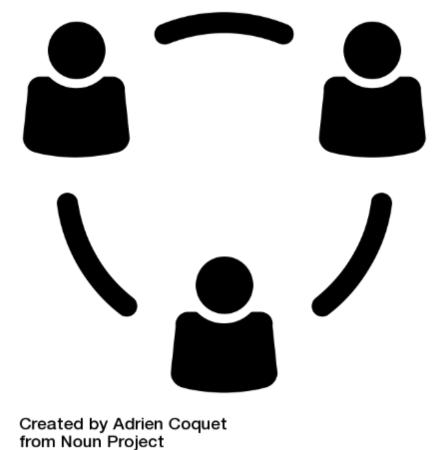
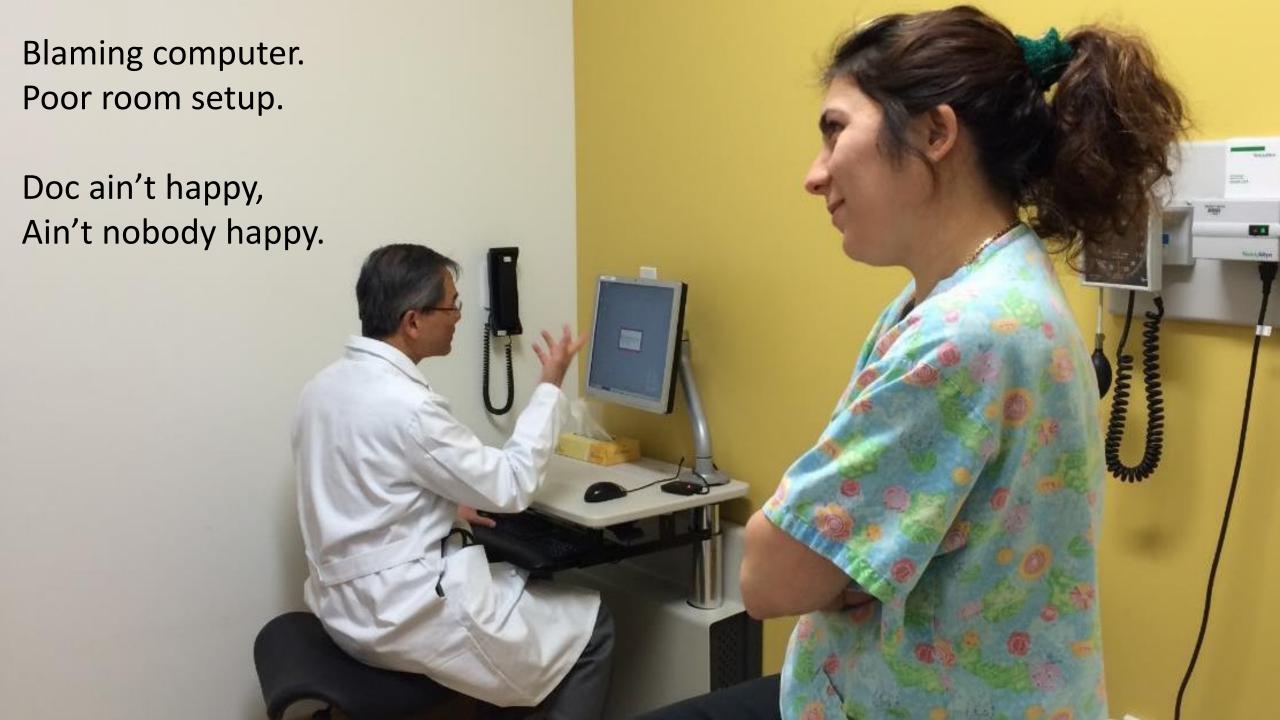
### **Practice Transformation** Addresses MD Burnout

