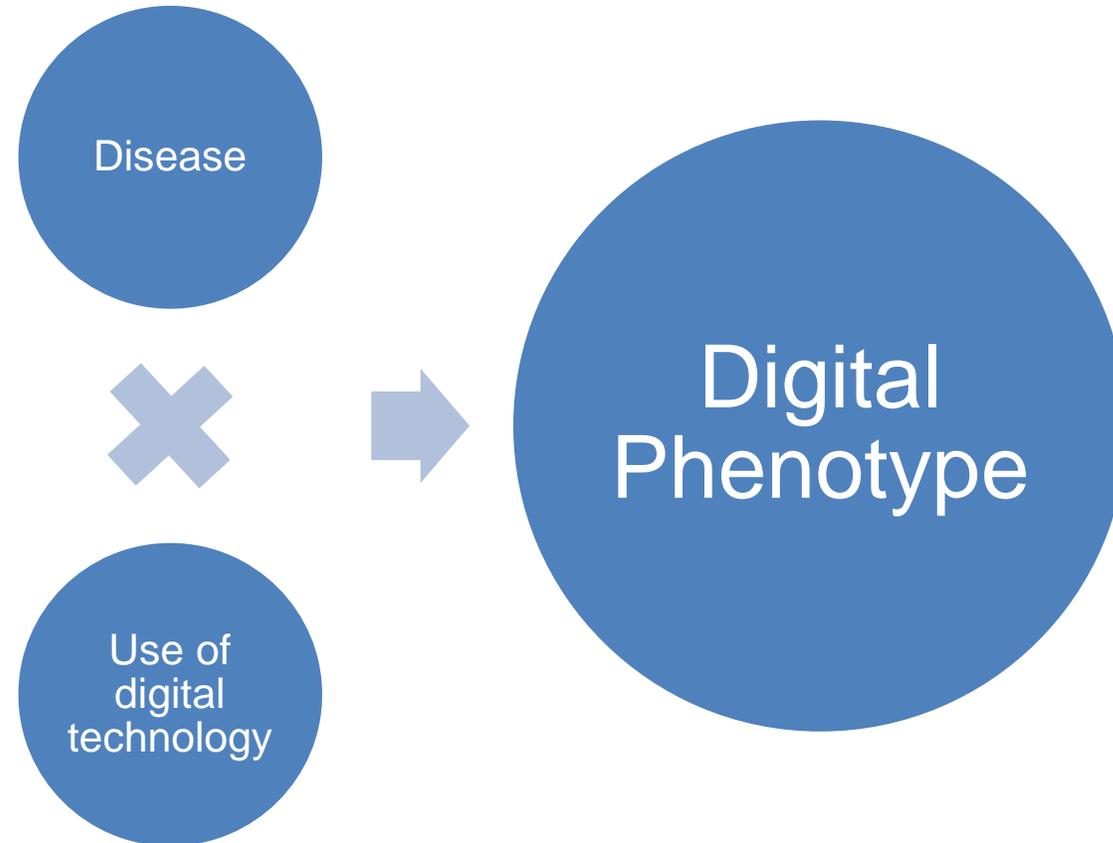


Photo by [ben o'bro](#) on [Unsplash](#)