2.5 MA: 1 MD teams



CT Lin MD, CMIO uchealth Professor, University of Colorado SOM







**EHR Sprint** 

Re-train EHR, custom tools



**Transform** 

Staff ratio, teamwork

Created by Adrien Coquet

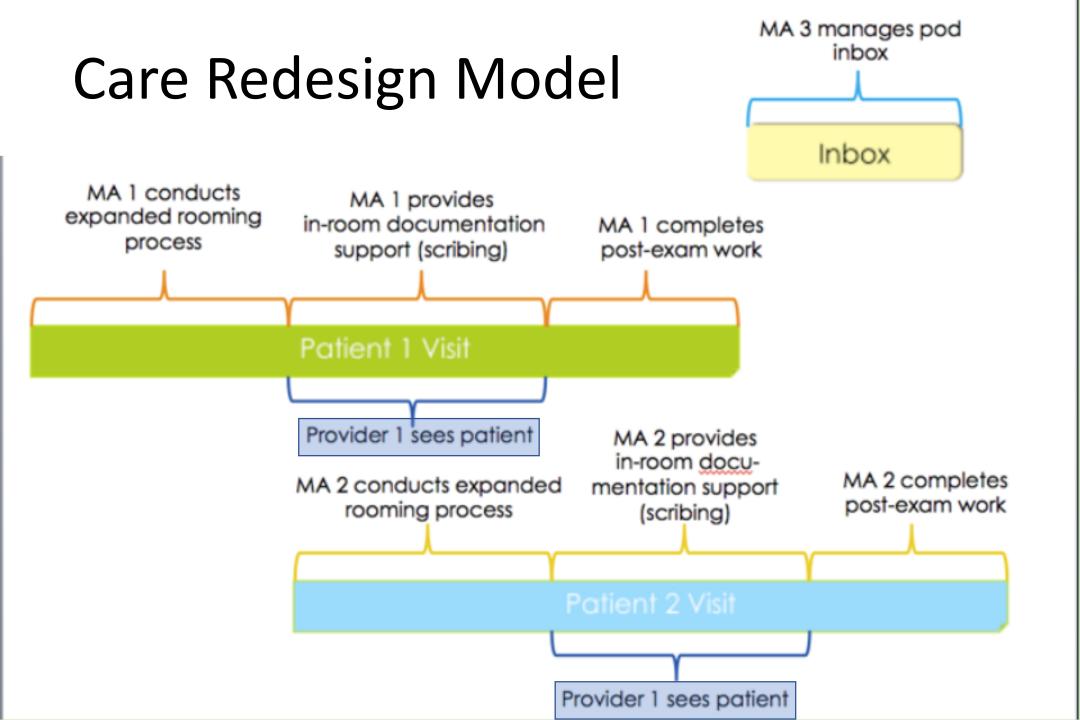
from Noun Project

### **Care Redesign**

- 2.5:1 MA:MD ratio
- MA scribe
- Close care gaps
- Extended rooming
- "Pend" Rx, Lab, Vaccine
- Share Inbasket tasks
- Experience in 20 clinics
- Univ. of Utah's Care by Design Model®

Pre-Visit	
New Patient:	<ul> <li>Conduct New Pt Questionnaire in EPIC</li> <li>Obtain old records</li> </ul>
Established Patient:	<ul> <li>Pre-visit labs, Outside records</li> <li>Pre-visit assessments (PHQ-9, Medicare Wellness questions, etc.)</li> <li>In-Box management (Refills/PARS, MHC, lab call-backs, etc.)</li> <li>Care management outreach</li> </ul>
Advanced Rooming	<ul> <li>Height and weight</li> <li>Chief complaint, complete agenda, top 2 concerns</li> <li>Allergies/med rec/pharmacy/Pend refills</li> <li>Update Medical/Surgical/Family history, advanced directive</li> <li>Screenings: Fall, suicide, Learning barriers, PHQ2/9, GAD, etc.</li> <li>Identify and act on Care Gaps</li> <li>Take BP &amp; enter vital signs</li> <li>Get necessary equipment (biopsy materials, pap, etc.)</li> <li>Sets agenda with patient</li> <li>Obtain brief templated HPI/ROS ("X-Files")</li> </ul>
In-Room Support	<ul> <li>Documentation support</li> <li>Other "on the fly" support as directed (get team members, complete labs, prepare vaccines, room next patient, etc.)</li> </ul>
Post-Provider/ Check out	<ul> <li>Review plan and instructions</li> <li>Schedule follow up visits</li> <li>Gives vaccines, performs blood work as needed</li> <li>Escort patient from practice</li> </ul>

Greated by Adrian Coquet from Noun Project





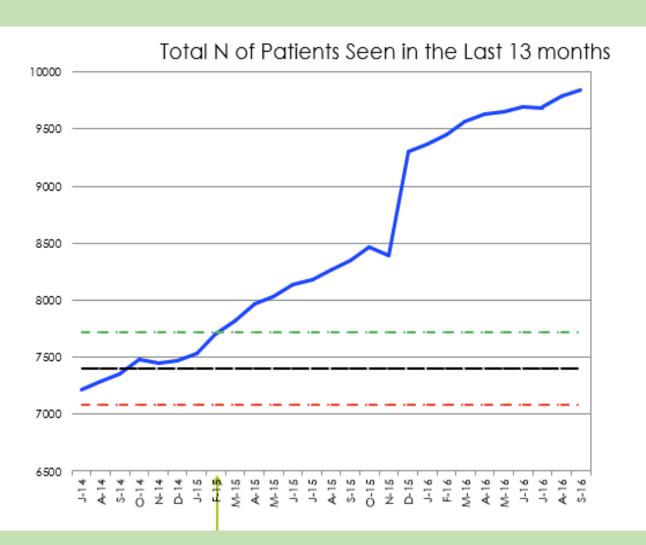
#### EHR Workflows: 10 day MA Academy



- Care Redesign philosophy
- Epic skills re-training
- Scribing and X-files "in-room documentation support"
- Vitals, venipuncture, injections
- Medication Reconciliation & Rx refills
- Health Maintenance: vaccines, POC labs, Monofilament
- Protocols and pended meds, labs, referrals
- Inbasket support
- Skills exam