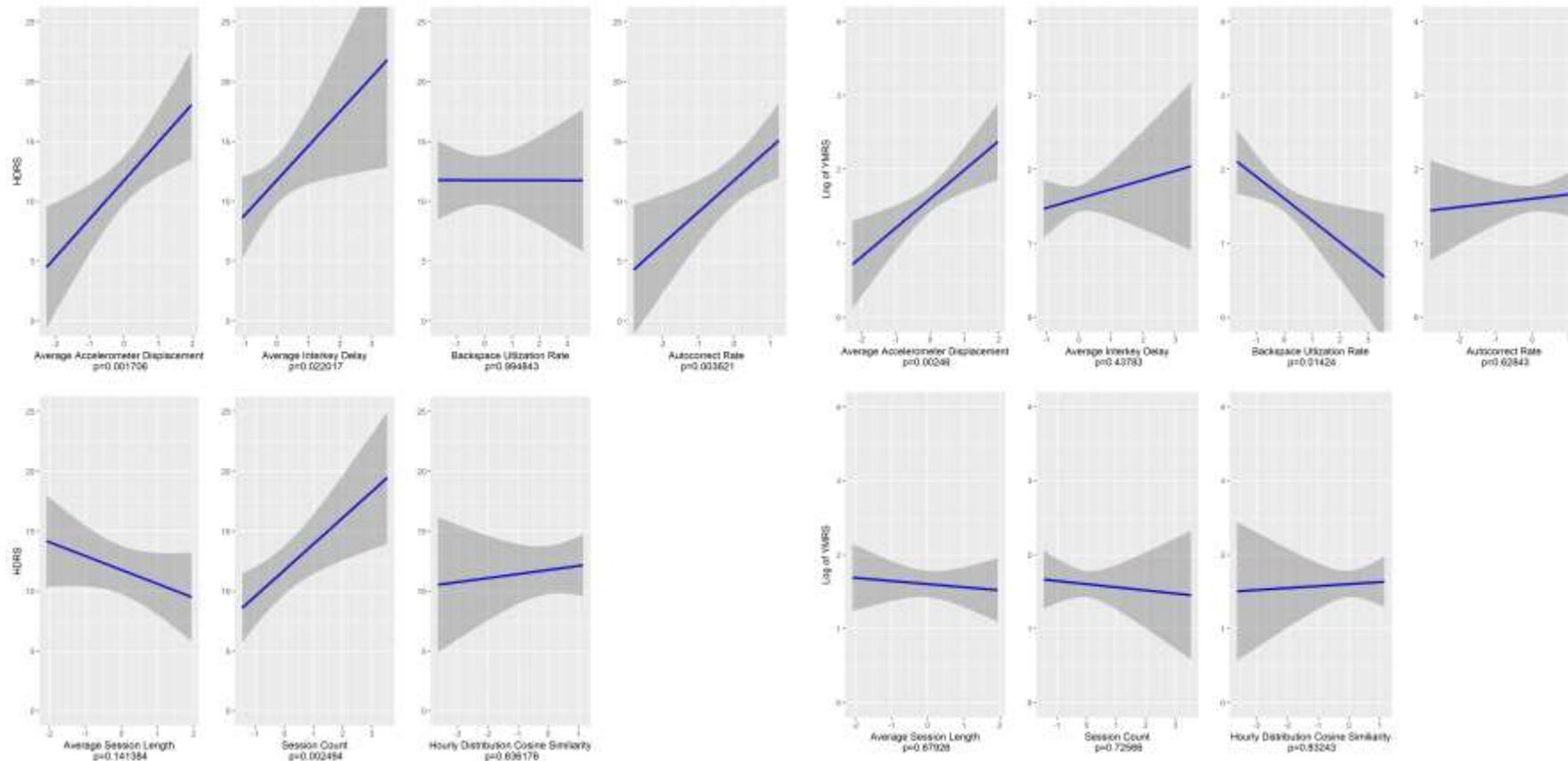
Photo by [Sylas Boesten](#) on [Unsplash](#)

# DIGITAL PHENOTYPE



Jain, S. H., Powers, B. W., Hawkins, J. B., & Brownstein, J. S. (2015). The digital phenotype. *Nature Biotechnology*, 33(5), 462–463. <https://doi.org/10.1038/nbt.3223>

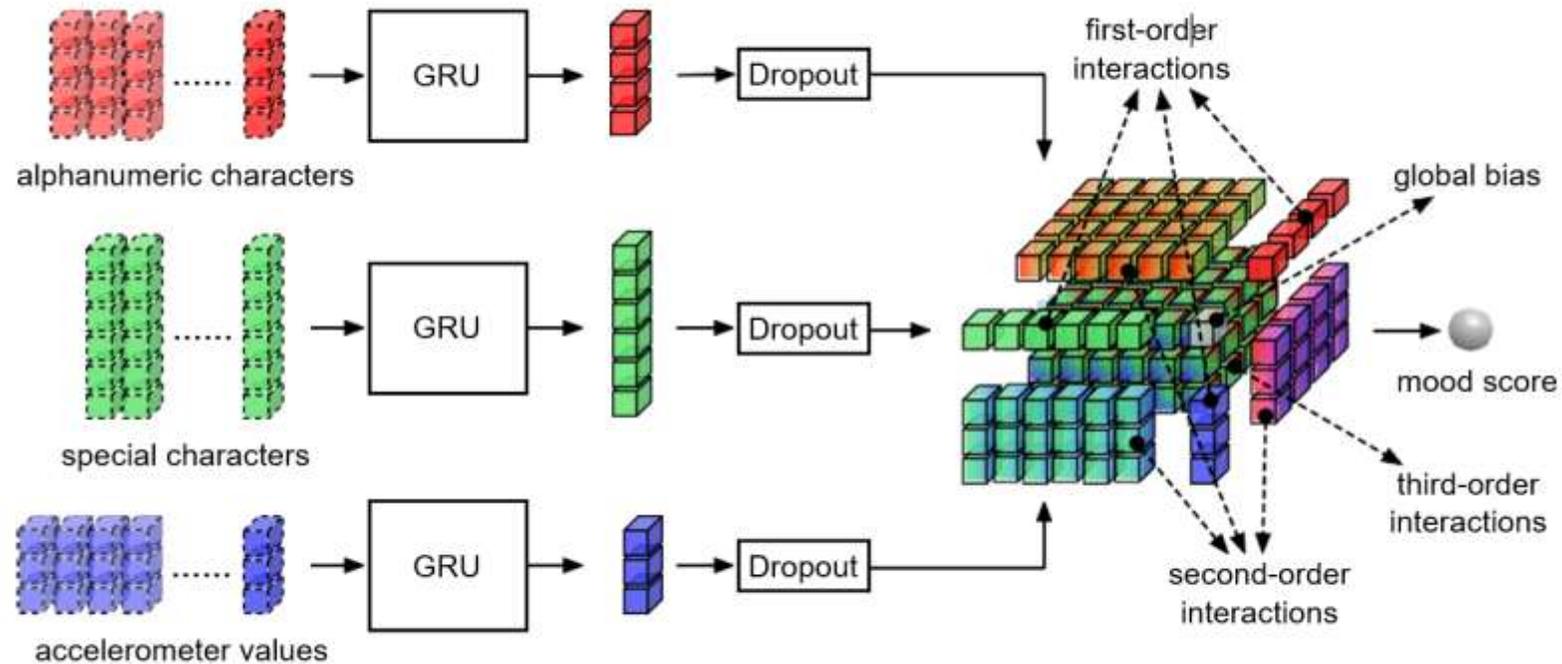
63% of the variance in depressive symptoms and 34% of the variance in mania symptoms is explained by our models