#### Access Improved



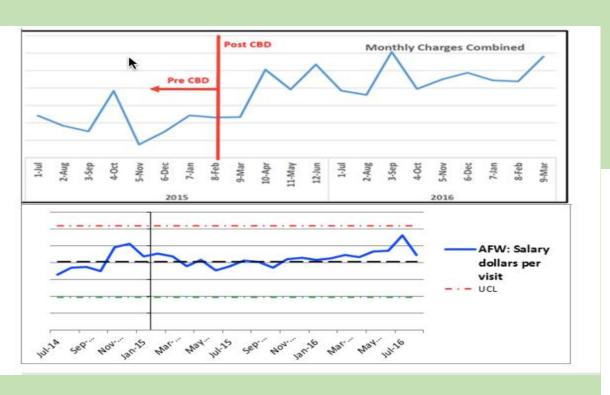


#### # New patient appointments per month

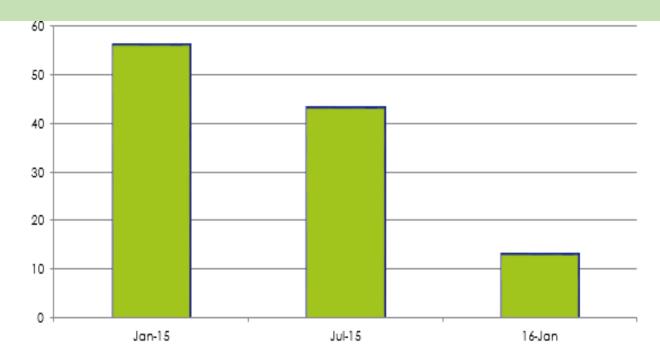


### Charges improved; Per-visit cost unchanged

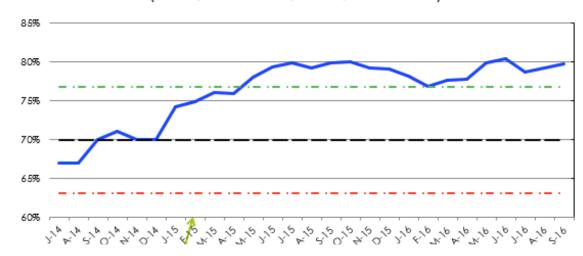




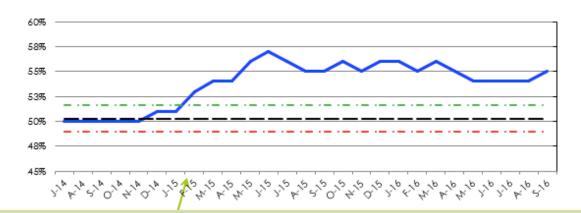
### Provider Burnout Decreased



#### % of Clinic Population with Blood Pressure at Goal (<140/90 for <60, <150/90 for >60)



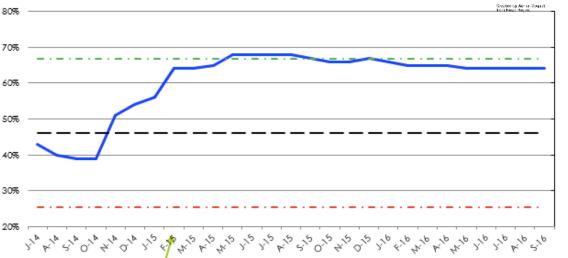
#### % of Clinic Population with Colorectal Cancer Screening Up to Date



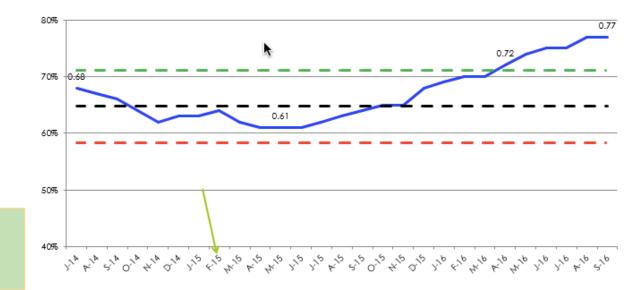
#### Quality metrics improved

#### % of Clinic Population with Mammography Up to Date





% with Positive PHQ2→9



## Joy in Practice Patients



I was **blown away by the service** ... 0 forms, 0 time wasted

I don't feel like a passive spectator anymore, I'm an **integral part** of my healthcare team

I have **never in my 66 years** felt so well-cared about and for

# Joy in Practice— Medical Assistants



I can help get patients the care they need

We're part of the patient's care more than ever

We're having fun at work again and the work is done at the end of the day

# Joy in Practice Providers



I don't have to do it all. Patient interactions are more connected

I barely touch the computer in the room anymore

I'm done with all my notes by 5:30 or 6:00. That's never happened!

It's been a game-changer ... it allows me to stay in practice and be happy

#### A Team-Based Care Model That Improves Job Satisfaction

Expanding the role of medical assistants to better support providers can improve not only traditional outcomes but also job satisfaction.





Dr. Lyon is an associate professor and medical director of the AF Williams Family Medicine Center and associate program director of the University