Zulueta, J., Piscitello, A., Rasic, M., Easter, R., Babu, P., Langenecker, S. A., ... Leow, A. (2018). Predicting Mood Disturbance Severity with Mobile Phone Keystroke Metadata: A BiAffect Digital Phenotyping Study. *Journal of Medical Internet Research*, 20(7), e241. <https://doi.org/10.2196/jmir.9775>

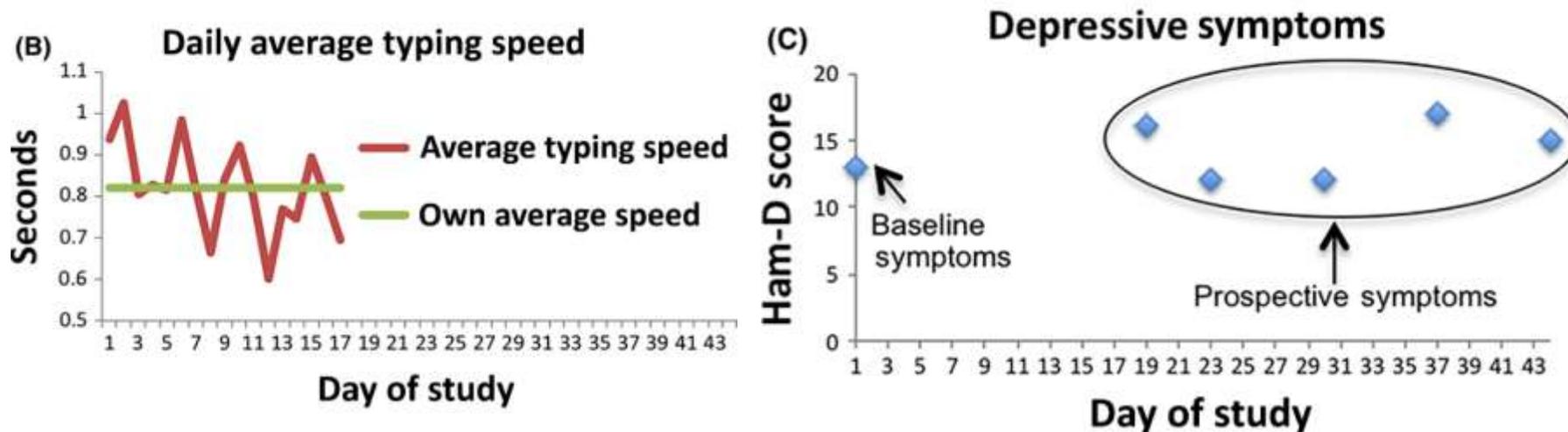


# Using deep learning methods subjects can be classified as depressed or not depressed with 90% accuracy



Cao B, Zheng L, Zhang C, Yu PS, Piscitello A, Zulueta J, Ajilore O, Ryan K, Leow AD. DeepMood: Modeling Mobile Phone Typing Dynamics for Mood Detection. Proc 23rd ACM SIGKDD Int Conf Knowl Discov Data Min - KDD '17 [Internet]. 2017;(August):747–755.

# Instability of daily typing metrics is 70% correlated with future depressive symptoms



Stange, J. P., Zulueta, J., Langenecker, S. A., Ryan, K. A., Piscitello, A., Duffecy, J., ... Leow, A. (2018). Let your fingers do the talking: Passive typing instability predicts future mood outcomes. *Bipolar Disorders*. <https://doi.org/10.1111/bdi.12637>

# LAST TALK

The image features a blue gradient background with white circuit-like lines in the corners. The word "HIJJAWI" is written in a bold, white, sans-serif font in the upper left quadrant.

# HIJJAWI

The image features a blue gradient background with white circuit-like lines in the corners. These lines consist of straight paths that branch out and terminate in small circles, resembling a stylized PCB or network diagram. The lines are located in the top-left, top-right, bottom-left, and bottom-right corners.

ALPER