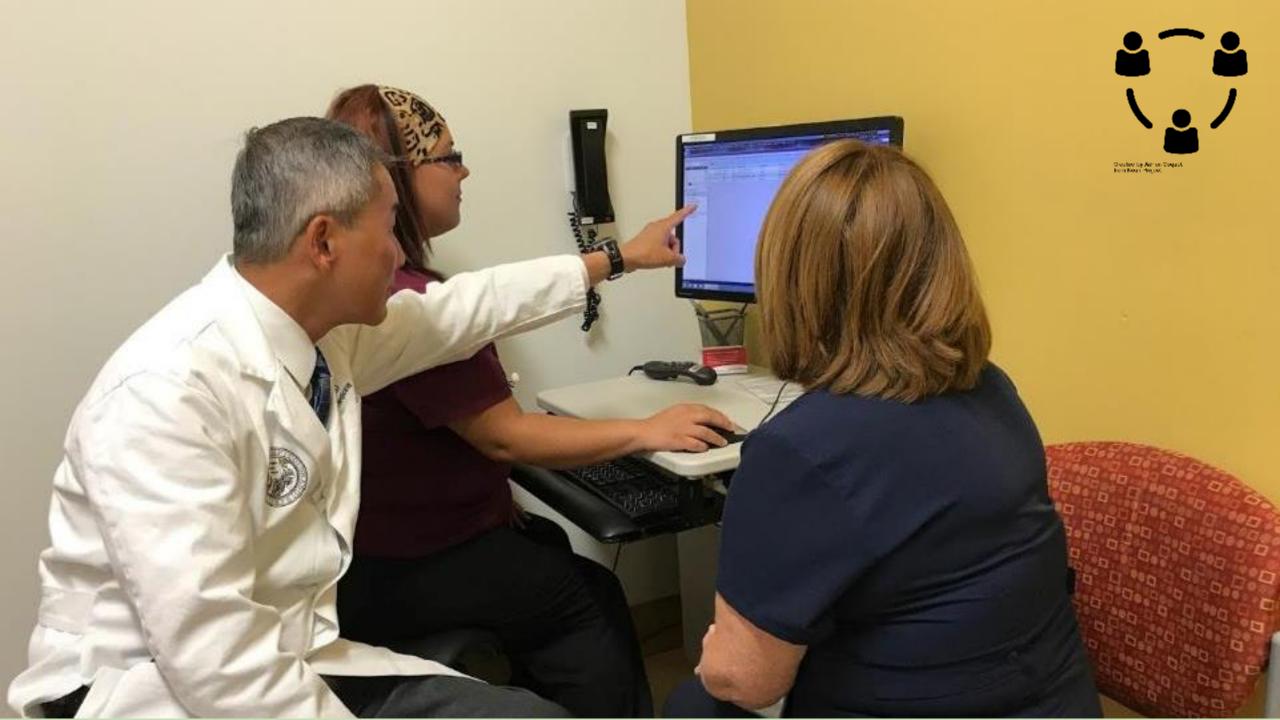
urnout and job dissatisfaction pose a significant threat to primary care. Less than one-third of family and internal medicine physicians report they would choose the same specialty again, and one-third of health care employees



## Google: "Team Based Lyon"

www.aafp.org











#### Our Informatics Vision

We improve physician and team wellness and effectiveness by building extraordinary relationships and innovative tools

Thank you!

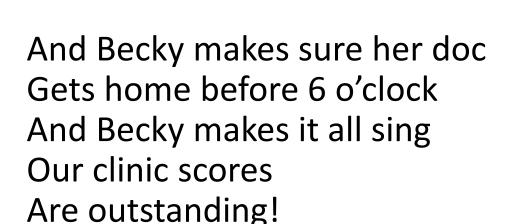
CT.Lin@UCDenver.edu

# Who's checking in my patients in clinic? (apologies to Windy: the Association) Reconciling meds and living wills, yeah Who's reaching out to test the monofilament

Everyone knows it's Becky.

Who's tracking down the immunizations? Smilin' at everybody she sees Who's sitting down to scribe my H & P Everyone knows it's Becky.

And Becky makes sure to see
That you get colon-o-sco-py
And Becky makes sure you get
Your nicotine patch!
Your nicotine patch!



**Everyone knows ... its Becky** 

Who's tracking down the immunizations?
Smilin' at everybody she sees
Who's sitting down to scribe my H&P
Everyone knows it's Becky.